

Volume 61, No. 2

**OFFICIAL PUBLICATION OF DISTRICT No. 21** 

June/Summer 2013



Don't Miss The AHEPA Family Supreme Convention at the Loews Portofino Bay Hotel at Universal Orlando, in Orlando, Florida August 18-24, 2013

# GOLDEN GATE DISTRICT #21 81st DISTRICT CONVENTION JUNE 14-16, 2013 DOUBLETREE HOTEL MODESTO

Hosted by Modesto Ahepa Family

See page 6 for Convention Schedule.

## Inside this Issue

Ahepa District Governors' Message - page 3 DOP District Governor's Message - page 4 Sisterhood Conference Photos - page 5 District Convention Schedule - page 6 Up Coming Events - page 7 Eos #1/#150 San Francisco News - pages 8 -11 Angelo Lygizos Memorial - pages 12 Leto #71 Fresno News - 13 San Mateo Chapter #392 News - page 13 Oakland Family News - page 14 Silicon Valley Chapter News - page 14 Spring Conference Photos - page 15 Echo #4 Oakland News - page 16 AHEPA Scholarship Recipients - pages 17-18 DOP Scholarship Recipients - pages 19-20 Chapter Presidents and Secretaries - page 21 Advertisers Supporting the Traveler - pages 22-24 Next issue of the Traveler September 1, 2013 Articles due August 15, 2013

"AHEPA TRAVELER is published quarterly, four times a year March, June, September and December by Order of AHEPA, 3327 Lake Albano Circle, San Jose, CA 95135."

AHEPA TRAVELER is the official publication of Golden Gate District 21 Order of AHEPA (American-Hellenic-Educational-Progressive-Association). It is published and distributed to members and friends. There are thirty Ahepa, Daughters, Sons and Maids Chapters in Northern California and Western Nevada.

Article III – This Order shall be non-partisan in politics and non sectarian in religion. All partisan political and all sectarian religious discussions are prohibited in any official deliberations thereof.

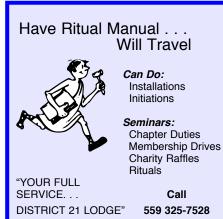
EDITORIAL STAFF - AHEPA TRAVELER BILL CHRISTIE, Editor Editorial Staff for AHEPA and AUXILIARIES 3327 Lake Albano Circle • San Jose, CA 95135 408 891-9225 FAX 408 292-9887 Email: billchristie1@mac.com

Traveler Ads Manager Bill Booras 1125 S. Clovis Ave., #104, Fresno, CA 93727 Tel/Fax: 559 255-3367 Email: vasiliosbooras@att.net

Daughters of Penelope Traveler Editor Kathy Leles 1223 Pyrenees Ct., Tracy, CA 95304 209 835-7414 Email: kleles@pacbell.net

ARTICLES FOR SUMMER ISSUE DUE – AUGUST 15, 2013

PUBLISHING SCHEDULED SEPTEMBER 1, 2013



## AHEPA DISTRICT LODGE 2012-2013

Website: www.ahepa21.org

District Governor **Robert D. Sexton** 2875 Prescott Ave., Clovis, CA 93619 559 325-7528 Email: rdsexton57@gmail.com **District Lt. Governor** Tom Chiarchianis 507 Chabot Ave., Modesto, CA 95354 209 576-1665 Email: 59tommyc@gmail.com District Secretary **George Gianopulos** 2727 W. Bluff Ave #123, Fresno, CA 93711 559 432-4630 Email: gsqrd@pacbell.net **District Treasurer** Alex Bazos 848 Winery Way, Modesto, CA 95356 209 529-1269 Email: alex@laserplusmod.com **District Marshal** William L. Anton 629 Saint George Road, Danville, CA 94526 925 858-5441 Email: barsinc@att.net District Warden **George Zioulas** 5336 Dellwood Wy., San Jose CA 95118-2509 408 728-7645 Email: gzioulas@yahoo.com **District Chaplin** Steve Miller, PDG 430 E. Merle Ct., San Leandro, CA 94577 510 569-2876 Email: fogmog2@yahoo.com **District Advisor** Nick Pries, PDG 1420 Courtyard Dr., San Jose, CA 95118 408 978-8321 Email: xioti12@yahoo.com Athletic Director **Stamus Cocoles** 2105 Melville Pl., Modesto, CA 95356 209 545-1787 Email: scocoles@yahoo.com District Executive Secretary **Bill Booras**, PDG 1125 S. Clovis Ave. #104, Fresno, CA 93727 559 255-3367 Email: vasiliosbooras@att.net **District Auditor** 

Andrew Mastoras 5742 N. 4th St., Fresno, CA 93710 559 439-3311 Email: amastoras@comcast.net Special Project Chairman

Tom Chiarchianis 507 Chabot Ave., Modesto, CA 95354 209 576-1665 Email: tchiarchianis@yahoo.com <u>District Legal Council</u>

Steven Alfieris P.O. Box 2686, Visalia, CA 93279 559 696-9691 Email: steve@alfierislaw.com

# DOP DISTRICT LODGE

### 2012-2013

#### Website: www.dopdist21.com

District Governor Helen Sexton 2875 Prescott Ave., Clovis, CA 93619 Hm 559 325-7528 Cell 559 970-8315 Email: h.valiou@sbcglobal.net

District Lt. Governor Kathy Leles 1223 Pyrenees Ct., Tracy, CA 95304 Hm 209 835-7414 Cell 209 815-2935 Email: Kleles@pacbell.net

District Secretary Sylvia Golfes, PDG 109 Hopeco Rd. Pleasant Hill, CA 94523 Hm 925-932-1294 Bus 925-681-0378 Fax 925-681-0384 Email: sylvia94523@comcast.net

District Treasurer Joanne Panagopoulos Hm: 209 957-3632 1406 Woodcreek Wy., Stockton, CA 95209 Email: jopanago@comcast.net

<u>District Marshal</u> Cathy Photopoulos 13774 Fortuna Ct., Saratoga, CA 95070 Hm 408 867-2840 Cell 408 315-9450 Email: kaitoulamou@aol.com

District Lodge Advisor/MOA Advisor Margo Drosos, PDG 1672 Carriage Dr., Walnut Creek, CA 94568 Hm 925 932-3547 Cell 925 260-0954 Email: yasoumargo@astound.net

District Scholarship Chairman: Joanne Booras, PGP P. O. Box 1556, Danville, CA 94526 Hm 925-736-1343 Email: joanne16@sbcglobal.net

District Website Chairman: Sylvia Golfes, PDG 109 Hopeco Rd. Pleasant Hill, CA 94523 Hm 925-932-1294 Bus 925-681-0378 Fax 925-681-0384 Email: sylvia94523@comcast.net

AHEPA District 21 Scholarship Foundation

Steve Miller, PDG, Chairman430 E. Merle Ct., San Leandro, CA 94577510 569-2876Email: fogmog2@yahoo.com



"The best thing about the future is that it comes one day at a time." – Abraham Lincoln.

Two years ago, when I first took office as Governor of District 21, the future was full of possibilities. Well, the future has arrived and it is still as full as it was that day two years ago. The good news is that, in this future, there is still much to do. The bad news is the same. But we need not fret about the future, as it will come regardless. Our real concern should always be what we have done while on the way.

District 21 has done much. We have for many years helped build the future through our support for education with the many scholarships, both from the district and from many of the chapters. That alone should mark us as an exceptional organization, and yet we have done far more. Our support for charitable causes of many kinds is highly commendable. AHEPA has been a force in support of noble causes of all scales, from the remarkable World War II bond drives to the small, quiet donations that contribute to the steady progress of our society.

It takes the efforts and dedication of many to support and promote these causes. In that I am both very fortunate and grateful to be part of, and to have served this most excellent district. Through all the travails and difficulties of maintaining your chapter organizations, you who have served as officers and you who have served with your time, talent and treasure have my deepest gratitude.

I am especially grateful to those chapters –Sacramento, Stockton, Modesto, Fresno- that hosted the Supreme Lodge visitations in January. The hospitality you displayed to the Supreme Lodge has marked this district and we will not likely be forgotten or taken for granted for a long, long while. And I am grateful for the gracious hospitality on display at every visitation these last two years.

Again, I am grateful for the District Lodges I have had these last two years. They have never hesitated to let me know their opinions on matters of the district, nor have they hesitated to rise to the occasion when needed. To all of them –Tom Chiarchianis, George Gianopulos, Alex Bazos, Bill Anton, George Zioulas, Stamus Cocoles, Steve Miller, Nick Johnson, and the indispensable Bill Booras- my thanks for all your efforts and support.

It must not be forgotten that AHEPA is a family, and I extend my appreciation and thanks to the District Lodge of the Daughters of Penelope, and particularly to The Other Governor, Helen Sexton, who made this run with me and has always kept me pointed in the right direction. It would not have been the same without her.

One more comment of appreciation to my Lodge. Thank you for allowing me to torture you through all the visitations with "the speech." I know you will make this district better than I have given it to you. Just take to heart some advice from the Bard on the value of talk.

"Talking isn't doing. It is a kind of good deed to say well, but words are not deeds."

I expect great things of you and I know the district will be well served.

Robert D. Sexton Governor, District 21



# Message from District Governor Helen Sexton

Dear Brothers and Sisters of the AHEPA family,

The past two years have been a great and wonderfully rewarding experience. The old adage "you get out as much as you put in," made a true believer of me. In my case, "I got out" a lot more! As Governor, my involvement in district conferences, conventions, multidistrict sisterhood conferences, and, of course, supreme conventions, gave me a much deeper understanding of the breadth and scope of our organization than I would have ever gotten as a casual participant or delegate.

My theme has been "participation and involvement." You cannot know what you are missing out on if you are not an active participant. This has been the biggest challenge of our organization. Somehow, we are able to recruit new members, but I don't believe we have figured out how to get them involved. And I truly believe if we are able to accomplish this, we will be able to retain them. We do have so much to offer and I am optimistic we will find a way to do it.

Of course, now we are preparing for our district convention. Many thanks to the Modesto AHEPA family for their time and efforts. They've been working hard all year long to plan a smooth running convention and enjoyable social events. I am looking forward to seeing you all there.

My sincere thanks and deep gratitude to all chapter officers and membership for their dedication and the tireless contributions they are making on a continuous basis. Much good is going on throughout the district, and I commend you for it. Please keep up the good work και στα ανωτερα! Once again, thank you to all for the wonderful friendship and hospitality extended to me and to my Lodge during our visitations and other events. The friendships I have made will last a lifetime. I treasure you all. Of course I would be remiss if I did not thank District 21 AHEPA Governor Bob Sexton and his Lodge. They've been wonderful to work with and for sure, they made my life a little easier.

And last, but certainly not least, my warmest thank you to my District Lodge for their dedication and support. They have been a joy to work with and I love them all. In closing, on behalf of the DOP Lodge, Kathy Leles, Sylvia Golfes, JoAnne Panagopoulos, Cathy Photopoulos, Margo Drosos, I send you our best wishes for a productive District Convention and much success in the future... And don't forget to have fun!

Love to all,

In  $\Theta\Pi$ 

Helen Sexton District 21 Governor



Ahepa Traveler

June/Summer 2013



AHEPA FAMILY

GOLDEN GATE DISTRICT 21 81st Annual Convention June 14 - 16, 2013



# **CONVENTION SCHEDULE**

# **FRIDAY - JUNE 14**

Registration	9:30 AM -	Hotel Lobby
AHEPA / DOP JOINT SESSION	11:00 AM - 12:30 PM	Ballrooms I & II
AHEPA Business Session Daughters Business Session	< 2:00 PM - 5:00 PM >	Sacramento Room Ballrooms I & II
Welcome Reception Hosted by Modesto Chapters	5:00 PM	10th FL Parlor Suite

# **SATURDAY - JUNE 15**

REGISTRATION	8:30 AM -	Hotel Lobby
AHEPA Business Session Daughters Business Session	< 9:00 AM - 11:30 AM >	Sacramento Room Ballrooms I & II
Scholarship Awards Luncheon	12:00 N - 1:30 PM	Ballrooms III, IV & V
Afternoon Business Sessions	1:45 PM - 5:00 PM	
District Governors' Reception	5:00 PM	10th FL Parlor Suite

## **GRAND BANQUET & GLENDI**

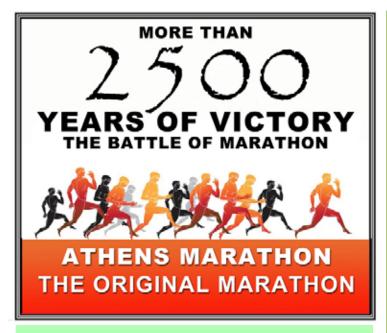
ANNUNCIATION CHURCH @ VERY REV. PAPAGEORGE CULTURAL CENTER

Vespers	5:00 PM - 6:00 PM
No Host Cocktails	6:00 PM - 6:45 PM
Dinner & Program	7:00 PM - 8:30 PM
Music by DJ "Tasso"	Dancing until 11:45 PM

# **SUNDAY - JUNE 16**

DIVINE LITURGY - ANNUNCIATION GREEK ORTHODOX CHURCH ORTHROS/MATINS 8:30 AM LITURGY & ARTOKLASIA FOR AHEPA FAMILY 9:30 AM CLOSING RECEPTION/COFFEE HOUR 11:30 AM

# HAPPY FATHER'S DAY - HAVE A SAFE JOURNEY HOME



# FREE TRIP TO GREECE, ATHENS MARATHON

AHEPA Athens Marathon Team 2013 Running the Course of the very first Marathoner Race day: November 10, 2013

Register now to run as pat of Team AHEPA! or Support one of our Team AHEPA RUNNERS!

WWW.AHEPA.ORG

# 2013 Journey To Greece

The Eighth Annual AHEPA / University of Indianapolis Journey to Greece Summer Program

Session 1: June 25 - July 13, 2013 Session 2: July 16 - August 3, 2013 Sessions 1 & 2: June 25 - August 3, 2013

> For more information visit: www.ahepa.org



## AHEPA Supports Military Family

## Reading Program Through The USO!

AHEPA National President Dr. John Grossomanides announced the organization's support of military families by selecting the United Through Reading? Military Program as a national service project, working in cooperation with the United Services Organization (USO). United Through Reading is a program that enables service members to video record themselves reading books to their children back home and provides a DVD of the recording and a copy of the book to the child.

Go to the following links to learn more and make a chapter or individual donation for as little as \$10

Join Team USO-AHEPA and Make a Donation Read About the Last "I Love You" Feature in The Ahepan Magazine Read the AHEPA News Release

# Attention All Chapters!

Bring your chapter information up to date on the district websites; www.ahepa21.org and www.dopdist21.org

for AHEPA send information to : Chris Frangos at: cfrangos@cbnorcal.com

for Daughters send information to: Sylvia Golfes at: sylvia94523@comcast.net

# EOS #1, San Francisco



Daughter of the Year-May Kireopoulos Penelope of the Year-Foula Vasilogiorgis



Sisters hosting Effie Choppelas 40 Day Memorial



Modesto Luncheon

# San Francisco Ahepa Family Agape Dinner - May 8, 2013

## by Marion Parashis

XRISTOS ANESTI! What an awesome Ahepan Family Night! This evening will always be remembered as one of the best Agapi Dinners that the EOS#1 Daughters of Penelope and the Ahepan Golden Gate Chapter #150 have hosted. This beautiful, inspiring event began many years ago out of family christian love, became a traditional affair, and now continues with that same originating love and camaraderie on which it was founded, and it is always held on the Wednesday evening after Easter. Brothers and Sisters work side by side in loyalty, trust, and faithful support to continue to enforce their Ahepan Family Traditions and Hellenic culture. The love that surrounds the Golden Gate Chapter #150 and EOS#1 can be felt throughout the entire room. The Annunciation Cathedral in San Francisco was the place the event was held this year, and next year it will be held at Holy Trinity Church also in San Francisco. Brothers and Sisters in both Churches worked side by side today in love and unison proving once again that love does make the world go around! Love can do so much! We honestly can't live without love! Oh my, weren't there songs made with these words? The Ahepans and Daughters did prove successful by taking a chance on love, don't you think?

Kudos to the Chairmen Sisters Vaso Moulas and Foula Vasilogiorgis, President of the Golden Gate Chapter #150 Elias Tsiknis, all the Brother Ahepans, especially Sam Chicos, Jim Tsiplakos, Pete Kireopoulos, Bill Angelopoulos, Steve Drolapas, and Ernie Antonis, and our Sisters Diane Angelopoulos, Mary Chicos, Kathleen Bardis, Eva Skoufis, Sophia Goultas, May Kireopoulos, Yvonne Stamatakis, Helen Markanton, Christie Tsiplakos, and Diane Antonis. Much labor went into this magnificent affair, but no one will remember the tired, burning, aching feet. Greek music , hysterical laughter, family love, loyal support, and that special, warm inner feeling of total accomplishment and acceptance will remain with all of us the rest of our lives! Such creative sisters and brothers, such unique inspiration and such awesome feelings of achievements! WOW! We are so blessed to have each other! Xristos Anesti, my Sisters and Brothers!!

My Love and Respect in Theta Pi, Marion Parashis, President of EOS#1

# DOP EOS #1 and AHEPA #150 Agape Dinner/Memorial



Kitchen Help: H. Markatan, E. Soufis, D. Antonis, F. Drolapas, C. Tsiplakos, M. Kireopoulos & Pres. M. Parashis



Chefs S. Drolapas and P. Kireopoulos



Effie Choppellas 40 Day Memorial Hosted by Eos# 1 at Holy Trinity Church's Sunday Coffee Hour



B. Angelopoulos, E. Antonis, S.Kyriakis, D. Leos, V. Kyriakis



Kitchen Help: D. Antonis , D. Angelopoulos



C. Tsiplakos, Chairmen V. Moulas, Supreme Gov. N. Mellas, & F. Vasilogiorgis

# DOP EOS #1 and AHEPA #150 Agape Dinner



J. Dariotes and V. Kyriakis



Having Fun!



Bartenders D. Leos and Pres. E. Tsiknis



Metropolitan Gerasimos



C. Fousekis, Jan Spanos and M. & S. Chicos



M. Kireopoulos, D. and L. Phillips

# DOP EOS #1 and AHEPA #150 Agape Dinner



S and C Fotinos



Our Servers: K. Bardis, C. Tsipiakos and V. Leos



Our Servers: E. Makras, H. Markaton, V. Moulas



Pres. M. Parashis, Chairman V. Moulas, Pres E. Tsiknis



Birthday Girl Rec. Sec. Yvonne Chiappari



S. Drolapas, D. Angelopoulos, K. Bardis, M. Kireopoulos, Pres. M. Parashis, V. Moulas, Chairman, C. Tsiplakos, H. Markaton, B. Angelopoulos and P. Kireopoulos.

## IN MEMORIUM ANGELO NICHOLAS LYGIZOS March 24, 1921 – May 29, 2013

Angelo Lygizos was born in the island of Andros, Greece, on March 24, 1921. At the age of 18 he signed on as a deck boy on a ship named "Nea Hellas" but upon arrival in the US he left the ship, taking only a pair of slippers with him.



His first job in this country was in the Gavallas restaurant in N.Y. city. He later moved to Holyoke, Massachusetts where he worked in a restaurant until 1943, when he was drafted in the American Army. His basic training took place in Camp Carson, Colorado where he met the man who was later to become his partner and life long friend, Anargyros "Roger" Antonopoulos.

While in training, OSS (predecessor of CIA) was established and Angelo volunteered for this dangerous work. On May 21, 1944 Angelo with another twenty two men Greek Americans landed in Greece and spent 182 days sabotaging the Germans by destroying railroads, ammo dumps and pill boxes. At last they returned home safe, with many memories and lasting friendships.

In 1948, Angelo arrived in California where he married Yvonne, the mother of his three sons. In the beginning he worked as a baker and in 1951 he open his first restaurant in partnership with his buddy Roger Antonopoulos. He later opened more restaurants, the last of which was Angelo's Steak House, on the Alameda.

Angelo's personality made him very popular to his customers and friends and he gained the respect and love of both employees and customers, who affectionately called him "Papa" Angelo.

Angelo was very involved with his Greek Community and the City of San Jose. A member of the BBB, The Mason's Lodge, AHEPA, and the Veterans of Foreign Wars. He was the host of a Cooking show for 30 years on channel 2B Heritage Cable TV and he has written a cook book.

Angelo Lygizos, despite his personal tragedies and his "mature" age he has been very energetic till very recently, participated in most community happenings and he kept in touch with his many friends who were always glad to see him and share a glass of wine or ouzo with him.

His natural charm and grace was only surpassed by his kindness and warmth for his fellow man and his loyalty and devotion for the United of America and his beloved "patritha" Andros, Greece. *May his memory be eternal!* 

# DOP Leto 71, Fresno

### by Dr. Eleni Rotous Rockas

March 9 was AN ENCHANTED EVENING! This was an outstanding evening sponsored by the Daughters of Penelope, the California Opera Association & St. George Orthodox Church. The event was presented in our church hall. All of our guests dressed up in their favorite fairy tale character and we all ate delicious hors d'oeuvres and dinner. Sister Edna Garabedian, voice teacher and outstanding vocalist, introduced her students who sang lovely lyrics. These included our own Father Jim Pappas & his children, Constantine, Chrysanthe and Evangelia. It was truly an Enchanted Evening!

March found our sisters working with our Boy Scout chapter filling bags for the IOCC...International Orthodox Christian Charities. Several hundred packets contained hand towels, wash cloths, toothpaste, band aids, nail files, etc. which will be sent overseas.

Our own Helen Sexton, District Governor, gave us a report from the DOP Sisterhood Conference she attended in Portland, Oregon

On Father's Day, June 16, we will rushing back to Fresno from Modesto where we have been attending the District Convention. We are joining our local Cretan Club to invite our church members to an outdoor picnic on that Sunday. You are all invited to join us!

We elected the following officers for the coming year. We are looking forward to next year's activities: President - Phyllis Makredes, Vice President - Mary Alfieris, Recording Secretary - Anne Kossaras Corresponding Secretary - Cindi Boukidis, Treasurer -Connie Triantis. Board of Governors - Chair, Madelyn Jones, Eleni Rotous Rockas, Helen Sexton, Vera Margiolis, Evelyn T. Boosalis.

## San Mateo Ahepa Chapter #392

### by Leonidas Maheras

On March 21<sup>st</sup> Brother and Veteran of the Greek army Elias Frangos, who fought the second World War, recited to our San Mateo Chapter #392 and to the Daughters of Penelope, many patriotic poems in celebration of the March 25<sup>th</sup> celebration

The new board of the San Mateo Chapter #392. On April 18<sup>th</sup> the San Mateo Chapter #392 chose its new officers for the chapter's board.

The first meeting of the chapter with the new board was held on May  $26^{th}$  at 6:30 p.m. in the women's Club in Burlingame, CA.

From left to right: Leonidas Maheras-Vice President, George Fontis-Treasurer, Chris Frangos-Secretary, Alexandros Mallas-President, Vlasis Fousekis-Chaplin, John Drakopoulos – Captain of the Guard.



# **Oakland Ahepa Family**

by Bill Anton

### **Spring Conference** (see photos next page).

Oakland Chapter #171 and Echo #4 proudly entertained the members of District #21 for the annual Spring Conference. The morning group meeting was filled with many different speakers with much knowledge of several interesting topics. If you ask WHAT?? Then you should have attended and you would know. After a wonderful lunch, which was prepared by our own CHEF DINO, it received many great reviews from the persons in attendance. Each lodge then met separately to conduct the business at hand.

We were proud to receive guests, Supreme Governor, Chris Mellus from the Order of Ahepa, and Grand Treasurer, Connie Pilallis of the National Daughter's of Penelope.

This was a successful affair; however, these events are only a success when you have the help of others. Many thanks to Emmy Fearn, President of Echo #4 and her crew for the beautiful morning continental breakfast.

Sophia Johnston always comes to the rescue when needed for attending to the registration table.

Hope to see all of you at the District Convention in Modesto in June. The only way the Convention can be a success is when the entire District is in attendance. Let's reward our Sister's and Brother's of Modesto for all of their hard work. Looking forward to seeing you!!!!

### Oakland Ahepa Family to celebrate AHEPA Day on June 30th.

Due to the Oakland Festival the Oakland Ahepa Family wishes to invite all members of the Oakland Community to a luncheon BBQ at no cost. This an annual event that we wish to carry on indefinitely.

It is our way to present our organization to the community and give back to our church and their members. Come join us, last year was a success and we hope this event will be even bigger and better.

The best part many of your Ahepa and DOP friends wil be serving food and drink for your pleasure. Also, w will have applications for new members available.



District Lodge Visitation: Lambros Panayotopoulos, Chapter Sentinel; Bill Christie, Chapter Secretary; George Zioulas, Chapter VP Education and District Warden; Bill Booras, District Exec. Sec.; Steve Miller, District Chaplain and Scholarship Foundation Chair; Tom Chiarchianis, District Lt. Gov.; Robert Sexton, District Governor; Philip Frangos, Supreme Secretary; Bill Anton, District Marshall; Alex Giakoumis, Chapter VP Membership; Mike Prokopakis, Chapter President and George Berberis, Chapter Treasurer.

# Silicon Valley Chapter #251, San Jose

# District #21 Spring Conference - March 16, 2013 - Oakland



### June/Summer 2013

### Ahepa Traveler

# Daughters of Penelope - Echo #4 - Oakland

#### by Emmy Fearn, President

The circle of life has been a sad reality for Echo Chapter #4 this year, as we lost three of our Sisters— Sophie Constantine, Theano Johnson, and Alice Ravetti—whose passing was keenly felt. However, Sister Karen Polyzos Kolikithas recently gave birth to a beautiful baby girl, giving a lift to our spirits.

At our holiday awards dinner, we presented service pins to 32 Sisters, 9 of whom had achieved 35+ years of membership! Following our January 5 district joint visitation with Maeonia Chapter #273, we honored Echo Chapter's past presidents with a special recognition ceremony. Eleven past presidents were present or represented by their own daughters for the ceremony during which we read the names of all our past presidents, also remembering those no longer with us. Afterwards the AHEPA family enjoyed lunch hosted by our Sisters.

In late January, DOP hosted coffee after church to heighten awareness of Daughters activities and support of other organizations in our community, and in April the AHEPA family hosted a Lenten meal after Wednesday evening church services. Organizations we've supported this past year include Building Futures for Women and Children (which provides shelters for abused women in the East Bay), Smile of the Child (supporting homeless children in Greece), Ascension Sunday School, APA Greek Dance Group, Ascension Sunday School, Leukemia/Lymphoma Society, and CARH. We have also helped women in need in the Ascension community through our Friends in Deed fund. To identify women in need of one-time emergency financial assistance, we rely upon our members. (Our donations to women in need are made in confidence.)

Finally, our chapter looks forward to co-hosting our 2<sup>nd</sup> Annual AHEPA Family Barbecue—to which the entire church community is invited—after Sunday church services on June 30<sup>th</sup> on the Ascension plaka. Besides enjoying great food together, this *fun-raising* event provides another opportunity for our church community to know who we are. At this year's event we will celebrate the 80<sup>th</sup> anniversary of Echo Chapter #4 and the 85<sup>th</sup> anniversary of AHEPA Oakland Chapter #171, and we will be sharing photos and mementos that our members have gathered over the years.



# **AHEPA 2013 District Scholarship Recipients**



#### Aristotle Magganas

Endorsed by Oakland Chapter 171, Oakland, California

Aristotle has a goal of becoming an academic and/or government leader in economics. From his essay in his own words he wishes 'to advise developing countries' to improve their economic conditions. With this objective in mind he has been accepted to UC-Berkeley, Duke, the University of Pennsylvania and others for his BA degree; he will decide shortly which to attend. His long range ambitions include a Masters Degree, and Ph.D.  $\diamondsuit$ 

### Alexia Kalogeropulou

### Endorsed by Silicon Valley Chapter 251, San Jose, California

Alexia offers an admirable packet of application materials. Her goal is to complete her BS degree in Neuroscience from UCLA. Ultimately she wishes to complete an MD to become a physician. In addition to academic accomplishments Alexia participated in a community health education project in Ghana with a traveling mobile clinic. Presently she is a Dermatology Medical Assistant to increase her exposure to different aspects of medicine.

Alexia has been a hospital lab research assistant studying Alzheimer's Disease, a counselor to freshmen students at UCLA, and numerous other activities. She is fluent in Greek, plays the piano, and lists other honors on her application. She is a Greek School graduate, and regular participant at St. Nicholas Orthodox Church. \*





## **Emily Mavrakis**

### Endorsed by Silicon Valley Chapter 251, San Jose, California

Emily seeks a BA degree in Psychology and/or Child Development at George Fox University in Oregon. Her essay mentions interest in becoming a marriage, family, and child counselor. She received the CSF (California Scholarship Federation) honor for four years, obtaining a most impressive total GPA (wtd) of 4.03 from Westmont High School.

Her activities include being a mentor to high school freshmen, and service on the CSF Executive Board for multiple years. Emily volunteers at Valley Church in Cupertino and

at youth group events. She also is a volunteer in the Pre-K Sunday School at Valley Church and at the Youth Science Institute in Los Gatos. �

### Corinna Kalogeropulou

#### Endorsed by Silicon Valley Chapter 251, San Jose, California

Corinna desires to complete a BA degree in Business Economics from UC-Santa Barbara. Her application contains an impressive separate listing of numerous accomplishments and activities including selection with ten other high school juniors nationwide to attend the 2012 week-long AHEPAcademy outside Washington DC. This is an interactive leadership and professional development program organized by the American Hellenic Educational Progressive Association.

Other activities include participation in the Students-To-Students Leader program, tutoring, cross country and badminton team membership, and volunteering at a local hospital and Adult Day Health center. Her application essay focuses on her love of Greek

heritage and overall growth; a specific career target is yet to be determined. She is positioning herself well, however, with almost straight A marks in all courses; her total GPA is 4.1 (wtd).



# **AHEPA 2013 District Scholarship Recipients**



### Michael Constantinou

Endorsed by Sacramento Chapter 153, Sacramento, California

Michael has a unique goal. He plans to complete his BA degree in International Business with a focus on Japan. Michael plans to attend either UC-Davis or San Francisco State University. His academic preparation supports this objective.

Michael's transcripts from Franklin High School appear to be copies rather than official stamped and sealed documents, however, the transcripts note an impressive 3.66 GPA with SAT scores of 1350/ACT score 21. Michael writes well. His essay mentions an

award for a two-week stay in Japan with the Scholars Exchange Program in Osaka; he resided with a host family and gained invaluable exposure to Japanese culture. �

### Dia Sophia Borden Endorsed by Modesto Chapter 246, Modesto, California

Dia wishes to complete her BA degree and teaching credential to become a secondary Special Education Teacher. She also mentions an interest in school coaching. Dia is well on her way to achieve these goals. Not only is she accomplished in cross country running and softball, but she holds a 3.4 GPA (wtd) and ranks 39 out of 254 students at Ceres High School.



Dia writes well as judged by her essay statement. Her application lists numerous honors including a University of Dubuque scholarship, activities such as Leadership President, basketball coaches award, MVP softball, and others. She is active in Greek dance as well. �



### **Kinsie Prokopakis**

Endorsed by Silicon  $ilde{V}$ alley Chapter 251, San Jose, California

Kinsie attends Adrian Wilcox High School. Her goal is a Masters Degree in Viticulture & Endogy at CAL POLY in San Luis Obispo. She is successfully progressing toward this objective as she holds a total GPA of 3.8 (wtd) and ranks 74 out of 406 students at Wilcox. Kinsie has a creative essay about her growing environmental consciousness as a youth, which led to her present career aspiration.

Kinsie's application lists several honors in areas such as cross country and track and field, AP Scholar, President of Montebello Ridge Bay Ecology, co-founder of Wilcox vegetable garden and animal pen, and others. She is active at St. Nicholas Greek Orthodox

Sunday School, Greek Festival volunteer, a peer tutor, and many Church-Civic and Community activities.

### **Sofia Tula Lavdiotis** Endorsed by Oakland Chapter 171, Oakland, California

Sofia seeks a career as a child educator. She plans to attend Mills College for a five-year program with a BA in Psychology/Special Education and teaching credential. She is also attracted to the school for it's reputation in dance. Her well-written essay mentions a longer-term goal of a Ph.D. in Child Development.

Sofia's official transcripts from Millennium High School in Piedmont record a 3.67 GPA, a solid foundation for study in higher education. She lists several school activities including captain of the Junior Varsity basketball team, lacrosse and dance. She was also



coach of the 6th grade girl's basketball team. Sofia clearly is growing and expanding her overall breadth of community involvement.at Valley Church in Cupertino and at youth group events. She also is a volunteer in the Pre-K Sunday School at Valley Church and at the Youth Science Institute in Los Gatos. �

# Daughters of Penelope Dístríct 21 Scholarshíp Recipients.

## Daughters of Penelope Past District Governors Undergraduate Scholarship Award



Samantha C. Swenor

University Samantha's goal is to major in Business Marketing with a minor in Studio Art. She is a student with a clear goal and high motivationcontributions to her school and community. She has maintained a GPA of 3.671 because education has always been an important part of her life. As described by her employer, Samantha is consistently hard working and has a refreshing attitude towards the projects assigned to her which is exceptional for a young woman her age. She worked for a major Graphics Design and Product Positioning firm in San Jose. This experience helped see how designers conceptualized and implement their work based on customer needs. Outside the classroom, she is involved greatly in activities related to her Greek Heritage.

## Endorsed by Daphne- San Jose



### Daughters of Penelope District 21 Scholarship Award



Georgía P. Wasley

Georgia is pursuing her BA in Hospitality & Tourism Management with an emphasis in Event Management, a primary minor in Business Administration and a secondary minor in Modern Greek Studies at SF State University. She has a GPA of 3.26 and has achieved at a high level academically in college while continuing to volunteer in her church and community. Georgia has not only developed literacy in the Greek language, which included translation of several Cavafy poems from Greek into English but she also chose to learn about the rich Greek heritage from a variety of academic disciplines.

## Endorsed by EOS #1- San Francisco, California

# Daughters of Penelope Dístríct 21 Scholarshíp Recípients.



## Daughters of Penelope District 21 Scholarship Award



Demí N. Latham

Demi is planning to ob tain a BA degree in Sports and Recreation Management. She has a GPA of 4.023 (weighted) and continued to earn the respect of her peers and her teachers. She is a very caring soul but also knows when to hold someone accountable in a loving manner. Demi is increasingly involved in ice hockey. With ice hockey, she was able to not only play a sport that she loves, but was able to travel across the country and parts of Canada, gaining much more experience in dealing with new environments and different people.

## Endorsed by Urania #290- San Mateo, California



## Daughters of Penelope District 21 Scholarship Award



## Daphne A. Ryan

Daphne is anticipating her major in Mathematics and hopes one day to become a high school math teacher. She has a GPA of 4.31 (weighted) and maintained an excellent academic standards in whatever she does. Daphne is very loyal and dedicated young lady who brightens the world for every person she works with. Her demeanor is mature, thoughtful, energetic and kind which has shown to others her ability for being level-headed and adaptable. Commitment to the Greek community has included her involvement with working at the Greek Festival for several years.

### **ORDER OF AHEPA** Chapter Presidents and Secretaries 2012-2013

#### **CHAPTER**

Golden Gate Pacific #150 First Wednesday Holy Trinity Church 999 Brotherhood Way San Francisco, CA 94132

Fresno #151 First Wednesday St. George Church 2219 N. Orchard Ave. Fresno, CA 93703

Sacramento #153 Third Tuesday Church of Annunciation 614 Alhambra Road Sacramento, CA 95864

Oakland #171 Second Tuesday Ascension Cathedral 4700 Lincoln Ave. Oakland, CA 94602

Stockton #212 Second Wednesday St. Basil Church 920 March Lane Stockton, CA 95207

Solano #217 Third Wednesday St. Nicholas Church 1224 Alabama Street Vallejo, CA 94590

Marysville #228 Second Thursday 929 11th Street Marysville, CA 95991

Modesto #246 Third Tuesday Annunciation Church 313 Tokay Ave. Modesto, CA 95350

Garden City #251 Second Tuesday St. Nicholas Church 1260 Davis Street San Jose, CA 95126

Contra Costa #259 Second Wednesday Home Federal Bank Walnut Creek, CA

Reno #281 Third Thursday St. Anthony Church 4795 Lakeside Drive Reno, NV 89502

San Mateo #392 Fourth Thursday 241 Park Ave. Burlingame, CA 94010

PRESIDENT Elias Tsiknis 6524 Mission St Daly City, CA 94014 650 994-3322 roumeligr@aol.com

George Gianopulos 2727 W. Bluff Dr. #123 Fresno, CA 93711 559 432-4630 gsgrd@pacbell.net

Ted Leonis 2306 Ferndale Ct Roseville, CA 95661 916 773-0215 tedleonis@msn.com

Steve Miller 430 E Merle Ct San Leandro, CA 94577 510 569-2876 fogmog2@yahoo.com

Peter T. Koulouris 3860 Windy Cove Circle Stockton, CA 95219 209 476-0997 pkoulouris@aol.com

Nicholas Halbrook 3140 Clydesdale Fairfield, CA 94533 707 399-7066 wileyudell@aol.com

Stephen Payton 609 McDevitt Dr. Wheatland, CA 95692 530 633-0750 spay@att.net

Stamus Cocoles 2105 Melville Place Modesto, CA 95356 209 545-1787 scocoles@yahoo.com

Michael Prokopakis 1008 Julie Ct. Santa Clara, CA 95051 408 241-1062 mande@rocketmail.com

Petros Priftis 2125 Hamlin Dr. Antioch, CA 94509 925 757-2062 petros.priftis@safeway.com

John Lagios 2600 Combs Canyon Carson City, NV 89703 775 892-2421 doclagios@gmail.com

Alexander Mallas 3937 B Colegrove St. San Mateo, ČA 94403 650 345-4742 almallas@yahoo.com

#### **SECRETARY**

Paul G. Eliopoulos 1091 Las Pavadas Ave. San Rafael, CA 94903 415 479-5868 paulgelipoulos@aol.com

Bill Booras 1125 S. Clovis Ave. #104 Fresno, CA 93727-5300 559 255-3367 vasiliosbooras@att.net

Andreas Yerocostas 1554 Parkway Dr. Folsom, CA 95630 916-337-0898 andreasyerocostas@yahoo.com

Apollo Papafrangou 5801 Broadway Oakland, CA 94618 510 652-9545 apollop@aol.com

Tom Chairchianis 507 Cabot Ave. Modesto, CA 95354 209 576-1665 tchiarchianis@yahoo.com

Arnold Dorer 363 Valley Vista Vallejo, CA 94590 707 553-2095

Andrew Kantargis 724 Andrew Dr. Yuba City, CA 95991 530 671-6286 ajki@syix.com

Fred Thompson 417 Heartland Pl Manteca, CA 95337 209 825-2227 thomasoft@verizon.net

**Bill** Christie 3327 Lake Albano Cir San Jose, CA 95135 408 531-9211 billchristie1@mac.com

George Tsapouklis 4400 Tryndall Ct. Concord, CA 94520 925 798-7653 tsapouklis@sbcglobal.net

John Copoulos PO Box 2517 Carson City, NV 89703 775 883-7332 ioannis51@sbcglobal.net

Chris Frangos P.O. Box 1232 Millbrae, CA 94030 650 868-2402 cfrangos@cbnoreal.com

## **DAUGHTERS OF PENELOPE Chapter Presidents and Secretaries 2012-2013**

#### PRESIDENT **CHAPTER** Eos#1

Marion Parashis San Francisco First Wednesday Holy Trinity Echo #4 Oakland

Second Tuesday

Ascension

Cathedral

Artemis #5

Sacramento

Third Tuesday

Annunciation

Sparta #18

Second Wed

St. Basil Church

Church

Stockton

San Jose

Modesto

Church

Fresno

Leto #71

St. George

Church

Elis #89

Third Sunday

St. Anthony

Church

Reno

Annunciation

First Thursday

733 Longridge Rd Oakland, CA 94610 510 451-3490 ammyf@pacbell.net

Diane Petersen 9879 Edeva Wav Elk Grove, CA 95624 Cell: 916 214-4644

Debbie Marmas Buck 1003 Douglas Rd. Stockton, CA 95207 209 482-5859 dbgreek@aol.com

Daphne #29 Laurie Sahines 2023 Wellington Dr Second Tuesday Milpitas, CA 95035 St. Nicholas Church 408 574-9500 lsahines@comcast.net

Phaedra #64 Tina Gianopoulos 828 McGuire Third Tuesday Modesto, CA 95355 209 342-0690

> Madelyn Jones 358 E. Avante Fresno, CA 93720 559 434-6357 madelynmjones@yahoo.com

Stephanie Tsanas 203 Buckland Dr. Reno, NV 89511 Cell 775 762-4811 stsanas@gmail.com

Maeonia #273 Mary Dorer Vallejo 363 Valle Vista Third Wednesday Vallejo, CA 94590 Sts. Constantine 707 553-2095 & Helen Church

Urania #290 Kalliope Fousekis San Mateo 1508 Sixth Ave Belmont, CA 94002 Third Thursday 650 591-5409 241 Park Ave. Burlingame kalliopef@aol.com

3460 Flamingo Dr.

925 827-9905

Concord, CA 94520

Harmonia #367 Walnut Creek First Thursday TBA

212 Edgewood Dr Pacifica, CA 94044 Cell: (650) 888-8035 parispoet3@comcast.net Emilene Fearn

17501 Kingston Wy Castro Valley, CA 94546 510 582-4085

Dea Karnegas 1560 Pebblestone Wy Sacramento, CA 95833 Cell: 916 396-1971 ladypetersen@earthlink.net janspanos@aol.com

> *Georgia Adams* 518 Carolina St Woodridge, CA 95258 209 368-1999 georgiaadams@comcast.net

Theodora Koumoutsakis 928 Clintonia Ave. San Jose, CA 95125 408 293-9640 dorak62@yahoo.com

Katherine Chituras 1036 Stanton Wy Modesto, CA 95355 209 521-8715 kebe@inteix.com

Elizabeth Zervudakis 1924 E Desert Island Dr Fresno, CA 559 375-0588

Jennifer Cappos 1855 Selmi Dr #F151 Reno, NV 89512 760 917-9958 jenniferw9959@aol.com

Demetra (Demi) Stall-Nash 1018 Capitol St Vallejo, CA 94590 Cell: 707 208-4605 DemetraNash@yahoo.com

Alicia Frangos 61 Sequioa Čt San Carlos, CA 94070 650 595-2036 alifrangos@gmail.com

Georgia Anagnostopoulos Elizabeth Wellington 37 Lost Valley Dr. Orinda, CA 94563 925 376-2688 georgiaanagnostopoulos@hotmail lizw3@yahoo.com

## June/Summer 2013

**CORR: SECRETARY** 

Penelope Wasley

San Francisco, 94116

apiperswife@yahoo.com

Teddi Carvounis

2014 48th Ave

415 665-4448

# **TRAVELING SOON? DID YOU KNOW THAT U.S. MEDICAL INSURANCE IS GENERALLY NOT ACCEPTED OUTSIDE THE UNITED STATES?**\*



## Coverage starts at \$30.

Accidents and injuries can happen. Even on a dream vacation. Unfortunately the medical coverage you carry in the States may not always travel with you when you leave the country. Add to that the fact that medical evacuation back to the U.S. can cost more than \$50,000," and it's easy to see how travel insurance through Travel Guard can go a long way in helping you cover your travel investment.

With a Travel Guard plan you can be covered from before you leave home until the time you get back. And not just for medical emergencies, but for cancelled flights, stolen luggage and many other things that might work to ruin your ideal getaway. Plus, Travel Guard is one of America's leading providers of travel insurance and assistance programs, so we're always available to help you 24 hours a day, 7 days a week.

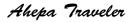


## To cover yourself and your family, buy Travel Guard today.

**Please Contact:** George Fonti - Owner of Family Vacations Travel 650-400-5568 gfonti@yahoo.com

**TRAVEL GUARD** CHARTIS C

\*Taken from: http://travel.state.gov/travel/tips\_1323.html#health. Travel insurance plans offered through Travel Guard may include coverage for covered trip cancellation penalties, travel interruptions and delays, emergency medical expenses, medical evacuation expenses, and lost or delayed baggage. Insurance is underwritten by National Union Fire Insurance Company of Pittsburgh, Pa., with its principal place of business in New York, NY. The policy will contain reductions, limitations, exclusions and termination provisions. All coverages may not be available in all states. 0903.050 1039 0.4/27/tc





## **DAUGHTERS of PENELOPE** 2012-2013 DISTRICT LODGE

Helen Sexton, Governor Kathy Leles, Lt. Governor Sylvia Golfes, Secretary Joanne Panagopoulos, Treasurer Cathy Photopoulos, Marshal

Marion Parashis, Pres. Elaine Makras, Vice Pres. Compliments of

## EOS CHAPTER No. 1, D.O.P.

Meets 1st. Wednesday Holy Trinity Church • 999 Brotherhood Way San Francisco 94132

Yvonne Stamatakis, Treasurer Yvonne Chiappari, Rec. Sec. Penelope Wasley, Coores. Sec. Michael Prokopakis, President Alex Giakoumis, Vice President

Compliments of

## **GARDEN CITY CHAPTER No. 251**

Meets 2nd Tuesday each month 1260 Davis Street • San Jose 95126 George Berberis, Treasurer Bill Christie, Secretary

Stamus Cocoles, President \_\_\_\_\_ Dr. Paul Forakis, Vice President

Compliments of

## **MODESTO CHAPTER No. 246**

Meets 3rd Tuesday every month 313 Tokay Ave., Modesto, CA

Alex Klabanos, Treasurer Fred Thompson, Secretary



The mission of the AHEPA Family is to promote Hellenism, Education, Philanthropy, Civic Responsibility, Family and Individual Excellence.

## AHEPA TRAVELER ADVERTISEMENT RATES

Small Ad (1/8 Page) \$70 per year Double Size Ad (1/4 Page) \$115 per year Single Issue Ad \$50

The AHEPA Traveler is published each quarter, four times a year. Fall/September - Winter/December - Spring/March - Summer/June

MAIL AD and CHECK (payable to Ahepa District #21) TO:

Bill Booras 1125 S. Clovis Ave., #104, Fresno, CA 93727 Tel/Fax: 559 255-3367 Email: vasiliosbooras@att.net

> for more information Call 559 255-3367 or 408 292-9881