GOLDEN GATE DISTRICT NO. 21



CHAPTERS THROUGHOUT NORTHERN CALIFORNIA AND WESTERN NEVADA

Volume 62, No. 1

OFFICIAL PUBLICATION OF DISTRICT No. 21

March/Spring 2014

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DOP Sisterhood Conference - Saturday, April 26 - Hyatt Regency Hotel in Sacramento - See Page 5

Comedian Basile in Concert - Saturday, April 26 - Hellenic Cultural Center in Sacramento - See Page 16

Western Regional Convention - Thurs- Sun, June 19-22 - Atlantis Hotel & Casino in Reno - See Pgs 6-11

Supreme Convention - Mon-Sat, July 21-26 - Sheraton New Orleans Hotel in New Orleans - See Page 12

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Happy Easter . . . Kalo Pascha

"AHEPA TRAVELER is published quarterly, four times a year March, June, September and December by Order of AHEPA, 3327 Lake Albano Circle, San Jose, CA 95135."

AHEPA TRAVELER is the official publication of Golden Gate District 21 Order of AHEPA (American-Hellenic-Educational-Progressive-Association). It is published and distributed to members and friends. There are thirty Ahepa, Daughters, Sons and Maids Chapters in Northern California and Western Nevada.

Article III – This Order shall be non-partisan in politics and non sectarian in religion. All partisan political and all sectarian religious discussions are prohibited in any official deliberations thereof.

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Website: www.ahepa21.org

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1420 Courtyard Dr., San Jose, CA 95118 408 978-8321 Email: xioti12@yahoo.com



A Message from the District Governor

Since my last column appeared in the Winter Traveler, we have seen Christmas and the New Year pass us by. My beloved San Francisco 49ers fell short of making it into the Super Bowl (Damn those Seahawks) and the Ahepa Family

District Lodges finally completed its annual rite of visiting all of the chapters in District 21.

As March roars in like a lion, we look to what is ahead for District 21: Great and Holy Lent begins followed by Pascha, my San Francisco Giants getting ready for the 2014 baseball season (I had to throw that one in), and last but not least...the 2014 Western Regional District Convention in Reno Nevada.

However, I would like to return to our district chapter visitations. On behalf of my District Lodge, I would like to thank all of the chapters that hosted the Ahepa Family District Lodges. What began with the first ever joint visitation with Stockton and Modesto Chapters in October of 2013, finished with a visit to the first chapters in District 21; the San Francisco Ahepa Family.

I appreciate the patience that all of the chapters showed as we tried something new by changing the format to a more interactive visitation.

Some good news to report, the Ahepa Marysville Chapter #228 has made 2 (two) wonderful donations to St. Nicholas Ranch and to the Annunciation Greek Orthodox Church in Sacramento. Due to the sale of property that was owned by the chapter, Marysville is making a \$25,000 donation to the Ranch toward the renovation of the Ahepa/DOP dormitory. As many of you know, in 2012 at the Sacramento Ahepa Family District Convention in Lake Tahoe, the delegates voted to make the renovation of the Ahepa/DOP dormitory a district project. With this donation to get us started, I am going to direct all of the chapters in District 21 to begin fundraising for this very worthwhile project. The time is now to finally renovate our dorm.

The second donation made by the Marysville chapter was to the Annunciation church in the amount of \$37,500. The church will be breaking ground for a new community center and this donation, along with a pledge to match that amount by the Sacramento Chapter, will allow the ground floor conference room to be named after the Ahepa. I would like to extend my profound appreciation to Andrew J. Kantargis, Constantine (Dino) Lekos, and Stephen M. Payton of the Marysville Chapter for their donations. This is outstanding news indeed.

The District 21 Scholarship Foundation Scholarships are now out. Please make sure that you check with your respective chapter secretaries for a copy of the application package. You can also find the application on line and in the Traveler. Remember, the deadline is April 1, 2014.

Finally, we are starting on the homestretch to the Western Regional District Convention in Reno. You can find the Registration package on line at www.ahepawesternregion.com as well as the convention album ad contract. We will also be having a golf tournament at the Red Hawk CC that will benefit the four (4) districts Scholarship Foundations. The golf tournament registration form is also on line at the convention website. Finally, there will be some exciting convention sponsorship opportunities for you, your family, and business. Check out the information at the website. Please make an all out effort to attend this year's convention. It is an exciting time to be a member or friend of the Ahepa and Daughters of Penelope; make it count!

Enjoy the Spring. Kalo Pascha!

Fraternally,

Tom Chiarchianis

District #21 Governor



Greetings from your District Governor

As the Lenten Season begins, I'd like to take this opportunity to thank every chapter for their wonderful hospitality and graciousness you have shown not only to me but to the District Lodge. Each visit or "meet and greet"

planned this year was truly insightful and I am so very thankful to all the sisters in District 21 for allowing us to "think outside the box", to collaborate with one another and include others from neighboring chapters to events. What true Sisterhood!

Coming up soon is our Sisterhood Conference which will be held in Sacramento on April 26, 2014. The conference, hosted by District 21 and the sisters of Artemis, will take place at the Hyatt Regency Hotel across from the State Capitol. The registration form is included in this edition of the AHEPA Traveler, so please make every effort to complete yours and send it in as soon as possible.

As you all are aware, the Western Regional Convention will take place from June 19 – 22 in Reno, Nevada. Chairmen from Districts 17, 20, 21 and 22 and their committees have been busy ensuring that this convention be remarkable and memorable. You can assist by offering your time and talents in any capacity. Just contact me or AHEPA District Governor Tom Chiarchianis or District Lt. Governor Bill Anton and we will refer you to one of our committee chairs. Complete your registration form, as well as the ad form for the convention album. Now is the time to elect delegates and get your ads submitted for the convention album. Don't forget to make your reservations at the Atlantis!

Chapter presidents, you should have already received a packet from National Headquarters with various forms and applications as well as District forms from me. Look through the forms and adhere to their deadlines. In addition, all district forms need to be completed and returned by May 1, 2014 as information from each chapter is necessary for the convention agenda. The forms emailed recently include the revised Chapter Assessment Form, the End of the Year Governors form, the District Convention Chapter Agenda Report and the District Convention Delegate/ Alternate form. For your assistance, a 2013-2014 Forms Distribution Guide, which lists all the National and District forms that all chapters have to complete by the listed deadline, has been emailed out as well.

DISTRICT REMINDERS:

- Distribute all raffle tickets and keep selling let's see which chapter sells their allotment! Will it be yours?
- Scholarship applications should have already been distributed to qualified students. Contact District Scholarship Chairman Mary Gavrilis with any questions you may have. Deadline is April 1, 2014.
- Don't forget that our membership contest is still going on. Send a copy of the application of your new initiates and reinstatements to our District Secretary, Beverly Kennedy. Deadline is May 1st.
 - Create committees to choose your chapter's Penelope of the Year and Daughter of the Year.

On behalf of the District Lodge – PJ Rishard, Beverly Kennedy, JoAnne Panagopoulos, Litsa Miller and Helen Sexton – I wish the AHEPA Family a blessed Easter season and look forward to seeing you at the Sisterhood Conference and Western Regional Convention!

In Theta Pi,

Kathy Leles

District #21 Governor







Daughters of Penelope Districts 17, 20, 21 & 22

Sisterhood Conference

Hosted by District 21 & Artemis #5

Saturday, April 26, 2014

Hyatt Regency in Sacramento 1209 L Street Sacramento, CA 95814 (916) 443-1234 www.sacramento.hyatt.com

\$50.00 Registration

(Includes Lunch)

SCHEDULE OF EVENTS:

8:00 AM - Registration Check In 9:00 AM - Conference Begins

Tour of the Capitol (Optional Once Conference has Concluded)

PLEASE COMPLETE THIS	S REGISTRATION FORM I	BELOW FOR EACH ATTENDEE
NAME:		
STREET ADDRESS:		
CITY:	STATE:	ZIP:
PHONE: HOME:		CELL:
EMAIL ADDRESS:		
DISTRICT #: CI	HAPTER NAME & N	UMBER:
For more information please District	checks payable to " <i>Golde</i> contact Artemis President F 21 Governor Kathy Leles at registration form and pay	Pauline Cazanis at 916-393-7506 or 209-835-7414
	Slaina Pagylatos Artamis Tr	

9468 Syrah Court, Elk Grove, CA 95624



SAVE THE DATES - JUNE 19-22, 2014

Make plans to attend our first Multi-District Convention in Reno, NV where you can meet and share ideas with fellow AHEPA Family members from Districts 17, 20, 21 and 22, encompassing CO, ID, NM, WY, AZ, CA, HI, UT, NV, OR, WA, and AK.

Venue – Atlantis Casino•Resort•Spa – recipient of the AAA Four Diamond award. Standard Room Rates \$99 plus tax – Luxury Tower Rates \$119 plus tax. Standard \$12 per day resort fee has been waived for Convention. Atlantis offers free shuttle service every 30 minutes from the Reno airport and free valet & self-parking. AHEPA rates available 3 days before/after the Convention. Make hotel reservations directly with the Atlantis. An AHEPA Convention rate code will be provided with future communications.

Convention & Event Registration – \$175 per delegate – includes Welcome Night, Greek Night Glendi, Scholarship Luncheon, and Saturday evening Banquet. Individual event tickets will be available for non-delegate spouses and guests. Registration forms with all event details will be available soon.

Convention Website – An AHEPA Western Region District Convention website is being developed. Delegates will be able to register on-line and pay by credit card through PayPal. Visit us soon at http://ahepawesternregion.org/ for complete Convention information and updates.

Business Meetings – District meetings will be held individually. Eight meeting rooms have been reserved to accommodate each District's AHEPA and Daughters meeting schedules. (All Districts will join together for the four social events.)

Travel to Reno – Convention chairs are working on potential Convention rates with Southwest Airlines and will advise if available. Reno is also serviced by Amtrak and the station is approximately 4 miles from the hotel.

Convention Album – Album chairs will be communicating album ad information and rates. This will be an exciting opportunity to be included in the first AHEPA Family Western Regional District Convention album.

SEE YOU IN RENO!



The Order of AHEPA and the Daughters of Penelope from your local District are busy planning an exciting family-oriented regional convention on June 19-22, 2014. Districts 17, 20, 21 and 22, from the 12 western states, will be sending approximately 250 delegates, their families, and guests to the Atlantis Casino and Resort in Reno, Nevada.

This Western Regional District Convention is a one-of-a-kind event for the AHEPA Family. Our committees have already begun planning daily events for the delegates and their guests and it promises to be a first-class convention. The American Hellenic Educational Progressive Association is the largest Greek-American organization in the world and is a registered non-profit fraternal organization. The mission of the AHEPA Family (AHEPA and The Daughters of Penelope) is to promote Education, Philanthropy, Civic Responsibility, Family and Individual Excellence.

This may be an excellent opportunity for you, your family, or your business to reach a captive audience by becoming a sponsor of AHEPA's Western Regional District Convention. On the following page (page 8) is the sponsorship information form detailing the four sponsorship levels: Diamond, Platinum, Gold, and Silver. You may also direct your sponsorship to a specific event at the convention venue. Moreover, our major sponsors will receive recognition at our convention as well as in our convention album.

Thank you in advance for your support and generosity. We hope that you will share in the success of the Western Regional Convention and assist the AHEPA Family in promoting education, philanthropy and family.

If you have any questions, please contact Tom Chiarchianis at <u>59tommyc@gmail.com</u> or (209) 401-1179.

Sincerely,

Tom Chiarchianis District 21 Governor



SPONSORSHIP LEVELS

DIAMOND LEVEL: \$5,000.00

- Sponsor will be featured at all events
- Preferred placement of full page color ad in the convention album
- Prominent placement of company logo or individual/family name in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Prominently placed Table of 8 at the Grand Banquet
- One foursome for the Convention Golf Tournament

PLATINUM LEVEL: \$3,000.00

- Full page color ad in the convention album
- Placement of company logo or individual/family name in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Four (4) tickets to the Grand Banquet
- One twosome for the Convention Golf Tournament

GOLD LEVEL: \$1,000.00

- One half page color ad in the convention album
- Placement of company logo or individual/family in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Two (2) tickets to the Grand Banquet

SILVER LEVEL: \$500.00

- One quarter page color ad in the convention album
- Placement of company logo or individual/family name in the Scholarship Program and the Grand Banquet Program
- Company logo or individual/family name placed on the sponsorship page in the convention album
- Two (2) tickets to the Scholarship Luncheon

♦♦Please make checks payable to Ahepa WRDC and mail to: Tom Chiarchianis, 507 Chabot Ave., Modesto, CA 95354

Order of AHEPA Daughters of Penelope



Sons of Pericles Maids of Athena

Convention Headquarters

Atlantis Casino Resort Spa, Reno, NV

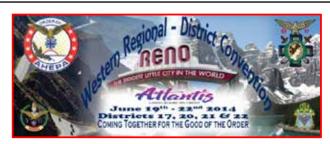
Host Chapters

AHEPA 281 ~ Daughters of Penelope Elis 89

Registration Deadline: Thu	rsday, May 29, 2014		
NAME	DISTRICT #	СНАР	ΓER #
AHEPA DELEGATE DOP DELEGATE AHEPA ALTERNATE	DOP ALTERNATE N	ON-MEMBER	GUEST
ADDRESS	WORK PHONE		
CITY-ST-ZIP	HOME PHONE		
E-MAIL	FAX		
AHEPA & DAUGHTERS DELEGATES AND ALTERNATE	ES MUST PAY FOR THE C	OMPLETE	PACKAGE
Convention Registration Packages & Tickets	Cost per Person	Number	Total Cost
Scholarship Luncheon Meal Choice Pork Loin Chicken Vegetarian Gala Banquet Meal Choice Filet Mignon Salmon Vegetarian GUEST Registration Package Includes: Welcome Night, Glendi, Scholarship Luncheon & Gala Ban Scholarship Luncheon Meal Choice Pork Loin Chicken Vegetarian Gala Banquet Meal Choice Filet Mignon Salmon Vegetarian SONS OF PERICLES & MAIDS OF ATHENA Registration Package Includes: Welcome Night, Glendi, and Scholarship Luncheon Scholarship Luncheon Meal Choice Pork Loin Chicken Vegetarian Scholarship Luncheon Meal Choice Pork Loin Chicken Vegetarian	\$200 (After MAY 29) quet \$155 \$180 (After MAY 29) \$100 \$125 (After MAY 29)		
Individual Event Purchase	Cost per Person	Number	Total Cost
Welcome Night - THU, JUN 19 @ 6:30 PM	\$ 30		
Glendi / Greek Night - FRI, JUN 20	\$ 60		
Scholarship Awards Luncheon – SAT, JUN 21 Meal Choice Pork Loin Chicken Vegetarian	\$ 40		
Gala Banquet – SAT, JUN 21 Meal Choice Filet Mignon Salmon Vegetarian	\$ 75		
TOTAL REGISTRATION AND/OR INDIVID	UAL EVENT PAYMENT ENC	LOSED	
Please include payment for total registration and/or indi	•		
Mail registration form and payment to – AHEPA WRDC, 34: Convention registration also available on the WRDC	•	•	
communication resolution and available on the with			- 8/

NOTE: Make Hotel Reservations Directly with Atlantis, Reno

Phone # (800) 723-6500 Email reservations@atlantiscasino.com http://atlantiscasino.com/ Include Discount Code - SAHEPA - in Phone, E-Mail or On-line Hotel Reservation Request Hotel Registration Deadline: Thursday, May 29, 2014



2014 Commemorative Album Ad Contract

Advertiser		
AddressStreet	City	State Zip Code Phone
AD SIZE CHOICES		AD & PAYMENT DEADLINE - MAY 10
Half Page	\$ 175 \$ 100 \$ 75	Type or print ad here – use separate page if needed Ads also may be submitted electronically to Wynn Storton wynn@storton.com
PREMIUM PAGES AL	SO AVAILABLE _	
Back Cover Page Inside Front Cover Pa Inside Back Cover Pa Centerfold Pages	ge	
MAKE CHECK PAYAB AHEPA WRDC	LE TO	
MAIL CONTRACT, PACOPY OF AD TO Beverly Kennedy 1628 Snyder Avenue, N		
SUBMIT AD COPY EL wynn@storton.com or	-	
Wynn Storton	COPY ADS BY MAIL TO oza, La Quinta, CA 92253	

Bev Kennedy 209-815-6052 <u>bevk@olives.com</u> or <u>capoodlegirls@gmail.com</u>

Pete Marudas 602-284-1638 rosemar2@msn.com

Wynn Storton 760-832-2825 wynn@storton.com or wstorton@gmail.com

Copy and Contract Regulations:

- All copy and advertisements are subject to approval of the Convention Committee. Committee approval shall not relieve advertiser of its obligation to defend and indemnify as provided below.
- E-Mailed photos in PDF, TIF or JPG format are preferred. Otherwise, photos must be glossy finished. (Resolution 300 DPI Minimum)
- All payments and materials must be received by the deadline of May 10, 2014 for guaranteed placement in album.
- The advertiser agrees to protect, defend and indemnify AHEPA WRDC, its individual members and the publisher against any claim based on libelous statements, unauthorized use of photographs or other material, or any other matter based on or used within the advertiser's ad.
- Requests for photographs to be returned must be in writing. Please provide a self-addressed stamped envelope.







2014AHEPA FAMILY WRDC GOLF TOURNAMENT

TO BENEFIT THE AHEPA FAMILY DISTRICT SCHOLARSHIPS

Thursday June 19, 2014 6600 N. Wingfield Pkwy. Sparks, NV 89436

Golf Package: \$125 per golfer/\$500 per foursome
Includes: Green Fees, Cart, Range Balls, Box Lunch, Tee Prizes & Welcome Night
Reception at Atlantis Casino Resort

Check In: 11:30 am Lunch: 12:30 pm Shotgun Start: 1:30 pm

Hole Sponsorships Available@ \$100 Corporate Sponsorships @ \$500 (Company Logo Placed on Tournament Banner and In the Convention Album Sponsorship Page)

Name:	Handicap:
Name:	Handicap:
Name:	Handicap:
Name:	Handicap:

Please make your check(s) payable to: Ahepa WRDC (Write Golf and/or Sponsor on the Memo Line) Mail check with form/OR e-mail the form and pay using PayPal at: ahepawesternregion.org

Tom Chiarchianis 507 Chabot Avenue Modesto, CA 95354

For additional information, please e-mail 59tommyc@gmail.com or (209) 541-5625



Sheraton New Orleans Hotel

500 Canal Street, New Orleans, LA 70130

Sunday July 20 - Saturday July 26, 2014

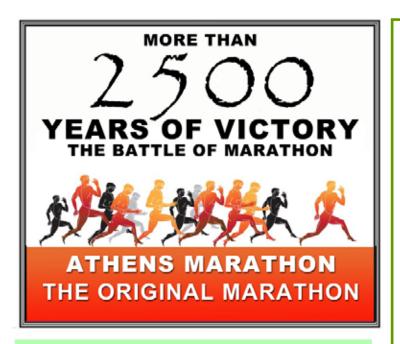
Room Rate \$144 plus taxes
Room Reservations: 1-888-627-7033
ask for the AHEPA rate

The Order of AHEPA has partnered with American Airlines for the 2014 AHEPA Supreme Convention! American Airlines is offering a special meeting discount. The discount can be booked on-line at www. aa.com for American Airlines/American Eagle Airlines flights only. Enter the Promo code 2174DP in the Promotion Code box. Itineraries involving any oneworld or codeshare partner airline must be booked through our Meeting Services Department at 1-800-433-1790 if calling from the US and Canada. Please note a \$25.00 fee will apply for each ticket booked over the phone. International attendees should call their local American Airlines reservations number. The discount is valid July 17, 2014 - July 29, 2014.

Family Supreme Convention 2014 Official Discounted Airport Shuttle: Book at least 24 hours prior to your flight's arrival time in New Orleans. Original reservations need to be done online to receive the discounted rate. To change an existing reservation via phone (866-596-2699).







FREE TRIP TO GREECE, ATHENS MARATHON

AHEPA Athens Marathon Team 2014

Running the Course of the very first Marathoner

Race day: November 9, 2014

Register now to run as part of Team AHEPA! or Support one of our Team AHEPA RUNNERS! WWW.AHEPA.ORG

2014 Journey To Greece

The Ninth Annual

AHEPA / University of Indianapolis

Journey to Greece Summer Program

Session 1: June 24 - July 12, 2014
Session 2: July 15 - August 2, 2014
Sessions 1 & 2: June 24 - August 2, 2014

For more information visit: www.ahepa.org



AHEPA Supports Military Family

Reading Program Through The USO!

AHEPA National President Dr. John Grossomanides announced the organization's support of military families by selecting the United Through Reading? Military Program as a national service project, working in cooperation with the United Services Organization (USO). United Through Reading is a program that enables service members to video record themselves reading books to their children back home and provides a DVD of the recording and a copy of the book to the child.

Go to the following links to learn more and make a chapter or individual donation for as little as \$10

Join Team USO-AHEPA and Make a Donation Read About the Last "I Love You" Feature in The Ahepan Magazine Read the AHEPA News Release



Renown Chef Cat Cora to Receive 2014 DOP Salute to Women Award



"The Daughters of Penelope is proud to announce Chef Cat Cora as its 2014 Salute to Women honoree," Grand President Joanne Saltas said. "Cat Cora is known the world-over for her cuisine, which is influenced by her Greek heritage. In addition, her philanthropic contributions to society are to be applauded and truly exemplify the mission and spirit of the Daughters of Penelope. We are thrilled she accepted to receive the award."

Cat Cora will receive the award at the 2014 Salute to Women Reception held July 25, 2014, at the Sheraton Hotel, New Orleans, LA. The reception begins at 2 p.m.

About Cat Cora

It's no surprise that Cat Cora has become a world renowned chef. Her culinary aspirations began at an early age, and by 15, she had developed a business plan for her own restaurant. In 2005, she made television history on Food Network's "Iron Chef America" as the first and only female Iron Chef, and in November 2006 Bon Appetit Magazine bestowed her with their Teacher of the Year Award, an award she calls, "the greatest recognition she could achieve as a chef." That month, she was also honored with another great culinary distinction when she was named Executive Chef of the magazine. With restaurants at Macy's South Coast Plaza, San Francisco and Houston's airports and another at Walt Disney World, Cat's bringing a taste of her culinary influence to both coasts.

Following advice from her famous mentor Julia Child, Cat left her native Mississippi for New York, where she received the education of her dreams at The Culinary Institute of America. While in New York, she apprenticed with and then worked for Chef Anne Rozenweig at Arcadia and worked at the Beekman Tavern under Chef Larry Forgione of An American Place.

Cat's culinary education continued in Europe completing apprenticeships with two of France's three-star Michelin chefs, George Blanc of Vonnas and Roger Verge. After returning to New York again, Cat honed her skills as a Sous Chef at The Old Chatham Shepherding Company under Chef Melissa Kelly. She soon headed West to plant her roots

in Northern California, where she served as Chef de Cuisine at Napa Valley's Bistro Don Giovanni.

Cat made her TV debut in 1999, as co-host of Food Network's Melting Pot with Rocco Di Spirito. She went on to host My Country My Kitchen: Greece, Date Plate, and was one of the featured hosts on Fine Living's Simplify Your Life. A documentary, Cat's In The Kitchen, was also made about her first James Beard dinner in April, 2002.

Preceding Iron Chef America, Cat co-hosted Kitchen Accomplished on Food Network, where she worked with a design expert and contractor to surprise a homeowner with a 3-day kitchen makeover. In 2006, Cat appeared in NBC's Primetime Miniseries, Celebrity Cooking Showdown, where celebrities were paired with famous chefs and competed in a timed cook-off à la Iron Chef America.

In May 2012, Cora stepped out of her chef's jacket into a new role as co-host alongside Curtis Stone for Bravo's new series, Around the World in 80 Plates. The two hosts traveled with 12 chefs competing in a culinary race across 10 countries in 44 days.

Family Ties

Cat's upbringing in Jackson, Mississippi's intimate Greek community had an incalculable influence on her career. Raised by a family for whom cooking and eating were the center of life, meals at the Cora house often combined spices from the South with fresh cheeses and home-cured olives sent by relatives from the island of Skopelos. Her first cookbook, Cat Cora's Kitchen was inspired by her Greek and Southern heritage and contains many of her family's favorite recipes.

Cooking for a Cause

Outside the kitchen, Cat is known for her philanthropy. She is President and Founder of Chefs for Humanity, an organization that originated in response to the 2004 Tsunami disaster. Modeled after Doctors Without Borders, the notfor-profit gathers the culinary community together to raise funds and provide resources for important emergency, educational and hunger-related causes. Recognizing Cat's altruistic determination in the food world, UNICEF named her a nutritional spokesperson to help raise awareness for humanitarian crises around the world.

In June 2010, Cat joined First Lady Michelle Obama as part of her Chefs Move To Schools campaign in an effort to provide nutritional guidance and education from professional chefs to schools nationwide. Cat is presently working on adopting an elementary school near her home in Santa Barbara, CA.

Cat traveled to Ethiopia in February 2012 with Save the Children to help shed light on the side of the global child hunger crisis that doesn't make headlines. The trip included visits to Save the Children programs in the region that promote solutions to the chronic malnutrition crisis.



ODE TO HELLENISM

"What is Hellenism?" inquiring minds might ask. To fully explain this would be a monumental task. Too complex and covering so many things, it's true. A compact and abridged summary will have to do.

Must one be of Greek decent to be called a Hellene? No, one must understand the Ancient Greek mien. Hellenism is a lifestyle of ethics, not a specific race. A system of "core" values for each of us to embrace.

Knowledge, Democracy, reason, excellence and truth. Grecian humanistic and classical ideals – not for the uncouth. In Western Civilization, Hellenism meant all things Greek. Knowledge, democracy, truth, reason, civic duty at its peak.

Sadly, these cherished ideals have been tossed aside, Many of our youth are ignorant of history and civic pride. A current survey shows they are uneducated in history To them, the concept of Hellenism is too deep a mystery.

From Day One, AHEPA always had education as a goal. Our Greek immigrants understood this special role. They became United Sates Citizens quite proudly. And incorporated the ideals of Hellenism loudly.

It is now time once again not for apathy but action To re-educate and inform this youthful faction The uneducated and unenlightened are the foe Their fallacies and falsehoods continue to grow.

It is time to go back to the Ancient Greek thinking. We must commence with conviction, unshrinking. Let's lovingly get this project into the classroom. Before our civilized society is sentenced to doom.

Ancient Greece was known for erudite rationalism. Unfortunately, today's society is more vulgarism. Let's say "OHI", emulating the Greeks of the past.

We must not stand idly and let this situation last.

Let's develop a program to take to the schools.

We have the manpower and the needed tools.

Let's pass this Hellenistic wisdom to the next generation. Our rich principles are true and deserve veneration.

By P. J. Rishard (nee Poulos)

Fresno Chapter #151 News

by Chris E. Rockas, PSC

I have just returned from a first rate elegant brunch honoring our Past District Governors - the remarkable husband and wife team, Robert and Helen Sexton.

Also honored were: Fresno Past Presidents of Ahepa Chapter #151, Tony Kocolas and George Gianopulos. In addition we honored Leto Chapter #71 Daughters of Penelope Past President Madelyn Jones.

The brunch was held at the elegant Manhattan Restaurant and over eighty (80) brothers and sisters and friends turned out to honor the recipients as well as a special honor presented tgo Bother Bill Booras.

Needless to say, the Fresno Ahepa Chapter has kicked of the year of 2014 in grand fashion! Five Ahepa Past District Governors were in attendance as well as the Ahepa District Lodge under the leadership of District Governor, Tom Chiarchianis.

Several events are planned by Fresno Ahepa Chapter and will be reported in our TRAVELER as they unfold.

Our brothers and sisters were generous as more DVD's of disc #1 on HELLENISM were sold. We ask all brothers and sisters in District #21 to buy our first disc as the money from these sales are going into the costs of producing disc #2. Contact me and we can go from there.

Until the next TRAVELER issue we wish all of you a healthy, prosperous and progressive NEW YEAR!

P.S. "The greatest glory in living lies not in ever falling, but in rising every time we fall." - Nelson Mandella.

See also

PDGs Sexton Tribute Photos on Page 15
Honor & Recognition Program on Page 16

Fresno Leto Chapter #71

by Dr. Eleni Rotous Rockas

Our grandiose "SPENDING TIME WITH CHILDREN is more important than SPENDING MONEY ON CHILDREN"

--Anthony Douglas Williams

WHAT A JOYFUL DAY!!! On Saturday, February 1, at the MANHATTAN RESTAURANT brunch we honored our FANTASTIC immediate Past District Governors—our joyous married couple...Helen and Bob Sexton. Helen led the DAUGHTERS OF PENELOPE through a two year journey; Bob led the AHEPA. We could have not asked for a more incredible journey!! Our chapters are so proud of them!

We also honored our past Chapter Presidents for the DAUGHTERS and the AHEPA who led us for two wonderful years: MADELYN JONES 2012-13; GEORGE GIANOPULOS 2012-13; and TONY KOCOLAS 2010-11. Service pins were presented for members that achieved 25,30,35,40,45,50,60 & 65 years of membership.

To top off the afternoon we were entertained by hearing a marvelous vocal performer, none other than Father Jim's son, *CONSTANTINE PAPPAS* – what a melodious voice he has!!!

We are welcoming three new members, which we recently initiated, to our order: Pat Kourafas, Dena Karaszi, and Angie Taylor. "WELCOME to our new sisters. We are so glad you have joined us."

"SENIOR LIVING AND LIFE STYLES OF THE ELDERLY" This is the topic of a speech given prior to our last meeting by Erica Prathaftakis King. She is Sales Director at the Windham Senior Living Facility in Fresno. We learned much information concerning what is available for those who can no longer live independently.

Elena Stavropoulos Gomez, one of our youngest members, proudly announced the recent birth of Alicia, who, after a few years will be a new member of our Daughters of Penelope.

We are preparing for our **OPERAEVENT** sponsored again this year by the Daughters of Penelope, St. George Church and California Opera Association.

The Life & Times Bob & Helen Sexton District #21 Governors a Pair 2011 - 2013

















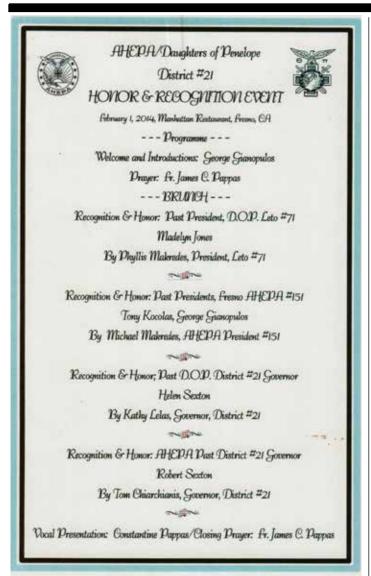










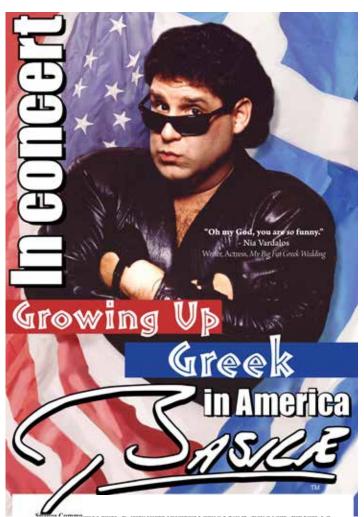


AHEPAcademy Now Taking Applications for the 2014 Session!



High School Juniors: join a select group of Greek-American students from across the country for AHEPAcademy, a leadership & professional development program, June 22-28, 2014 at George Mason University, outside Washington, DC. Early Application Deadline: March 2 / Final Deadline: April 1 Download your application today!

SACRAMENTO AHEPA #153 presents



April 26, 2014

Hellenic Cultural Center 614 Alhambra Blvd. Sacramento CA 95816

No Host Cocktails 5:30PM to 6:30PM Dinner 6:30PM to 8:00PM Basile in Concert 8:00PM

Tickets \$50.00 each or \$400.00 per table of 8 Ages 18 and under \$30.00

For information and reservations call (916) 865-4030

EOS #1 Chapter

SWEETHEAT NIGHT

by Marion Parashis

Once again the Daughters of Penelope EOS#1 was treated to a lavish evening of dessert and candies. Brother Ahepans of the Golden Gate Chapter #150 love to spoil their Sisters by celebrating Valentine's with sweet delights. A luscious strawberry shortcake oozing with whipped cream and decadent chocolate chip cookies was presented. Then, President Elias Tsiknis arrived with heart shaped boxes of chocolates and gave each Sister a Valentine gift of candy. February 5, 2014 was a night of merriment that will not be forgotten by the grateful EOS#1 Sisters. A special thank you to all of our Ahepan Brothers!



G. Callas, Tsiknis, A. Argyes



Pres. Elias Tsiknis, Mr. Sweetheart



A. Chiappari, Pres. Tsiknis, Pres. Makras, Sec. P. Wasley





Page 20

EOS #1 Chapter

MEET & GREET

by Marion Parashis

The Daughters of Penelope EOS#1 and the Ahepan Brothers Golden Gate Chapter #150 met with the District Governors Sister Kathy Leles and Brother Tom Chiarchianis and their respective Lodge at Holy Trinity's Community Center on February 8, 2014. This unique San Francisco visit was outstanding, because ideas were exchanged in a wonderful, informal setting. Most importantly, Sister Kathy and Brother Tom were organized with a meaningful agenda of ideas and concerns involving the Chapters and the District. The bonding of the Sisters and Brothers was felt through the jovial camaraderie among all present. A delicious lunch was enjoyed because of the catering skills of our very own Sister Yvonne Stamatakis and her hubby John. Sister Eva Skoufis baked her famous Karidopeta for dessert. The gorgeous decorations were provided by our artistic Sister, Christie Tsiplakos, and her assistant, Sister Diane Antonis. This type of union can be both inspiring and encouraging in the continuation of the Ahepan Family. As our Grand President and Sister Joanne Saltas has stated, "We will prevail!"



A. Argyres and Pres. E. Makaras



DG Leles, D. Treasurer Rishard with Eos Members



E. Tsikinis, DG's Leles & Chiarchanis, G. Zioulas, B. Booras



Chefs Sister Yvonne and John Stamatakis



D. Leos, G. Gianopulos, P. Kireopoulos, V. Kyriakis, J. Johns



S. Kyriakis, Pres. Makras, D. Antonis, S. Goultas



M. Stathopoulos, J. Johns, B. Booras, E. Tsiknis

A. Stathopoulos, C. Johns, s. Goultas



Paying attention to the speaker

District Officers in Chow Line



Presidents Makras & Tsiknis & S. Miller

District Lt. Gov Anton addressing the group.

San Jose Daphne Chapter #29

by Laurie Sahines, PDG, Corresponding Secretary

It has been a while since you have heard news from Daphne Chapter of the Daughters of Penelope.

September began with our new slate of officers: President – Cathy Photopoulos; Vice President – Elizabeth Fkiaras; Recording Secretary – Linda Belba; Corresponding Secretary – Laurie Sahines; Treasurer – Andrea (Photopoulos) Papa. As you can see we have some wonderful new Sisters who have stepped up to the plate and we welcome them with open arms. We are still ironing out some issues but have patience, Perfection takes patience!!!!

We have initiated and reinstated a number of sisters, participated in the Ahepa Family Christmas Party, hosted our first annual Wine Tasting and hat parade, had our annual Ornament Exchange at the home of Christine Sarantinos home where we raised \$200.00 for the St. Nicholas Goya Angle Tree project, Along with the Ahepa hosted the District #21 Conference and have had a ladies night out, dinner and a movie. We also joined the Ahepa in contributing to the Feed the Children Program in Greece.

Upcoming events include another dinner and movie on March 7th dinner at Plutos and the movie will be The Monuments Men; March 12th the Ahepa Family hosts the food for the Pre-Sanctified. On a bigger note, there will be a Cioppino Dinner night on Saturday, March 22, 2014 hosted by the Ahepa and the Daughters. For tickets please contact Bill Christie at: billchristie1@mac.com or Cathy Photopoulos at:Kaitoulamou@aol.com. April 25th will bring our Sisterhood Conference to be hosted by the Artemis Chapter of the Daughters in Sacramento.



Pictured above are the sisters of our chapter enjoying dinner at Pluto's at Santana Row. Afterwards they went to see "Saving Mr. Banks." Food was great, company was wonderful and the movie was just as good.

Daphne would like to take this opportunity to say thank you to two very important Sisters of our Chapter. For years they have held offices and chaired many events and we could not have survived without them. Sister Trisevgeni (Janie) Swenor and Sister Dora Koumoutsakis have been invaluable to our Chapter and as a small token of our appreciation we have donated \$50.00 to the District Scholarship in their name. We feel very blessed to have you both in our Chapter.

The "Meet and Greet" visitation with the District Lodges was hosted in January together with the San Mateo Ahepa Family. Wonderful food was served and had forums identifying organization issues and ideas of how to bring more members. Below and on the next page are photos from the meet and greet visitation event.







"Meet & Greet" in San Jose

Above: DG Katy Leles, Christine Longinidis Antonia Kominanos.

Top right: Bill Christie Alex Bazos

Middle: Marina Moustakas, Mina Masters Mary Baras.

Bottom: Janie Swenor, Andrea Papa, Cathy Photopoulos, DG Kathy Leles, Elizabeth Fkiaras





CIOPPINO DINNER NIGHT



SALAD, PASTA,
SHELL FISH IN A DELICIOUS BROTH
DESSERT

SATURDAY, MARCH 22, 2014

ST. NICHOLAS COMMUNITY CENTER 6:30pm No Host Cocktails 7:30pm Dinner

Adults \$35 Children under 12 \$20

Reservations and Tickets available by:

Email: billchristie1@mac.com

Mail: Return lower portion with check payable to AHEPA

Sponsored by San Jose AHEPA Family

Net proceeds benefit St. Nicholas Building Fund and AHEPA Family Charities

RESERVATION FORM		
Name		
Phone		
	ckets @ \$35	
Number of Child ti	ckets @ \$20	
Total Amount Encl	osed	
I/we would like to I	e seated with	

MAIL TO: Bill Christie - 3327 Lake Albano Circle - San Jose, CA 95135

Tickets will be held at the door. Please send in reservation by Tuesday, March 18

6D · SUNDAY, JANUARY 5, 2014

OBITUARIES

Colonel Alexander Lemberes



Jan. 27, 1923 Jan. 1, 2014

On January 1, 2014, Colonel Alexander Lemberes, West Point

Graduate and Commander of the Special Forces in Vietnam, went to join his band of brothers in eternal rest.

Prior to his successful military career, Alex was born and raised in Sparks, Nevada growing up with strong ties to the Greek community. He spent over 30 years in the U.S. Army taking him to every corner of the globe. Prior to his admission to West Point, Alex was a student at the University of Nevada, Reno. He graduated from West Point Military Academy in 1947. He earned his Masters of Business Administration from Stanford University, and is a graduate of the Army's Command and General Staff College. He graduated first in his class from the National War College. He commanded the Special Forces in Vietnam until injured in a parachute

landing. He saw duty with the Office of the Secretary of Defense, working closely with the President of the U.S. on the Cuban Missile Crisis, and organized and managed the Secretariat for the National Security Council during the Cuban Crisis. Military awards include the Legion of Merit, WWII Victory Medal, Republic of Vietnam Campaign Medal, and the Vietnam Cross of Gallantry. He was especially proud of his final appointment as Professor of Military Science at UNR. His return to UNR was an honorable end to his military career but just the beginning of a second career as a successful businessman and active member of the Reno Rotary Club.

Aside from Alex's many accomplishments, he was a loyal friend and dedicated family man. He enjoyed spending time with his sister, children and grandchildren, playing jokes on his friends, and tending to his garden where he referred to himself as "the garlic king".

Alex found his true love later in life, a Nevada Native, Mary Morrison and didn't waste any time marrying his sweetheart in 1996. They enjoyed taking trips, hosting parties, and spending their golden years always together with their combined families.

Alex will be remembered by his friends and those who knew him best as a friend, mentor, storyteller, motivator but most of all, he was a mans man, a serviceman, and a ladies man.

Alex is survived by his loving wife, Mary, his daughters Dula (Goss) Talbott, Katie Lemberes, Mary's daughters, Gerre Young and Gwen Smithson, and many grandchildren, nieces, nephews and many friends around the world. The family will be having a private service and has requested donations to the Wounded Warrior Project (www.woundedwarriorproject.org) in lieu of flowers.

Online condolences may be expressed in the Book of Memories at www.waltonsfuneralhomes.com.





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