

# Ahepa Traveler



CHAPTERS THROUGHOUT NORTHERN CALIFORNIA AND WESTERN NEVADA

Volume 69, No. 2

OFFICIAL PUBLICATION OF DISTRICT 21

Summer/June 2019

## SUPREME CONVENTION

JULY 1 - 6, 2019

Palmer House Hilton Hotel  
Chicago, Illinois

For details go to: [www.ahepa.org](http://www.ahepa.org)

## DISTRICT 21 CONVENTION

JUNE 14-15, 2019

Hilton Hotel  
Stockton, California

For details go to: [www.ahepa21.org](http://www.ahepa21.org)

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**Have a Happy Summer!**

"AHEPA TRAVELER is published quarterly, four times a year March, June, September and December by Order of AHEPA, 3327 Lake Albano Circle, San Jose, CA 95135."

AHEPA TRAVELER is the official publication of Golden Gate District 21 Order of AHEPA (American-Hellenic-Educational-Progressive-Association). It is published and distributed to members and friends. There are thirty Ahepa, Daughters, Sons and Maids Chapters in Northern California and Western Nevada.

Article III – This Order shall be non-partisan in politics and non sectarian in religion. All partisan political and all sectarian religious discussions are prohibited in any official deliberations thereof.

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SEPTEMBER 1, 2019

Have Ritual Manual . . .  
Will Travel



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Installations  
Initiations

#### Seminars:

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## AHEPA DISTRICT LODGE 2018-2019

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## *AHEPA District 21 Governor's Message*



Sisters, Brothers:

This is my last message as the District Governor. Time goes fast... but it has been two very exciting years.

I am honored to have served the District as your Governor. I am thankful for the support and encouragement I received from the chapters and their members. I enjoyed the visitations and meeting with many of you in person as well as the wonderful hospitality of all chapters. I had a chance to communicate the status of the projects and the events planned by the District, as well as listen to ideas and concerns from our members.

I am delighted that the last two years we strengthened the Sons of Pericles and Maids of Athena representation of the District, by reinstating the San Jose chapters and revived the SOP basketball team. Our SOP team from the Fresno and Stockton chapters competed at the Greeks in L.A. and Greeks in Atlanta basketball tournaments. I hope that more SOP and MOA chapters will be started in the District in the coming years. These young men and women are the future of our organization and we should give them all our support.

We continued the charitable projects the past District Governors started and we added new ones. We are now in the final Phase III of our St. Nicholas Ranch Dormitory Renovation project and we are very close to completing it. I hope this will happen before the end of the year. Thanks to your generous donations and the time and determination of the project managers we have raised over \$145,000. In addition to the Renovation project, the District is also participating in the Dogs for Warriors National project. This program is raising funds to purchase service dogs for wounded veterans suffering from Post-Traumatic Stress Disorder. I am pleased to announce that we are sponsoring a dog and we have raised about \$11,000 so far, out of the \$15,000 needed. The name of the dog will be "Bear", named after a young Fresno veteran who unfortunately did not survive PTSD.

Our District scholarship program is strong and continues supporting qualified young men and women. This year the scholarship committee awarded \$13,000 to four exceptional applicants.

Finally, to my Brother Lodge members for the last two years, Alex Mallas, Mark Hallock, Chris Frangos, George Buck, Spiros Kalogeropoulos, Alex Mazare, Vasili Karapanos, Stamus Cocolos, Steve Miller PDG, Bill Anton PDG and Tom Chiarchianis PDG, thank you for a job well done!

I would also like to thank the Daughters District Lodge and in particular District Governor Foula Vasilogiorgis for their support and energy in planning the visitations and conventions.

Last but not least, I would like to thank my lovely wife Rachel for putting up with my frequent trips the last two years. Her support and encouragement made my job as the District Governor easier and worthwhile.

Have a wonderful summer and see you all at the convention!

***George Zioulas***

District #21 Governor

## *Daughters of Penelope District Governor's Message*



Dear Sisters,

As I write my last Traveler article it's hard to believe that two years have gone by so quickly. It's been an awesome year for me with conventions, conferences, visitations and chapter events. I wish to thank all of you who showed me and my lodge your wonderful hospitality, warmth and love during this time.

I am proud of our District 21 chapters for working so hard to raise money for our organization and supporting various causes within your chapters. I appreciate the Chapters' efforts in growing your membership, collecting unpaid dues, holding fundraisers and improving communications.

St. Nicholas Ranch Dorm Renovation Project – As an AHEPA family we raised \$100,000 and have completed Phase I and Phase II of the dorm renovation. We need \$80,000 to complete Phase III which is the third dorm section and then the conference room. To date we have raised \$47,618. We need an additional \$32,382 to fully complete our project. At the convention we will have a raffle and with your help we will achieve our goal.

District 21 Convention – I hope you will all make a special effort to attend the District 21 Convention and take an active part in the deliberations and decisions. Delegates and participation are the keys to the success of any convention. Our Convention in Stockton is just two weeks away. I hope you have registered your delegates and made your reservations. Tom Chiarchianis and Kathy Lelas our co-chairman having been working very hard to make this a very successful convention.

I would like to extend my gratitude to AHEPA District 21 Governor George Zioulas. It has been a pleasure and honor serving together with you and the AHEPA District Lodge; and we appreciate the kindness and support of the AHEPA Chapter members throughout the District.

I truly enjoyed serving as your District Governor these past two years. My love and gratitude to our Lodge officers – Linda Belba, Barbara Takanikos, Laurie Sahines, Sylvia Maritsas, Beverly Kennedy and Kathy Lelas and the sisters in District 21 for all your encouragement, guidance, support and strong efforts to achieve growth and improvement.

I wish you all a wonderful summer and whatever you do, enjoy the time with your family and friends. I look forward to seeing you at the District Convention in Stockton and the Supreme Convention in Chicago. Love in Theta Pi,

**Foula Vasilogiorgis**

District 21 Governor



## Join us for the 97th Annual AHEPA Supreme Convention July 1 - 6, 2019 in Chicago, Illinois!

**Palmer House Hilton Hotel** - 17 East Monroe Street, Chicago, IL 60603  
Room Rate: **\$159 plus tax per night**

Call **312-726-7500** or visit

<https://book.passkey.com/event/49757609/owner/1455/home> to book your room

Featuring:

### Monday, July 1

AHEPA Office Opens  
AHEPA Supreme Lodge Meeting **1PM**  
AHEPA Board of Trustees Meeting **1PM**  
AHEPA Welcome Night Event **8PM**

### Tuesday, July 2

AHEPA & Guest Registration **9AM**  
Official AHEPA Supreme Convention Opening **9AM**  
AHEPA General Session Begins **10AM**  
DOP Registration **10AM**  
DOP General Session **10AM**  
Greek Night Event **8PM**

### Wednesday, July 3

AHEPA Family & Guest Registration **9AM**  
AHEPA General Session **9AM**  
DOP General Session **9AM**  
AHEPA Family Athletic Luncheon **12PM**  
AHEPA Service Dog for Warriors Presentation **1PM**  
DOP Foundation, Inc. Symposium **3PM**  
AHEPA International Koulouraki Contest **5PM**  
AHEPA Night at the Hellenic Museum **8PM**

### Thursday, July 4th

AHEPA General Session **12PM**  
DOP General Session **12PM**  
AHEPA Family Awards Breakfast **9AM**  
Hellenic Cultural Commission Presentation **4PM**  
AHEPA Fourth of July Event **7PM**

### Friday, July 5th

AHEPA General Session **12PM**  
(Nominations & Elections)  
DOP General Session (Voting) **8AM**  
AHEPA Hellenic History Tournament Championship **10AM**  
AHEPA Family Grand Banquet **7PM**  
AHEPA Family Grand Ball **10PM**

### Saturday, July 6th

SOP & MOA Celebrate the Youth Awards **9AM**  
AHEPA Family Officers Installations **11AM**  
Basketball Championships **10AM**  
DOP Grand Lodge Meeting **1PM**  
AHEPA Supreme Lodge Meeting **1PM**  
AHEPA Board of Trustees Meeting **1PM**  
SOP & MOA International Reunion **6PM**



## **AHEPA Service Dogs for wounded Warriors suffering from PTSD**

AHEPA continues to raise awareness about the consequences of PTSD and the extraordinary efforts to improve the quality of life of veterans made possible through service dogs.

For more information please visit [www.ahepa-servicedogs.org](http://www.ahepa-servicedogs.org).

To donate send checks (made to "AHEPA District 21"  
memo: For Dogs for Warriors) to:

AHEPA District 21  
P.O.Box 18703  
San Jose, CA 95158

You can also donate online by visiting the  
District 21 website: [www.ahepa21.org](http://www.ahepa21.org)

Please include return address for receipt.



# AHEPA Family District 21 Project

## AHEPA & DOP Chapters



# ST. NICHOLAS RANCH BOYS DORM RENOVATION PROJECT

Total project cost \$ 180,000

Completed Phases I & II - consisting of two dorm rooms - at cost of \$100,000

Remaining goal of \$ 80,000 to complete third dorm section (\$50K) and conference room (\$30K)

Your generous contributions will help us reach our Phase III and Phase IV goals.

\$ 180,000  
Total Goal

\$ 100,000  
Achieved



Project entails new plumbing & fixtures, electrical, flooring, doors, windows and paint.

Individual, corporate or group donations welcomed and appreciated.

Please make checks payable to Greek Orthodox Metropolis of San Francisco - indicate AHEPA Dorm Project in memo

Hand checks to Chapter President ... or mail to Greek Orthodox Metropolis of San Francisco, 245 Valencia Street, San Francisco, CA 94103

# THANK YOU FOR YOUR SUPPORT !

# DAUGHTERS OF PENELOPE

## GOLDEN GATE DISTRICT 21 - 2019 SCHOLARSHIP AWARDS



### **Alexia Niki Moustakas**

**Sponsor: Daphne #29 San Jose**

**Undergraduate Award \$2,000 Past District Governors**

Alexia's impressive accomplishments make her an ideal candidate for the Daughters of Penelope scholarship as she prepares to select from among the many prestigious colleges to which she has been accepted. She has earned a 4.33 GPA in high school and taken Advanced Placement courses in a variety of subject areas, a noteworthy academic achievement. Alexia is also the founder and president of the Greek Cultural Club at her school and, in addition, somehow found time for competitive swimming and for coaching younger children in the sport. Church activities also play a large role in Alexia's busy schedule. She has danced with the Axios dance group for over a decade and is also an assistant Greek school teacher. Alexia is an excellent example of the sort of student the Daughters of Penelope seek to support.



### **Bassel Ramzy Khoury**

**Sponsor: Leto #71 Fresno**

**District 21 Undergraduate Scholarship \$2,000**

Bassel will be attending Clovis Community College to study Kinesiology or Chemistry with the aim of then transferring to San Diego State University. Bassel has an impressive 3.8 GPA and has taken Honors or Advanced Placement courses every year of high school. Even more impressive are the letters of recommendation from both Bassel's church director and school guidance counselor. Both writers praise Bassel's maturity and compassion as well as his commitment to whatever he participates in, whether it is school work, volunteering as an alter boy, or Greek folk dancing. Bassel embodies the kind of student the Daughters of Penelope strive to reward with scholarships that will support them in their journeys.



### **Emily Zita Kanellos**

**Sponsor: Elis #89 Reno**

**District 21 Undergraduate Scholarship \$2,000**

Emily will be attending Cornell University next year to study Nutritional Sciences. Emily has an outstanding 4.63 GPA and has participated in the prestigious International Baccalaureate program at her high school. She has managed to maintain her straight-A average while also playing on her school's volleyball team for four years, serving on student council and running the yearbook as Editor-in-Chief. In addition, she is also the founder and leading member of the Be a Hero club at her high school. Emily is proud of her Greek heritage and its culture and hopes one day to study in Greece and perhaps study the Mediterranean Diet and its benefits. Emily is an accomplished addition to the recipients of the Daughters of Penelope scholarship.

# DAUGHTERS OF PENELOPE

## GOLDEN GATE DISTRICT 21 - 2019 SCHOLARSHIP AWARDS CONT'D



### **Dennis Nicholas Fiorentinos**

**Sponsor: Urania #290 San Mateo**

**Angela Mouroufas Memorial Scholarship Undergraduate \$2,000**

Dennis is currently attending Cal Poly University at San Luis Obispo and studying Business Administration. Dennis is doing well academically at Cal Poly, maintaining an impressive 3.8 GPA. Dennis' letter of recommendation from his accounting professor testifies to Dennis' diligence and intelligence. Dennis also received a letter of recommendation from his fraternity's archon, who praised Dennis for always volunteering to help anyone in need and for being exceptionally gifted at making others feel comfortable. Dennis has proved that he can be successful at college, making him an excellent choice for the Daughters of Penelope scholarship.



### **Isabella Rose Trujillo**

**Sponsor: Urania #290 San Mateo**

**District 21 Undergraduate Scholarship \$1,000**

Isabella is studying Psychology at Skyline College and plans to transfer to UC Irvine next year to earn her degree in Psychology. Isabella has managed to maintain a commendable 3.2 GPA while being a full-time student and holding down a full-time job. Isabelle received letters of recommendation from her employer and one of her professors, which attest to her ability to be successful at both school and work. Her professor praises her self-discipline and her ability to follow through on her commitments. Her employer also mentions these qualities but points out that it is ultimately Isabella's kindness and generosity that really make her stand out as an employee. Isabella's ambition and efforts to move forward and eventually receive her college degree make her a worthy candidate of the Daughters of Penelope scholarship.



### **Melanie Elizabeth Krahn**

**Sponsor: Phaedra #64 Modesto**

**District 21 Undergraduate Scholarship \$1,000**

Melanie has been accepted to UCLA next year and plans to double major in Biology and Spanish. She has an excellent 4.22 GPA and has taken a number of Advanced Placement classes, earning her the distinction of AP Scholar. In addition to her academic achievements, Melanie has also been instrumental in establishing and growing the Future Farmers of America (FAA) program at her school and has earned the American FFA Degree, the highest degree that can be awarded by the FFA. In addition, Melanie has also spent summers volunteering at Adventist Health Medical, learning to take care of people with medical needs. Melanie is inspired by her family's journey from Greece to the United States and looks forward to finding a Greek church and connecting with the community there when she moves away to college. Melanie's many accomplishments in so many areas make her an inspiring example of a recipient of the Daughters of Penelope scholarship.

# ORDER OF AHEPA

## GOLDEN GATE DISTRICT 21 - 2019 SCHOLARSHIP AWARDS



**STELIOS PAPAPOULOS** is a full time graduate student at Baylor College of Medicine in Houston, Texas with a major in Neuroscience and goal of a Ph.D. While the college does not calculate GPAs Stelios' official transcripts note all courses completed with an A or P. Several honors are listed in his application including National Scholarships from AHEPA and Pan Hellenic, Stamas, and others. School activities include Golden Key Honor Society, AT Football Club, Sigma Mu Delta Premed Fraternity Alumni. Church and Civic activities listed are Greek dance, and food festival volunteer. Stelios' personal essay is impressive too outlining his journey into brain research as a career focus. Both reference letters are strongly supportive of him and mention two peer reviewed, coauthored publications in his field. *Ahepa District 21 Graduate Scholarship Award \$4,000.*



**KRISTINA GAVRILIS** attends Oakdale High School and has career goal of a Bachelor's degree in music from Cal State University at Stanislaus. Her GPA is 3.22. Her application includes an impressive resume which mentions interest in music education, and Sign Language as a minor. Her activities include 25 listings, some of which are Greek Choir member, GOYA member, drama club, and many others. Kristina's personal essay is exceptionally well written, one of the strongest I have read for a person in high school or college. Her two reference letters are also strong. One from her Oakdale High School Music/Drama teacher mentions her mature drama-acting abilities, strong singing, and dance abilities, while her Parish Priest mentions her motivation and proud cultural roots. *Ahepa District 21 Undergraduate Scholarship Award \$3,000.*



**ANASTASIA TSAPOUKIS** attends Nortgate High School in Concord, CA with an ambitious goal of a Doctoral Degree in Kinesiology. Her personal essay mentions interest in working with professional sports teams as a physical therapist so as to "make a difference in someone's life". She has a solid foundation, being an Honor Role student, having a Coaches Award in soccer, and others. Her school activities include sports medicine, softball, freshman mentor, and her church and community activities include GOYA, Greek dance, meal ministry to mention just a few. Anastasia's SAT score of 970 and ACT score of 15 compliments her total GPA of 3.57 all of which are impressive. Both reference letters are strong, although one is not on school letterhead and is unsigned. *Ahepa District 21 Undergraduate Scholarship Award \$3,000.*

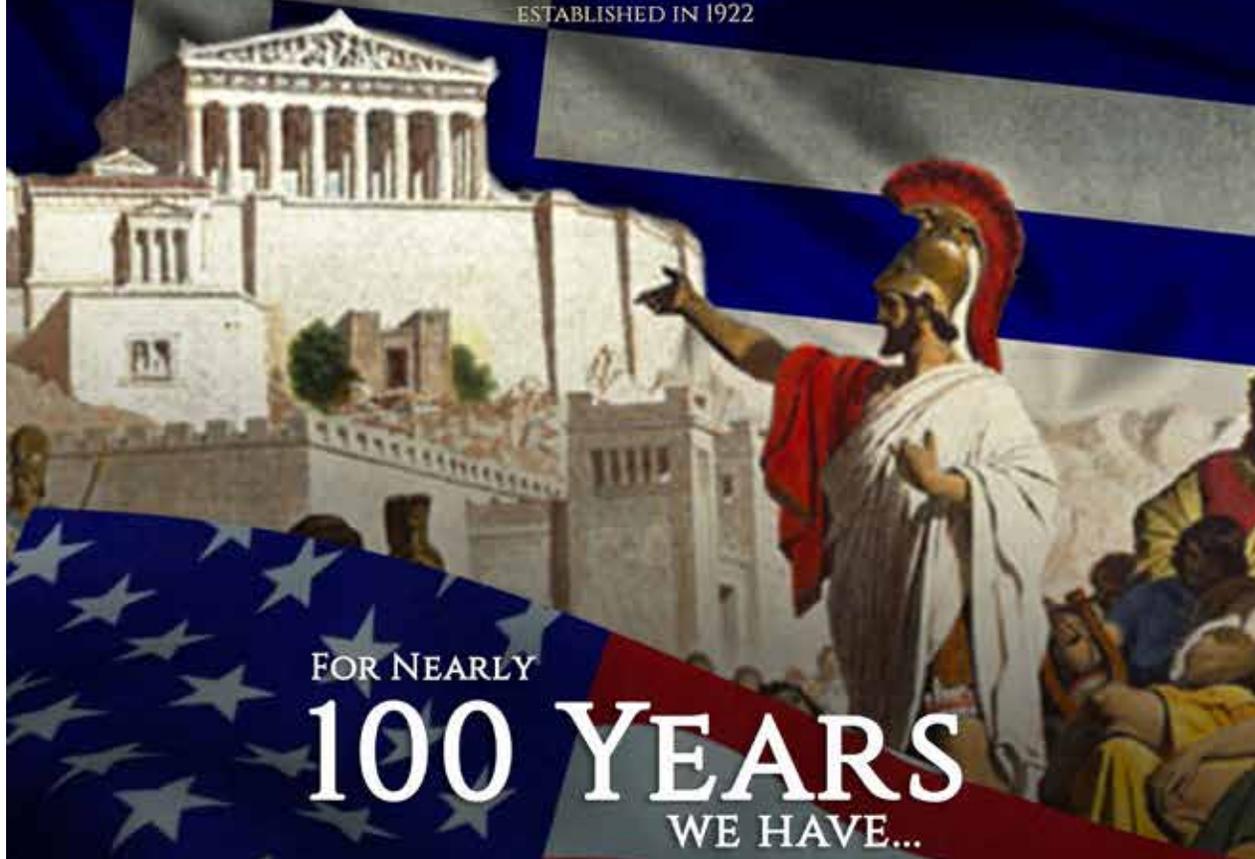


**SOPHIA SHAW** is a student at Ripon High School with a 3.0 total GPA. Her goal is a master's degree in nursing at Stanislaus State University in Turlock, CA. Sophia lists being on the honor roll, citizenship award, school letter, etc. Her school activities include Block R, Pride Tribe, girls' league, pre-med club, and soccer. Church and Civic activities listed are highly diverse including dance and GOYA group member, support for food festivals, youth group president, Bible School volunteer, and others. Sophia's personal essay is written clearly and with passion. Her application includes official transcripts, and two impressive references, one from her Parish Priest, and one from her high school science department chair who mentions Sophia as an "all around stellar individual". *Ahepa District 21 Undergraduate Scholarship Award \$3,000.*

# JOIN THE ORDER OF AHEPA

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INITIATED OVER **500,000** MEMBERS

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## EOS Chapter #1

### EOS CHAPTER NO. 1 WELCOMES THE “NEXT GENERATION”

EOS Chapter No. 1 – the Mother Lodge – welcomed the “Next Generation” of Daughters of Penelope on May 8, 2019.

Eight women, six of them friends from childhood and daughters and daughters-in-law of EOS No. 1 members, were initiated into the Chapter in a ritual laden rite, prescribed since the Daughters founding in 1929. President Eva Skoufis, who led the Chapter’s outreach efforts to recruit new members to EOS No. 1, administered the Oath to the Neophytes and the Sisters shared the Daughters’ sign and password.



The new Sisters are Angie Vrakas, friend of Christi Tsiplakos; Georgia Vardakastanis, friend of Vaso Moulas; Andrea Skoufis, daughter-in-law of Eva Skoufis; Anastasia McGlenon, daughter of Diane Antonis; Stephanie Drolapas, daughter-in-law of Anthula Drolapas; Gina Agelopoulos, daughter-in-law of Viki Agelopoulos (deceased) and niece of Eva Skoufis; Sophia Marinos-Janke and Tina Picone, daughters of Kathy Marinos.

Sister Mary Chicos, keeper of the institutional memory of the Daughters for EOS No.1, shared information about Alexandra Apostolides, Founder of the Daughters of Penelope, as well as the organization’s structure and hierarchy.

In her introductory words, President Eva Skoufis recognized that the new Sisters are the “Next Generation” and will ensure the continuity of EOS Chapter No. 1 well into the future!

# Oakland Chapter #171

## AHEPA Day News From Oakland 171

Oakland Chapter 171 celebrated AHEPA Day with the Ascension Cathedral community with an Artoklasia for their departed brothers. At the conclusion of the Artoklasia, PSP Andy Banis presented Father Tom Zaferes with a \$5,000 check from the Chapter in support of the parish's capital campaign. At the conclusion of Liturgy, the AHEPANs and the Daughters of Penelope hosted a luncheon for the community in celebration of their respective Chapter's 90th and 85th anniversaries.



## San Jose Chapter #251

Seven years ago Brother Michael Frangadakis, Founder/President Emeritus, Veterans Memorial & Support Foundation of Los Gatos and Past Chapter President had a vision that has become a reality. On June 15, 2019 the celebration of the unveiling of The Flame of Liberty Memorial Commemorating Those Who Serve. Honoring active Service Members and Veterans who have served in the United States Military, protect America's Freedom and support our country in times of natural disasters; Honoring First Responders who defend America's homeland safety and security; and honoring two local 9/11 Heroes whose distinguished acts prevented America's Capitol from harm when it was necessary for our government to take action in response to the deadliest terrorist attack in human history. For some, their heroic contributions were their last act of devotion.

**VETERANS  
MEMORIAL & SUPPORT  
FOUNDATION**

# DEDICATION CEREMONY

## THE FLAME OF LIBERTY MEMORIAL

HONORING THOSE WHO SERVE  
MILITARY SERVICE MEMBERS  
FIRST RESPONDERS & 9/11 HEROES

**Saturday, June 15, 2019**  
**10:30 am - 3:30 pm**

**LOS GATOS CIVIC CENTER LAWN**  
**110 EAST MAIN ST, LOS GATOS, CA 95030**

10:30 am - Military Concert Band  
11:00 am - Memorial Unveiling

- Honored Keynote Speaker: LT Gen. H. R. McMaster, US Army (Ret.) 26th National Security Advisor to the US
- Memorial Artist, Frank Kocian Morris
- Special Tributes by Guest Dignitaries, the USMC Color Guard, and Military Vehicle Display

Celebratory BBQ served by  
the Los Gatos Lions Club and Los Gatos Meats

To RSVP, contribute a paver or donate,  
visit: [www.honorAvet.org](http://www.honorAvet.org)

## San Jose Chapter #251

### *Ahepa Family celebrates Greek Independence Day with Flag Raising in San Jose*

*(Reprinted from the National Herald}*

On March 25, the American Hellenic Educational Progressive Association (AHEPA) and the Daughters of Penelope (DOP) celebrated the 198th Anniversary of Greek Independence at the 12th Annual Greek Flag Raising Ceremony at San Jose City Hall Plaza. Councilmember Johnny Khamis hosted the ceremony with special guests Dr. George Zioulas, AHEPA District 21 Governor, and Linda Belba, DOP District 21 Lt. Governor.



Councilmember Khamis presented a proclamation signed by Mayor Sam Liccardo and the full council honoring Greek Independence Day. Immediately after the ceremony, a celebratory reception sponsored by AHEPA and Daughters of Penelope was held at the San Jose City Hall Rotunda featuring Greek food specialties.

Other local Greek-Americans attending included Dr. Spiros Kalogeropoulos, President of the AHEPA Silicon Valley Chapter and Joanna Dunn, Vice President of the Daughters of Penelope Daphne Chapter #29.

“This event is a way for us to celebrate freedom and pay homage to those who sacrificed for Greece’s democracy with the San Jose community,” said Dr. Zioulas.

“We would like to thank Councilmember Khamis for acknowledging the contributions of Greek-Americans that have enriched and strengthened the fabric of Silicon Valley,” stated Ms. Belba.

Greek Orthodox Reverend Fathers Demosthenes

Paraskevaides and Nebojsa Pantic as well as a large contingent of parishioners from St. Nicholas Greek Orthodox Church in San Jose attended the ceremony. In addition, a group of St. Nicholas dancers performed some traditional Greek folk dances.



AHEPA is the world’s largest Greek-American association with over 500 chapters across the globe. AHEPA is dedicated to creating awareness of the principles of Hellenism to society. These principles include a commitment to humanity, freedom and democracy.

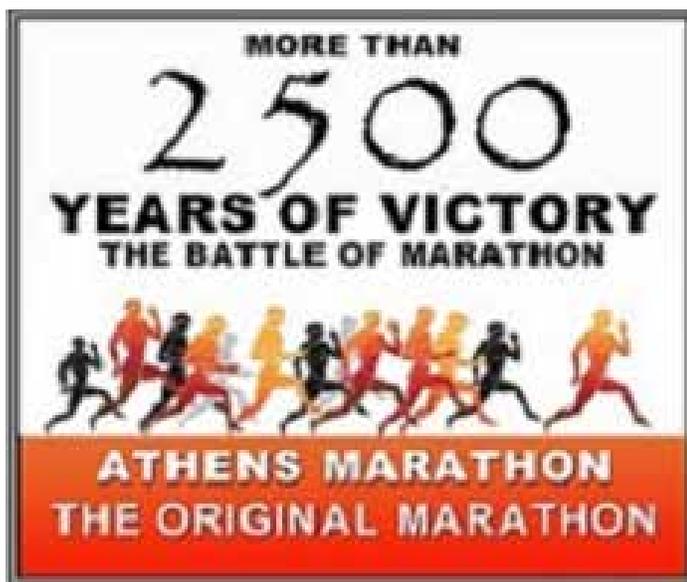
More information about the AHEPA family is available online: [ahepa.org](http://ahepa.org).

The mission of the Daughters of Penelope is to promote the ancient Greek ideals of Education, Philanthropy, Civic Responsibility, and Family and Individual Excellence through community service and volunteerism. It is an affiliate organization of AHEPA. More information is available online: [daughtersofpenelope.org](http://daughtersofpenelope.org).



San Jose City Councilmember Johnny Khamis, Dr. George Zioulas, AHEPA District 21 Governor, and Reverend Father Demosthenes Paraskevaides of St. Nicholas Greek Orthodox Church in San Jose.

*Photos by Sharat Lin of the San Jose Peace & Justice Center*



2,500 Years of Heroic Running...The modern Athens Marathon commemorates the run of the soldier Pheidippides from a battlefield at the site of the town of Marathon, Greece, to Athens in 490 B.C., bringing news of a Greek victory over the Persians. Legend has it that Pheidippides delivered the momentous message "Niki!" ("victory"), then collapsed and died, thereby setting a precedent for dramatic conclusions to the marathon.

When the modern Olympic games were inaugurated in 1896 in Greece, the legend of Pheidippides was revived by a 24.85 mile (40,000 meters) run from Marathon Bridge to Olympic stadium in Athens. Traditionally the final event in the Olympics, the first organized marathon on April 10, 1896 was especially important to all Greeks. Greece was hosting those first modern Olympic Games. The Greeks had yet to win a medal, and had one final chance to bring glory to their nation. Twenty-five runners assembled on Marathon Bridge. The starter mumbled a few words and fired the gun, and the race was on. "The excitement of the crowd waiting at the finish line at the newly constructed replica of Athens' ancient stadium was beyond description" writes the Greek historian Quercetani. Spiridon Louis, a Greek postal worker from the village of Marusi and veteran of several long military marches, crossed the finish line a full seven minutes ahead of the pack. His time was 2 hours, 58 minutes, 50 seconds for the 40 kilometer distance. When it was all over nine runners finished, 8 of them Greeks. The host nation was ecstatic, and the marathon was born.

## Journey to Greece



### The Thirteenth Annual Journey to Greece 2019 Summer Program June 23 – July 20, 2019

#### AHEPA JTG Program Activities:

- U.S. Embassy visit
- Welcome Reception
- AHEPA Local Chapter Events
- Acropolis Visit
- Acropolis Museum Visit
- Benaki Museum Visit
- Archaeological Museum Visit
- Visit to the Ministry of Foreign Affairs
- Visit to the Greek Parliament
- Farewell Reception

#### AHEPA JTG Excursions 2019:

- 2 Day Land Excursion to Ancient Corinth, Ancient Acro-Corinth, Ancient Olympia, and Ancient Delphi.
- One day 3 islands cruise
- 3 Day Excursion to the beautiful Aegean island of Naxos
- Cape Sounion

Registration: Applications for the Journey to Greece program can be found on the AHEPA webpage: [www.AHEPA.org](http://www.AHEPA.org)

Deadline for application is April 20, 2019. Applications received after that date will be considered on a space available basis.



## AHEPA VETERANS REGISTRATION

*AHEPA Medal for Military Service is awarded to all veterans in Honor of their service to the United States.*

“The Mission of the Order of AHEPA Veterans Committee is to archive and recognize all veterans of the Order and Hellenic community through sound communication and publication. Furthermore, to conduct fund raising and philanthropic outreach through a cohesive, limited, yet well defined activity that reflects well on the Order of AHEPA and brings credit to the organization at large.”

The AHEPA Medal for Military Service, approved by the 106th Congress, was presented to all AHEPA veterans present at the 34th Biennial Congressional Banquet, March 29, 2000. The Supreme Lodge then encouraged its districts and chapters to present this medal to its deserving veterans unable to attend this banquet. It is this committee’s intent to register AHEPA Veterans and have the AHEPA Medal presented at appropriate events at the District and Chapter levels. Funds collected through this effort cover medal production and other administrative costs to include shipping. Remaining proceeds will be donated to the Wounded Warrior Program annually.

Eligibility requirement for AHEPA Medal for Military Service includes Honorable Service and Discharge. Service includes Active Duty, National Guard, or Reserve status of the United States Armed Forces. REGISTER ONLINE AT WWW.AHEPA.ORG. File a copy with your chapter Secretary after registration is complete. Medals are normally shipped in the fall and in time for Veteran’s Day celebrations in November.

***Registration form on next page***



### ***AHEPA Supports Military Family***

#### ***Reading Program Through The USO!***

*AHEPA National President Dr. John Grossomanides announced the organization's support of military families by selecting the United Through Reading? Military Program as a national service project, working in cooperation with the United Services Organization (USO). United Through Reading is a program that enables service members to video record themselves reading books to their children back home and provides a DVD of the recording and a copy of the book to the child.*

***Go to the following links to learn more  
and make a chapter or individual  
donation for as little as \$10***

*Join Team USO-AHEPA and Make a Donation  
Read About the Last “I Love You”  
Feature in The Ahepan Magazine  
Read the AHEPA News Release*

3/26/2018 REVISION

# AHEPA VETERANS REGISTRATION

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AHEPA Medal is available for all AHEPA Family members, SOP & MOA will be respective adult group  
 AHEPA Veterans committee is run under direction of AHEPA National Lodge, AHEPA.org

The AHEPA Medal for Military Service, acknowledged by the 106<sup>th</sup> Congress, was presented to all AHEPA veterans present at the 34<sup>th</sup> Biennial Congressional Banquet, March 29, 2000. The Supreme Lodge then encouraged its districts and chapters to present this medal to its deserving veterans unable to attend this banquet. It is this committee's intent to register AHEPA Veterans and have the AHEPA Medal presented at appropriate events at the District and Chapter levels. Funds collected through this effort cover medal production and other administrative costs to include shipping. Remaining proceeds will be donated to the AHEPA Veteran Affairs projects annually.

**The eligibility requirement for AHEPA Medal for Military Service includes Honorable Service and Discharge.**

Service includes Active Duty, National Guard, or Reserve status of the United States Armed Forces. Please fill out the form and use this information to register at <https://ahepaveterans.org>. **MAIL THIS FORM ONLY IF YOU CANNOT COMPLETE THE REGISTRATION PROCESS ONLINE, NEED ASSISTANCE, OR IF SENDING A CHECK.**

File a copy with your chapter Secretary after registration is complete. Complied excel sheet can be attached for multiple awards ordered by respective Chapters or Districts Veterans Committee Chairman. Please have a completed bottom form below for each medal requested

Mailed to: LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ TITLE: \_\_\_\_\_

STREET ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

E-Mail: \_\_\_\_\_ DAYTIME TELEPHONE: (\_\_\_\_) \_\_\_\_\_

1. Medal QTY / 1 per Veteran or Family of Deceased Veteran, qty \_\_\_\_\_ @ \$ \_\_\_\_\_ (\$10.00 per medal)
2. Donation to AHEPA Veteran Affairs projects (\$10.00 per, requested) \$ \_\_\_\_\_ (donation)

Remit your check to "AHEPA" (or credit card via the website) \$ \_\_\_\_\_ TOTAL

Pricing: **\$20.00 total** is requested per medal to provide a Medal and to assist the AHEPA Veteran Affairs Projects

Address if mailing in a check: AHEPA HQ (Attn: Veterans Affairs)

Note: Please write "**Veterans Medal**" in memo section of check 1909 Q Street NW  
 Washington D.C., 20009

Please fax documents to 866.679.6562 or email to [webmaster@ahepaveterans.org](mailto:webmaster@ahepaveterans.org) if preferred,  
 proof of payment will be needed before any medals are shipped

## VETERAN REGISTRATION

*Please have a completed form below for each medal requested*

VETERANS LAST NAME: \_\_\_\_\_ FIRST NAME: \_\_\_\_\_ MIDDLE INITIAL: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_ DISTRICT # \_\_\_\_\_ CHAPTER # \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_

1. (Check One) AHEPA  DOP  MEMBER # \_\_\_\_\_
2. (Check One) Army \_\_\_\_\_ Navy \_\_\_\_\_ Marine Corp \_\_\_\_\_ Air Force \_\_\_\_\_ Coast Guard \_\_\_\_\_
3. (Complete) Highest Rank: \_\_\_\_\_ Dates of Service (Years only) \_\_\_\_\_
4. (Complete) Highest Medals and Decorations: \_\_\_\_\_
5. (Circle) Retired  /  Confirm Honorable Discharge if **not** retired
6. Personal Information:

**Note:** Families may also register deceased Veterans for inclusion in our future "Virtual Wall of Honor".

Additional information is required about the deceased Veteran:

1. Killed in Action (KIA): Date \_\_\_\_\_ Conflict / Location: \_\_\_\_\_
2. Missing in Action (MIA): Date \_\_\_\_\_ Conflict / Location: \_\_\_\_\_
3. Deceased Veteran: Date \_\_\_\_\_ Burial City: \_\_\_\_\_



## ORDER OF AHEPA

### Chapter Presidents and Secretaries 2018-2019

<u>CHAPTER</u>	<u>PRESIDENT</u>	<u>SECRETARY</u>
<b>Golden Gate Pacific #150</b> First Wednesday Holy Trinity Church 999 Brotherhood Way San Francisco, CA 94132	<b>Peter Kiriopoulou</b> 93 Belmont Dr. Daly City, CA 94015 650 239-4114 pm.kireopoulou@yahoo.com	<b>Elias N. Tsiknis</b> 6524 Mission St. Daly City, CA 94014 650 994-3322 roumeligr@greekimportsinc.com
<b>Fresno #151</b> Second Thursday St. George Church 2219 N. Orchard Ave. Fresno, CA 93703	<b>Ted Nassar</b> P O Box 415 Madrea, CA 93639 559 674-6441 tnassar@sbcglobal.net	<b>George N. Gianopoulos</b> 2727 W. Bluff Ave. #123 Fresno, CA 93711 559 432-4630 gsqrd@pacbell.net
<b>Sacramento #153</b> Third Tuesday Church of Annunciation 614 Alhambra Road Sacramento, CA 95864	<b>Jonathan Zacharlou</b> 1175 Lake Blvd #232 Davis, CA 95616 530 219-7323 jozachariou@gmail.com	<b>Andreas Yerocostas</b> 1554 Parkway Dr. Folsom, CA 95630 916-337-0898 andreasyerocostas@yahoo.com
<b>Oakland #171</b> Second Tuesday Ascension Cathedral 4700 Lincoln Ave. Oakland, CA 94602	<b>Dennis Davis</b> 3116 Manacor Ct. San Ramon, CA 94583 925 867-4600 dennisdavis@alring.com	<b>Harry Metaxas</b> 18585 Carlwyn Dr. Castro Valley, CA 94546 510 728-9112 hmetaxas@sbcglobal.net
<b>Stockton #212</b> Second Wednesday St. Basil Church 920 March Lane Stockton, CA 95207	<b>Tom Chiarchianis</b> 507 Chabot Ave Modesto, CA 95354 209 576-1665 59tommyc@gmail.com	<b>George Kaplanis</b> 3838 Lark Haven Ct Stockton, CA 95219 209 888-5548 georgekaplainis@hilton.com
<b>Modesto #246</b> Third Tuesday Annunciation Church 313 Tokay Ave. Modesto, CA 95350	<b>Dr. Paul Forakis</b> 908 Magnolia Ave Modesto, CA 95350 209 572-6767 paulforakis@sbcglobal.net	<b>Stamus Cocolos</b> 2105 Melville Place Modesto, CA 95356 209 545-1787 scocolos@yahoo.com
<b>Silicon Valley #251</b> Second Tuesday St. Nicholas Church 1260 Davis Street San Jose, CA 95126	<b>Dr. Spiros Kalogeropoulos</b> 402 Violeta Court San Jose, CA 95136 408 276-7467 skalogeropoulos@yahoo.com	<b>Bill Christie</b> 3327 Lake Albano Cir San Jose, CA 95135 408 531-9211 billchristie1@mac.com
<b>Contra Costa #259</b> Second Wednesday St. Demetrios Church 1955 Kirker Pass Rd Concord, CA 94521	<b>Petros Priftis</b> 100 Southwind Dr. Pleasant Hill, CA 94523 925 628-2217 petros.priftis@safeway.com	<b>George Tsapouklis</b> 4400 Tryndall Ct. Concord, CA 94520 925 798-7653 tsapouklis@sbcglobal.net
<b>Reno #281</b> Third Thursday St. Anthony Church 4795 Lakeside Drive Reno, NV 89502	<b>Dr. John Lagios</b> 2600 Combs Canyon Carson City, NV 89703 775 892-2421 doclagios@gmail.com	<b>John Copoulos</b> PO Box 2517 Carson City, NV 89703 775 883-7332 ioannis51@sbcglobal.net
<b>San Mateo #392</b> Third Thursday Location TBA Check with officers.	<b>Leonidas Maberis</b> 2716 Monte Cresta Dr. Belmont, CA 94002 650 619-8279 lmaberis@maheraswealthmanagement.com	<b>George Fonti</b> 822 Bayview Way Redwood City, CA 94602 650 367-6789 geo822@gmail.com



## DAUGHTERS OF PENELOPE

### Chapter Presidents and Secretaries 2018-2019

<u>CHAPTER</u>	<u>PRESIDENT</u>	<u>CORR: SECRETARY</u>
<b>Eos #1</b> San Francisco First Wednesday Holy Trinity	<b>Eva Skoufis</b> 77 Santa Ana Avenue Daly City, CA 94015 650 755-8748 skoufis@sbcglobal.net	<b>Elen Tourtos</b> 775 Mountain View Dr #2 Daly City, CA 94014 650 994-2374 my3ptea@aol.com
<b>Echo #4</b> Oakland Second Tuesday Ascension Cathedral	<b>Nancy Acuros</b> 3926 Whittle Ave. Oakland, CA 94602 510 206-3729 nkja3792@sbcglobal.net	<b>Angela Christon</b> 201 Central Avenue Alameda, CA 94501 510 523-9990 angeliki1014@gmail.com
<b>Artemis #5</b> Sacramento Third Tuesday Annunciation Church	<b>Alexia Kavros</b> 9527 Timber River Wy. Elk Grove, CA 95624 916 714-7753 giagiabea@aol.com	<b>Diane Petersen</b> 9879 Edeva Way Elk Grove, CA 95624 916 214-4644 ladypetersen@earthlink.net
<b>Sparta #18</b> Stockton Second Tuesday St. Basil Church	<b>Kathy Leles</b> 1123 Pyrenees Ct Tracy, CA 95304 209 835-7414 kleles@att.net	<b>Joanne Panagopoulos</b> 1406 Woodcreek Wy. Stockton, CA 95209 209 957-3632 jopango@comcast.net
<b>Daphne #29</b> San Jose Second Tuesday St. Nicholas Church	<b>Janie Swenor</b> 1025 California Ave San Jose, CA 95125 408 386-5172 swenor@pacbell.net	<b>Helen (Eleni) Veziris</b> 1626 Hill Top View Ct. San Jose, CA 95138 408 292-1677 veziris6@sbcglobal.net
<b>Phaedra #64</b> Modesto Third Tuesday Annunciation Church	<b>Beverly Rose Kennedy</b> 1628 Snyder Ave. Modesto, CA 95356 209 815-6052 capoodlegirls@gmail.com	<b>Mary Gavrilis</b> 4029 Hollyfield Ct. Modesto, CA 95356 209 574-9500 gavrilis1@comcast.net
<b>Leto #71</b> Fresno 1st Wednesday St. George Church	<b>Aida Nassar</b> 363 E. Almond Ave #106 Madera, CA 93637 559 999-4527 drnassar@comcast.net	<b>Lorraine Bukilika</b> 170 West Twain Ave. Fresno, CA 93704 559 824-6693 maylbukilika@sbcglobal.net
<b>Elis #89</b> Reno Third Sunday St. Anthony Church	<b>Nikki Feister</b> 1627 Mountain Ln Reno, NV 89521 775 250-6807 nfeister@yahoo.com	<b>Barb Contos</b> 2090 16th St Sparks, NV 89434 775 358-8577 stsanas@gmail.com
<b>Maeonia #273</b> Vallejo Third Wednesday Sts. Constantine & Helen Church	<b>Mary Dorer</b> 363 Valle Vista Vallejo, CA 94590 707 553-2095 dorervallejo@gmail.com	<b>Demetra (Demi) Stall-Nash</b> 1018 Capitol St Vallejo, CA 94590 707 208-4605 demetranash@yahoo.com
<b>Urania #290</b> San Mateo Third Thursday Holy Cross Belmont	<b>Matina Polakis</b> 405 Avila Rd San Mateo, CA 94402 650 345-9290 matinap@sbcglobal.net	<b>Alicia Frangos</b> 61 Sequioa Ct San Carlos, CA 94070 650 595-2036 alifrangos@gmail.com
<b>Harmonia #367</b> Walnut Creek First Thursday TBA	<b>Margo Drosos</b> 1672 Carriage Dr Walnut Creek, CA 94598 925 260-0954 yasoumargo@astound.net	<b>TBA</b>

Theodore Nassar, President

Compliments of

**FRESNO CHAPTER No. 151**

Meets 2nd Thursday, each month  
St. George Church • 2219 N. Orchard Ave., Fresno

George Gianopulos, Secretary Ted Bodikis, Treasurer  
Robert Sexgton, PSG, Sons of Pericles District Advisor

Spiros Kalegeropoulos, President George Berberis, Vice President

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Nick Komianos, Treasurer Bill Christie, Secretary

*Daughters of Penelope*



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Stockton, California

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Single Issue Ad \$50

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Mail AD and CHECK (payable to Ahepa District 21) to:

Tom Chairchanis, Executive Secretary  
507 Chabot Ave - Modesto CA 95354

for more information call or email  
209 576-1665 Email: 59tommyc@gmail.com