

# Ahepa Traveler



CHAPTERS THROUGHOUT NORTHERN CALIFORNIA AND WESTERN NEVADA

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OFFICIAL PUBLICATION OF DISTRICT 21 - EST. 1950

Fall/September 2022

## Supreme Convention



Jimmy Kokotas re-elected as Supreme President for the 2022-23 year. A majority of the Supreme Lodge executive officers also will be returning to serve with him: Supreme Vice President Lou Atsaves, Canadian President Emmanuel Constas, Supreme Secretary Savas Tsvicos, and Supreme Treasurer Emmanuel Kaitson. Themistocles Frangos has been elected Supreme Counselor.

Georgette Boulegeris was elected Daughters of Penelope Grand President, Ryan Marinos was elected Sons of Pericles Supreme President, and Maria Ana Pantelous was reelected Maids of Athena Grand President.

## District 21 Convention



Chris Frangos re-elected AHEPA District Governor and Alisia Frangos elected Daughters of Penelope District Governor for the 2022-23 year.

AHEPA District 21 Lodge Officers elected included Mark Hallock, Lt. Governor; George Koumis, Secretary; and Spiros Kalogerpulos, Treasurer.

Daughters of Penelope District 21 Lodge Officers included Maria Karapanos, Lt. Governor; Laurie Sahines, Secretary; and Athena Hallock, Treasurer.

Additional lodge officers are listed on page 2.

See convention photos on pages 6 and 7.

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Article III – This Order shall be non-partisan in politics and non sectarian in religion. All partisan political and all sectarian religious discussions are prohibited in any official deliberations thereof.

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Will Travel



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2022-2023**

**Website: [www.ahepa21.org](http://www.ahepa21.org)**

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District Chaplin

**Steve Miller, PDG**  
510 569-2876

District Advisor

**Alex Mallas**  
650 591-1010

District Athletic Director

**Stamus Cocolos**  
209 545-1787

District Sons Advisor

**Dr. Ioannis Kokkinidis**  
540 260-5598

Chairman District Scholarship Foundation

**Chris Frangos**  
650 868-2402

District Auditor

**Andrew Ganetsos**

District Legal Counsel

**Steven Alfieris**  
559 696-9691

**DOP DISTRICT LODGE  
2022-2023**

**Website: [www.dop21.org](http://www.dop21.org)**

District Governor

**Alicia Frangos**  
650 245-2256

District Lt. Governor

**Maria Karapanos**  
209 559-5101

District Secretary

**Laurie Sahines, PDG**  
408-823-0111

District Treasurer

**Athena Hallock**  
209 815-6052

District Marshal

**Angie Legakis**  
408 666-2963

District Lodge Advisor

**Linda Belba**  
408 234-9226

District Maids of Athena Advisor

**Linda Belba**  
408 234-9226

District Scholarship Chairman

**Alicia Frangos**  
650 245-2256



**AHEPA GOLDEN GATE DISTRICT 21**

## *AHEPA District 21 Governor's Message*



Dear AHEPA Family,

I hope everyone had an enjoyable summer and some fun traveling again. I was happy to have our District Lodges host the District Convention in Stockton after a two-year hiatus from in-person events. We had good attendance and I believe everyone enjoyed Stockton's hospitality. Thank you, Stockton AHEPA Family, for hosting the Bowling night and Sunday church coffee hour. We are in search of a host chapter for next year's convention. We also will consider having a host chapter host the convention at the Stockton Hilton at the end of May or first week of June 2023.

Our AHEPA scholarship Foundation awarded 9 scholarships this year and I am looking to expanding the scholarship for the Journey to Greece program. We will also be asking for donations to our 501c3 foundation to expand our scholarship program.

I would like to thank the delegates at the convention for electing me District Governor for a second term. I look forward to coming to your chapters in person again. I would like to thank DOP District Governor Linda Belba for her joint efforts with the AHEPA in putting on the District conference and convention. Both events were successful in attendance and meetings.

I congratulate the incoming DOP District Governor, Alicia Frangos, on her election and look forward to working with her in returning our AHEPA family to its potential.

I did attend our 100th anniversary Supreme Convention in Orlando, Florida in July and am happy to report that it was a fantastic event, full of new ideas, which have me excited for AHEPA's future. Yes, there were fireworks, but at the Epcot Center where Disney hosted a very nice event with live Greek music and sightings of Mickey Mouse in his foustanela. We had a good representation of delegates from our District. Next year we will be in Las Vegas.

We did initiate three new members into the Sons of Pericles and one Maid of Athena at the convention and met the national officers of both organizations. I and am proud to say they are very capable young men and women. They are our future.

A big thanks to George Koumis, our District Secretary, who did an outstanding job, above and beyond the call of duty. We hope to incorporate more tech in our operations this year.

We hope to have some lectures presented this year. More to come.

I got to meet our Supreme Lodge and they are a very energetic group. We have a bright future.

I look forward to seeing you all soon at your meetings.

Fraternally,

Chris I. Frangos  
AHEPA District 21 Governor

## *Daughters of Penelope District 21 Governor's Message*



Dear AHEPA Family,

I hope you are doing well as the summer comes to an end. We had a busy summer beginning with a wonderful in-person convention in Stockton. It seemed that everyone had a good time at the various Convention events, including the Bowling Night, the Scholarship Luncheon where DOP awarded 10 scholarships to our deserving students, and the banquet/glendi where we got a chance to dance after a couple years away from such events.

Our meetings were productive and I am honored to have been elected as District Governor, along with my Sisters who were also elected to the District Lodge: Lieutenant Governor, Maria Karapanos, District Secretary, Laurie Sahines, District Treasurer, Athena Hallock, and District Marshal, Angie Legakis. I offer my congratulations to all.

I would like to extend special thanks to Past District Governor, Linda Belba who has been an excellent leader to our District and a wonderful mentor and friend. Linda will serve as District Advisor and District MOA Advisor this year. I am excited to work with Linda and all my Sisters on our District Lodge during the coming year.

I also congratulate the AHEPA District Governor, Chris Frangos on his re-election and look forward to working with him with a goal of continued and enhanced collaboration between the Daughters of Penelope and the AHEPA. I am

hoping that we can work together to pay off the last of our obligation to the St. Nicholas Ranch project and raise some money for other causes, including our scholarship fund.

Attending the Supreme Convention in Orlando was a lot of fun and it was inspiring to meet Sisters from all over the country and also from Canada and Greece. I participated in the selection of National Projects and it was amazing to see the worthy organizations to which we donate and learn more about what they do.

Continuing to grow our DOP and AHEPA is a constant goal, and our District now has three new Sons of Pericles and one new Maid of Athena, all of whom were initiated at the Supreme Convention. We welcome them and encourage them to bring in their friends as new members.

It was exciting to elect our Grand Lodge, including our new Grand President, Georgette Boulegeris, who will be a great leader for our organization. It was also wonderful to see our outgoing Grand President, Kathy Bizoukas, who we were fortunate to have with us last year at Founder's Day. We thank Kathy for her leadership and dedication to the Daughters of Penelope.

Orlando also provided some fun events, including a dance at Epcot Center with some great live Greek music and Greek Micky Mouse (yes, he wore a foustanela). District Governor, Chris Frangos was the first person to get a photo with Greek Micky, I believe.

I look forward to a productive year meeting with and supporting our Chapters to continue their good work and to expand our Sisterhood by welcoming new members.

Love in Theta Pi,

Alicia Frangos

District 21 Governor

Follow us on





Join us as  
AHEPA Honors

**Eleni Kounalakis**  
Lt. Governor of California

and

**The Very Reverend  
Father John S. Bakas**  
Dean of Saint Sophia Cathedral

**SEPTEMBER 17, 2022 – 6PM**

ST. SOPHIA GREEK ORTHODOX CATHEDRAL  
1324 S. NORMANDIE AVE. • LOS ANGELES, CA 90006



## A NIGHT TO REMEMBER

### REGION 8 CENTENNIAL CELEBRATION

AHEPA invites all members and chapters in Region 8 to support the 100th Anniversary Banquet and Dance.

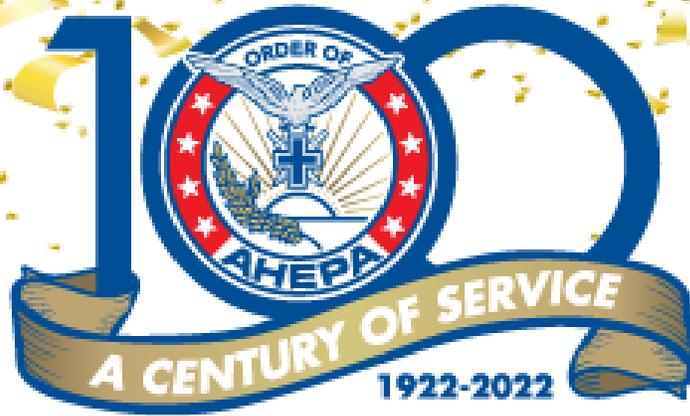
- **\$ 5,000** – Premium Table for 10, Listing in Program Book, Announcement of Support, Photo Op with Honorees
- **\$2,500** – Table of 10, Listing in Program Book
- **\$1,000** – Table of 10 – Discounted Price
- **\$ 150** – Individual Ticket

AHEPA Requests that all chapters purchase a sponsorship for this limited seating only event and consider purchasing more than one table.

**Deadline for ticket purchase is SEPTEMBER 10, 2022.**

Payment can be made to <https://ahepadistrict20.square.site>  
please contact Brent Noyes at 818.640.1879 or [Troy4SC@aol.com](mailto:Troy4SC@aol.com)  
or [ahepa@ahepa.org](mailto:ahepa@ahepa.org) for more information.

Checks can be mailed to: payable to AHEPA District 20  
Brent Noyes at 2163 Lenore drive, Glendale CA 91206



**Supreme  
Convention  
July 2022**

# District 21 Convention - June 2022 - Stockton



Above:  
District 21  
Convention  
Attendees

Left:  
District Governor  
Linda Belba  
addressing  
Convention  
Delegates.

Congratulations to all the newly elected  
Golden Gate District 21 Lodge Officers  
for 2022-2023.

Also congratulations to the 2022  
Ahepan of the Year Vassilis Zarifis  
and Daughters Penelope of the Year  
Lorraine Hilty.



AHEPA 2022-2023 District 21 Lodge (from left to right) - Steve Miller PDG, Chaplain; George Buck, Marshal, Vassilis Zarifis, Warden; George Koumis, Secretary; Mark Hallock, Lt. Governor; Chris Frangos, Governor. Supreme Treasurer Chris Kaitson administering oath. Not pictured Spiros Kalogeropoulos, Treasurer.

## Sacramento AHEPA Family

Sacramento's AHEPA Family got together for our 2nd annual 4th July BBQ at St. Katherine's Greek Orthodox Church in Elk Grove, CA. Each year, on the Sunday before the 4th of July, Sacramento AHEPA Chapter 153 and Daughters of Penelope Chapter Artemis #5 sponsor a cook-out after services. This year's menu included hamburgers & hot dogs with all the fixings, various pasta salads, chips, cookies, snacks, soda's, various fruit juices and bottled water.



SERVING LINE



COOKS



DAUGHTERS

Donations totaling \$670 was collected for the final phase of the St. Nicklas Ranch AHEPA Dorm restoration. The event was well attended. Guests included a visiting AHEPAN from Chicago with his wife who is a past DOP member. This was the first event for two Sacramento DOP members. One newly initiated and one who will be initiated at the next meeting. Members from both District 21 Lodges and the Annunciation Church (Sacramento) also attended. Everyone had a great time. An open invitation is also extended to our fellow AHEPA Family Members to join us for our next BBQ held the Sunday before 4th July!



AHEPANS

## AHEPA Celebrates 100 Year Anniversary

Remarks by His Eminence Archbishop Elpidophoros of America at the AHEPA Grand Banquet and Ball 100th AHEPA Supreme Convention Disney's Coronado Springs Resort Orlando, Florida July 21, 2022.



In this marvelous year of anniversaries – one hundred years for AHEPA and one hundred years for the Greek Orthodox Archdiocese of America – I am thrilled to be with you at this celebration of noble deeds and fellowship.

It is impossible in the time permitted – and, perhaps, impossible even if permitted all day and all night – to enumerate what the American Hellenic Educational and Progressive Association means for the Omogeneia, in this country and across the sea.

AHEPA is and has been – for a century – a binding agent throughout the Western Hemisphere for the interest of Hellenes everywhere.

You are a powerful force that has held our community together – for the sake of culture, language and the interests of Greece, Cyprus and our Ecumenical Patriarchate. Together with the Church, the clergy and the Hierarchy, as well as in every parish, AHEPA has been a partner, a yoke-fellow, helping to carry the cause of Hellenism and Orthodoxy forward through the decades.

You should all be very proud of this moment, just as so many of you were proud to be present just a few weeks ago in New York for the Centennial Clergy-Laity Congress of our Sacred Archdiocese. There, we consecrated the Saint Nicholas Greek Orthodox Church and National Shrine, a truly nation-wide ministry of our Church, to which AHEPA was an early and enthusiastic donor of one million dollars. May the Lord ever bless you for your ready and generous spirit.

But AHEPA shows its support and commitment in

so many different ways. It truly is not possible to recount all your achievements, especially at the local level. AHEPA works hand in hand with our communities and supports the ministries of the Church.

And not only here, but your work in Greece – especially holding the Supreme Convention in Athens last year for the Bicentennial of Greece – is constructive, positive and, above all, affirming of the close ties between the Diaspora and the Motherlands of Greece, Cyprus, and the holy remnants in Asia Minor and even in Slavic lands. You are the connective tissue that binds us into a holistic community.

As you celebrate and remember your first century of mission and purpose, allow me to call to mind something very special to me about AHEPA.

When our spiritual fathers and mothers – who made the journey across the great ocean to this blessed land, and were shut out, denied and even persecuted for being immigrants – AHEPA stood tall for their rights. And not only in confronting prejudice against Hellenes, but prejudice against anyone.

You should take such great pride in the founding principles of this sacred brotherhood; for you uphold the traditions of what is best in Hellas, and what is best in America.

We all understand that we live in polarized times. Prejudice still rears its ugly head. But AHEPA is still here to be a voice that celebrates the dignity of all people, because you understand what it means to be Greek. What it means to be children of Athens and children of Jerusalem. What it means to embrace the stately columns of the Parthenon, and the great vaults and celestial dome of Hagia Sophia.

Especially in these days, when we mourn the loss of the Great Church, AHEPA understands what it is to speak with boldness on behalf of justice, on behalf of peace, and on behalf of righteousness.

I thank all of you and congratulate you for your passion and commitment.

Let us make of the next hundred years the brightest future for ourselves and the coming generations. Together – AHEPA and the Greek Orthodox Archdiocese of America – let us give to our community the spiritual, cultural, and in the fullest sense of the Greek πόλις, the political nourishment the Omogeneia deserves, and the world so desperately needs.

May the Good Lord bless you all!



## AHEPA VETERANS REGISTRATION

*AHEPA Medal for Military Service is awarded to all veterans in Honor of their service to the United States.*

“The Mission of the Order of AHEPA Veterans Committee is to archive and recognize all veterans of the Order and Hellenic community through sound communication and publication. Furthermore, to conduct fund raising and philanthropic outreach through a cohesive, limited, yet well defined activity that reflects well on the Order of AHEPA and brings credit to the organization at large.”

The AHEPA Medal for Military Service, approved by the 106th Congress, was presented to all AHEPA veterans present at the 34th Biennial Congressional Banquet, March 29, 2000. The Supreme Lodge then encouraged its districts and chapters to present this medal to its deserving veterans unable to attend this banquet. It is this committee’s intent to register AHEPA Veterans and have the AHEPA Medal presented at appropriate events at the District and Chapter levels. Funds collected through this effort cover medal production and other administrative costs to include shipping. Remaining proceeds will be donated to the Wounded Warrior Program annually.

Eligibility requirement for AHEPA Medal for Military Service includes Honorable Service and Discharge. Service includes Active Duty, National Guard, or Reserve status of the United States Armed Forces.

**Register online at [www.ahepaveterans.org](http://www.ahepaveterans.org).** File a copy with your chapter Secretary after registration is complete. Medals are normally shipped in the fall and in time for Veteran’s Day celebrations in November.



*Ahepa Service Dogs for Warriors*



*Ahepa Veterans Affairs*

Learn more about  
these and other  
National Projects  
by visiting  
[ahepa.org](http://ahepa.org)



*Our Mission - To promote the ancient Greek ideals of Education, Philanthropy, Civic Responsibility, Family and Individual Excellence through community service and volunteerism.*

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