

Ahepa Traveler



CHAPTERS THROUGHOUT NORTHERN CALIFORNIA AND WESTERN NEVADA

Volume 73, No. 3

OFFICIAL PUBLICATION OF DISTRICT 21 - EST. 1950

Fall/September 2023

Convention News . . .

National Convention Elections Results - Savas Tsvicos Supreme President, **Marianthi Treppiedi** Daughters of Penelope Grand President, **Alec Economakis** Sons of Pericles Supreme President, and **Ally Tsenekos** Maids of Athena Grand President. District 21, Daphne Chapter 29 **Linda Belba** Grand Governor Zone IV.



L to R: Economakis, Tsvicos, Treppiedi & Tsenekos

District 21 Convention Elections - Chris and Alicia Frangos were re-elected to a second term as Golden Gate District 21 Governors.

Congratulations to all the newly elected officers!

See additional elections results on page 2 for 2023 - 2024 District Officers and Chapter Presidents with additional convention news on inside pages.

Mark your calendars. . .
. . . save the dates!

District 21 Conference
Hosted by the Oakland Chapters
Saturday, October 14th
Oakland Ascension Cathedral
Daughters of Penelope

Founder's Day Luncheon
Hosted by Mother Chapter Eos 1
Saturday, November 18th
Watch for details soon!

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Article III – This Order shall be non-partisan in politics and non sectarian in religion. All partisan political and all sectarian religious discussions are prohibited in any official deliberations thereof.

EDITORIAL STAFF - AHEPA TRAVELER

BILL CHRISTIE, Editor
Editorial Staff for
AHEPA and AUXILIARIES
408 891-9225
Email: billchristie1@mac.com

Traveler Ads Manager

Constantine Davlantes
Cell: 805 895-4345
Email: constantine.davlantes@gmail.com

Daughters of Penelope Traveler Editor

Maria Karapanos
209 559-5101
Email: maria@karapanos.com

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2023-2024
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Constantine Davlantes

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Nick G. Tousounis

SACRAMENTO CHAPTER 153
Nick G. Alexander

OAKLAND CHAPTER 171
Pete N. Stathakos

STOCKTON CHAPTER 212
Tom S. Chiarchianis

MODESTO CHAPTER 248
Stamus Cocolos

SILICON VALLEY CHAPTER 251
George Zioulas

CONTRA COSTA CHAPTER 259
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SAN MATEO CHAPTER 382
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2023-2024
- DOP DISTRICT LODGE -
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DISTRICT TREASURER
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DISTRICT MARSHAL
Angie Legakis

DISTRICT ADVISOR
Linda Belba

DISTRICT MAIDS ADVISOR
Linda Belba

- CHAPTER PRESIDENTS -

SAN FRANCISCO EOS 1
Foula Vasiogiorgis

OAKLAND ECHO 4
Emilene Fearnle

SACRAMENTO ARTEMIS 5
Pauline A. Cazanis

STOCKTON SPARTA 18
Katherine Leles

SAN JOSE DAPHNE 29
Joanna Dunn

MODESTO PHAEDEA 64
Aliko Alexander

FRESNO LETO 71
Madelyn Jones

RENO ELIS 89
Yurie Pauls

SAN MATEO URANIA 290
Claire M. Gagag

WALNUT CREEK HARMONIA 357
Margo Drosos

AHEPA District 21 Governor's Message

Dear District 21 AHEPA Family,

I hope you are all doing well as we near the end of summer.

The Sacramento AHEPA/DOP Family did a great job hosting the District Convention in Stockton in



June. We had a nice poolside welcome party, followed by a sampling of our Hellenic History Tournament which pitted the Daughters against the AHEPANS. It was an enjoyable evening. Our business meeting went

quickly and our Scholarship dinner presented six AHEPA scholarships and two DOP Scholarships. George Koumis was honored as our District Ahepan of the year. A coffee hour was held after church in Stockton.

I would like to thank our convention delegates for re-electing me District Governor. Congratulations to Alicia Frangos for being elected District Governor of the Daughters.

It was a busy summer as we headed down to a very HOT Las Vegas and held our National Convention at the Paris Hotel Complex. We had several events and honored many men and women for their service to the Family and their communities.

Our new Supreme Lodge was elected and installed by Archbishop Epidoforos.

Congratulations to Bill Christie on winning the Ahepa award for Traveler.

We had a good turnout and I met many new Brothers and Sisters and enjoyed the synergy of the event. As far as the gambling went, I bet \$5 and won 88 cents. You never lose.

Next year to commemorate the 50 year occupation of Cyprus, the National Convention will be held in Larnaca, Cyprus. This will be an opportunity to show our unwavering support of Cyprus and to meet our

European and Greek AHEPANS.

Unfortunately again, we have had devastating fires, this time on the islands of Rhodes, Greece and Maui, Hawaii. We are collecting emergency funds for both disasters. You should have received emails regarding this with donation links.

We are still collecting donations for our District project dogs for Warriors program and will be asking also for donations to help grow our scholarship fund.

We are currently planning a Fall District Conference hosted by Our Oakland AHEPA family on October 14th, We want to jump start our year and I see us growing and getting stronger as an organization.

Our District convention will be a combined Western Region convention to be held in Reno at the Grand Sierra. We are still in the planning stages, but we have always had fun in Reno.

I plan on doing in person visitations along with the Daughters Governor when possible and look forward to seeing everyone.

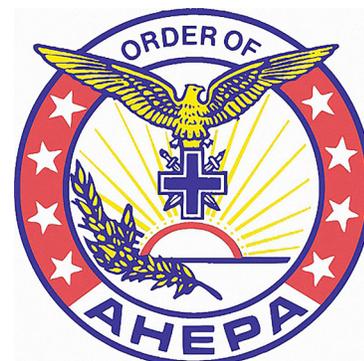
I would like to thank the Oakland chapter for inviting me to present service pins to our Brothers at a very successful and fun Luncheon in Alameda.

I would love to come to your events so please don't hesitate to invite me.

Sincerely

Chris Frangos

AHEPA District #21 Governor



Daughters of Penelope District 21 Governor's Message



Greeting Brothers and Sisters,

I hope you are all doing well as we proceed to the end of the summer season.

We began with the **District Convention at the Stockton Hilton** hosted by our Artemis #5 Sisters and Sacramento Brother AHEPANs. Grand Governor, Zone IV, Robbie Jackson joined us for the convention.

After our Friday business meetings, we enjoyed a poolside welcome evening on Friday night. To get a taste of the **Hellenic History Tournament** that we will be promoting to our young people going forward, we had a friendly battle of Daughters vs AHEPANs, hosted by George Koumis and Steve Miller. If memory serves me correctly, the Daughters prevailed... but AHEPA DG Chris Frangos seems to remember otherwise. In any case, it was fun and we learned a few things about our Hellenic heritage.

On Saturday, we elected our District Lodge – all officers will continue. I am honored to serve as your District Governor for the coming year, Maria Karapanos was elected as Lt. Governor, Laurie Sahines as Secretary, Athena Hallock as Treasurer and Angie Legakis as District Marshal. Linda Belba was designated to continue as District Advisor/Maids Advisor.

Following our business meetings and committees on Saturday, we held the Scholarship Dinner and Glendi, where DOP awarded scholarships to Peter Skoufis and Michael Tsortsos, and AHEPANs gave out another six scholarships. We had a fun night of dancing and a great silent auction/prize drawing.

Many of our members attended Divine Liturgy at St. Basils and coffee was hosted by Sparta and Artemis Sisters.

Next up was the AHEPA Supreme Convention in Las Vegas, Nevada in July. I will not complain, but I will say that the temperature was about 112 degrees most days. We stayed cool in the hotel and in our meetings discussing important issues among our Sisters. Among the work accomplished at the convention was making some changes to legislation and ritual and making decisions on National obligations and projects.

We voted in the 2023-2024 Daughters of Penelope Grand Lodge. We celebrated the accomplishments of our outgoing Grand President, Georgette Boulegeris and welcomed our new Grand President Marianthi Treppiedi of Spokane, Washington.

Also elected were Grand Vice President Margaret Dritsas of Ottawa, Canada; Grand Secretary Antoinette M. Zachariades of Brick, NJ; Grand Treasurer Gretchen Holsinger of Wimberley, TX; Grand Governor Zone I Marianne Boutsoulis of Cheshire, CT; Grand Governor Zone II Patty Didik of Hudson, FL; Grand Governor Zone III Christie Finch of Aurora, CO; **Grand Governor Zone IV (our very own) Linda Belba of San Jose, CA**; Grand Governor Zone V Xanthe Vafopoulou of Richmond Hill, ON, Canada; and Grand Advisor to the Maids of Athena Effie Kirkiles of Oakland Park, FL.

We congratulate Linda Belba on her election and look forward to working with her in the upcoming year.

Minutes from both our District and Supreme conventions will be forthcoming.

Save the Date for our **Fall District Conference to be hosted on Saturday, October 14th by our Oakland AHEPA family at Ascension Cathedral**. We encourage everyone to attend. This is a great way to get our Sisters and Brothers from all over our District together for fellowship and collaborative work. We will be discussing District fundraising ideas and projects, among other things. We need you and hope you will join us. Information will follow soon.

We are also planning the **Western Region District Convention (WRDC)** to be held in June at the Grand Sierra Resort hotel in Reno. We have not had a Western Region convention in some time, so it will be great to get back this event. We also need help from the chapters in planning, so look out for more information coming soon.

I am planning visitations now and would like to visit all the chapters by the end of this year or early next year. The AHEPA DG and I are hoping to do joint visitations wherever possible. I will be contacting Chapter officers, but feel free to reach out and invite me if you have a preferred date.

Please save the date for the upcoming **Daughters of Penelope Founders' Day luncheon on Saturday, 11/18**. This is bound to be a wonderful day with remarkable ladies and hopefully some of our Grand Lodge officers. We hope to see you there!

I am looking forward to a great year utilizing (in the words of our outgoing and incoming Grand Presidents, Sisters Georgette and Marianthi) the Power of WE and Unity among our Sisters to continue our good work.

With Love in Theta Pi,

Alicia Frangos, District 21 Governor



AHEPA Opens Emergency Fund for Greece's Wildfires Relief

Supreme President Savas Tsvicos authorized the opening of the AHEPA Emergency Relief Fund on July 28, 2023, to provide humanitarian assistance for the victims of Greece's wildfires.

As in the past, AHEPA members have mobilized in response to this call to action. As the wildfires in Greece continue to burn, we have seen our chapters and members come together to help in any way possible, and we are proud.

In 2007, AHEPA donated \$250,000 worth of goods and an additional \$250,000 in financial assistance to victims of Greece's wildfires.

Following Greece's wildfires of 2018, AHEPA raised 159,000€ to complete a burn unit at Evangelismos Hospital in Athens.

"The images and stories coming from Greece are horrifying and tragic," Supreme President Tsvicos said. "Our thoughts and prayers are with all who have been affected by this tragedy. We are extremely grateful to Greece's first responders and to all nations that have offered support and assistance. We will stand with Greece as we did in the past and during other times of great need."

He added, "We also appreciate the United States' response and commend the initiative of the Congressional Hellenic Caucus's leadership to engage USAID for assistance, which we strongly support."

Every single bit of your tax-deductible donation to the AHEPA Emergency Relief Fund helps.

Please spread the word and encourage as many as you can to assist. Visit ahepa.org/donate today!

AHEPA Responds to Maui Wildfire Crisis

Brothers and Sisters of the AHEPA Family and

Friends, Since 1922, AHEPA has consistently been ready to offer support to those in need. As Supreme President, my first action was to establish the Greece Wildfires fund, providing immediate assistance to those in Greece. I want to express my gratitude to all of you for the efforts you've put forth so far in our endeavor to aid Greece in recovering from the wildfires that have impacted the country this summer.

I was approached to assist one of our Districts which has taken the lead in providing aid to those suffering in Hawaii. AHEPA's presence is far-reaching, and we strive to offer assistance as promptly as possible by collaborating with our Chapters and Districts to uphold the philanthropic aspect of our mission. The knowledge that the AHEPA Family consistently steps up as the first to volunteer assistance in any disaster situation is something that each and every one of us should take pride in.

We cannot ignore the reality that natural disasters are becoming more prevalent nowadays, and we will consistently be called upon to help. It is our duty, as a philanthropic organization, to do what we can during moments that may appear the most dire. I urge you to consider contributing to our efforts according to your means.

As most of us are aware, tragedy recently struck the Island of Maui, Hawaii resulting in the loss of life, property, and business in the City of Lahaina. Our brothers in District 20 have made us aware that at least four families from the Maui Greek Orthodox Mission Church in Maui have been made homeless and lost their jobs because of the fires. The Mission is collecting monetary donations, 100% of which will be distributed to victims of the fires.

AHEPA Headquarters is donating \$5000 to match donations sent by any AHEPA Chapters.



Ahepa Family Golden Gate District 21 Convention

by George Koumis, District 21 Secretary

The 91st Golden Gate District Convention hosted by the Sacramento AHEPA Family Chapters took place at the Stockton Hilton from June 9th until Jun 11th, 2023. On behalf of the Sacramento AHEPA Family, I want to convey our deep gratitude and congratulations to all the twenty-five Brothers and twenty-one Sisters who joined us. Special appreciation goes to AHEPA's Supreme Treasurer, E. Chris Kaitson, and DOP Zone IV Grand Governor Robbie Jackson, who traveled far away to be with us.

We would also like to thank all the dignitaries who took time off their busy schedules to compose a greeting for our beautiful Convention album. The album wouldn't have been possible without generous sponsorships from several Chapters, businesses, and individuals. We sincerely appreciate all the support we received. A link to the album is provided at the end of this article.

On Friday, June 9th, we hosted a welcoming reception at the patio by the hotel pool. We enjoyed appetizers, reconnected with old acquaintances, forged new friendships, and enjoyed the delightful and unseasonal comfortable weather.

After the welcoming reception, we had the first-ever AHEPA vs. DOP quiz game. We had lots of fun while the Brothers and Sisters took their best shot at 45 questions. Although AHEPA added a ringer to their team halfway through the game, the Daughters bravely fought back, so the game finished in a draw, to everybody's satisfaction.

The meetings were held on Friday afternoon and Saturday and were concluded with the lodge elections. The returning and new officers are:

AHEPA

Governor Chris L. Frangos
 Lt. Governor Mark Hallock
 Secretary Constantine Davlantes*
 Treasurer Dr. Vassilis Zarifis
 Marshal George C Buck
 Warden Dr. John Lagios
 Sons of Pericles Advisor Dr. Ioannis Kokkinidis
 Athletic Director Stamus Cocolos
 District Chaplain Steve Miller, PDG

*Appointed by DG Frangos after the elections

Daughters of Penelope

Governor Alicia Frangos
 Lt. Governor Maria Karapanos
 Secretary Laurie Sahines, PDG
 Treasurer Athena Hallock
 Marshal Angie Legakis
 Maids of Athena Advisor Linda Belba, PDG

The events on Saturday night started with the District's 2023 Scholarship awards. Eleni Voundouris, Theodora Christina Maheras, and Teddy Kyriakis were present to accept in-person their awards. Other participants graciously accepted the awards on behalf of the remaining recipients. You can read more about the Scholarship recipients in the latest Traveler issue. The link to the latest issue is also provided at the end of this article.

The scholarship awards were followed by dinner and Glendi with Greek music by DJ Chris Perris. The evening activities also included a raffle organized by PGS Diane Petersen. Thank you, Diane!

The Convention was formally concluded on Sunday morning with Church services at St. Basil Greek Orthodox Church and coffee hour sponsored by the Sacramento Chapters.

During the Convention, two new AHEPA brothers were initiated: Joseph Agostini and Chris Perris. Let all congratulate our new Brothers and welcome them to the AHEPA family.

Links

91st D21 Convention Pictures

provided by Brother Demos Papadopoulos. Thank you Demo!

https://www.dropbox.com/sh/ejsmun4m193gd1b/AAB-t_BQI0Jo1RLjz6u75mBna?dl=0

91st D21 Convention Album

<https://drive.google.com/file/d/1wiSrJUnSVnDQHBSrGPayUIRmmxKa7MUb/view>

June/Summer 2023 Traveler

<https://ahepa21.org/traveler/>

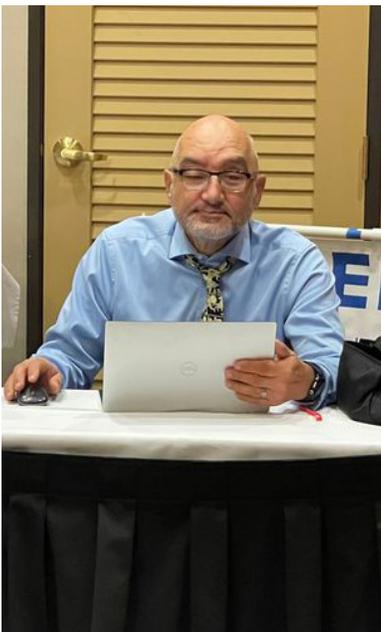
Photos from link above on next two pages

Golden Gate District 21 Convention - Stockton, CA

Hosted by the Sacramento AHEPA and Daughters of Penelope Chapters

Photo credits - Demos Papadopoulos





Savas Tsivicos Elected Supreme President

AHEPA Headquarters News Release July 30, 2023



The delegates of the American Hellenic Educational Progressive Association (Order of AHEPA), the leading grassroots service association for the nation's millions of American citizens of Hellenic heritage and Philhellenes,

elected Savas Tsivicos, of Ocean, N.J., Supreme President, at the 101st Annual Supreme Convention, Las Vegas, Nev. Tsivicos, a member of Thomas Edison Chapter 287, ran unopposed in elections that were held July 27, 2023. Formal installation ceremonies were held July 28, 2023.

“It is an honor and privilege to be elected AHEPA Supreme President,” Tsivicos said. “My sincere appreciation is given to the convention delegates who placed their support and trust in me to lead this longstanding unique organization in the coming year.”

Tsivicos' first act was to open AHEPA's Emergency Relief Fund to collect donations to assist victims of Greece's wildfires. He also met with the Supreme Lodge and the district governors to highlight programs that address membership growth and expansion. He also appealed to AHEPA's core leadership team to connect with their chapters to promote AHEPA programs and projects that support AHEPA's mission.

“The need to provide community service is never ending, both in the United States and abroad. I am eager to work with the Supreme Lodge, and our membership, to address this challenge, as well as others that may come our way,” he said. “Of course, the promotion of Hellenic ideals will always be a priority for AHEPA, and I pledge to

keep AHEPA on a steady path set forth by my predecessors with a spirit that is true to our mission.”

2023-24 AHEPA Leadership

The AHEPA Supreme Lodge is the international governing body of the organization.

The Executive Committee of the 2023-24 Supreme Lodge is comprised of: Canadian President Emmanuel Conostas, Supreme Vice President E. Chris Kaitson, Supreme Secretary Dr. Zenon Christodoulou, Supreme Treasurer Demetrios Kirkiles, and Supreme Counselor Themistocles Frangos.

The Supreme Governors are: Region I: Kostas G. Sofikits; Region II: Georgio F. Comminos; Region III: Dimitri Rozanitis; Region IV: Alexander Boutsoulis; Region V: John Karipides; Region VI: George George; Region VII: Marshall A. Monsell, III; Region VIII: Wynn Storton; and Region X: Basilio Petkidis.

Alex Geourntas earned re-election, and Louis Atsavas election, to the AHEPA Board of Trustees. Nicholas A. Karacostas, PSP, earned re-election as Chairman of the Board.

AHEPA Family Elections

The organizations that comprise the AHEPA Family also held elections. Marianthi Treppiedi was elected Daughters of Penelope Grand President, Alec Economakis was elected Sons of Pericles Supreme President, and Ally Tsenekos was elected Maids of Athena Grand President.

The Installation Ceremony of newly elected officers officially concluded the 101st AHEPA Supreme Convention, which began July 24.

The 2024 Supreme Convention to be held for the first time in Cyprus the week of July 21 in Larnaca, Cyprus.

Treppiedi Elected Grand President of Daughters of Penelope

DOP News Release July 27, 2023



The Daughters of Penelope delegates of the 2023 Supreme Convention elected Marianthi Treppiedi as Grand President for the 2023-2024 administrative year. Elections were held July 27, at the 101st Annual AHEPA Supreme Convention, Las Vegas, Nevada.

Meet Grand President Marianthi Treppiedi

Grand President Marianthi Treppiedi is a member of Parnassus Chapter No. 115 in Firwood District 22. She resides in the beautiful City of Spokane, Washington, the Evergreen State. She is married to her husband of 49 years, Rocky. Their three children are married, and she has seven wonderful grandchildren, four grandsons and three granddaughters. Marianthi's first son, Nicky, died of SIDS in 1980 at nine months old. She moved to Spokane a year after she married Rocky. There, he graduated from Gonzaga University Law School. Marianthi loved Spokane and decided to stay to raise a family. Treppiedi was born and raised in Queens, New York. Her father, Athanasios Tsiatis, emigrated from Northern Greece, and her mother, Anna Tsiatis, emigrated from Athens.

Daughters of Penelope Service

Grand President Treppiedi has served the Daughters of Penelope for more than 33 years at the local, district and national levels. She earned election to the Grand Lodge in 2017 and served all offices. At the national level, she served on the Daughters of Penelope Foundation (2015 to 2017). At Supreme Conventions, she served as Convention Vice Chair, Convention Secretary, Chairman of the Legislation Committee, and the Education Committee and Secretary on the Projects Committee. She also served on the Northwest AHEPA Family Educational Foundation from 2005-2019, serving as chairman from 2011-2019. In 1969, Marianthi joined the AHEPA family as a member of the Maids of Athena.

Community Service

Marianthi is a community leader. She served as President of the SIDS Foundation of Washington.

In addition, she served on several nonprofit boards, including: United Way of Spokane, the Junior League of Spokane, the Spokane Symphony, and Spokane Interplayers Ensemble. She also served on the Shadle Park High School Site Council, the Senior All-Nighter as Chairman, and on the Spokane Public Schools Levy and Bond Election. Currently, Marianthi serves as Vice President of her Philoptochos Chapter at Holy Trinity Greek Orthodox Church and previously served on the Parish Council.

Professional & Education

Marianthi retired in 2019 after working for 30 years for a company's accounts receivable and payable department. She attended the Greek American Institute for elementary school, William Cullen Bryant High School and graduated from Queens College of the City University of New York in 1975 with a major in education.

Presidential Theme

Grand President Treppiedi has embraced the theme, "The Power of We...CommUNITY" to lead the Daughters of Penelope Sisterhood. Unity promotes collaboration and teamwork. "When we work together towards a common goal, we can achieve anything. Unity helps to build stronger relationships between people, and when we feel like we are part of a community we are more likely to support and help each other. I will promote a sense of unity that every member-- every one of us-- needs to be valued and acknowledged. I will keep the lines of communication open so we can work together for the Good of the Order. My values include treating everyone with respect, kindness, and integrity. I believe in giving back to my community and my passion is my Greek heritage through the Daughters of Penelope."

2023-2024 Daughters of Penelope Grand Lodge

In addition to Grand President Marianthi Treppiedi, the following individuals were elected to the Daughters of Penelope Grand Lodge: Grand Vice President Margaret Dritsas of Ottawa, Canada; Grand Secretary Antoinette M. Zachariades of Brick, NJ; Grand Treasurer Gretchen Holtsinger of Wimberley, TX; Grand Governor Zone I Marianne Boutsoulis of Cheshire, CT; Grand Governor Zone II Patty Didik of Hudson, FL; Grand Governor Zone III Christie Finch of Aurora, CO; Grand Governor Zone IV Linda Belba of San Jose, CA; Grand Governor Zone V Xanthe Vafopoulou of Richmond Hill, ON, Canada; and Grand Advisor to the Maids of Athena Effie Kirkiles of Oakland Park, FL.



Front L to R: Supreme Counselor Themistocles Frangos, Supreme Treasurer Demetrios Kirkiles, Supreme Vice President E. Chris Kaitson, Supreme President Savas Tsivicos, Canadian President Emmanuel Conostas, Supreme Secretary Dr. Zenon Christodoulou, SG Region VI George George
 Back L to R: Region VII Marshall A. Monsell, III, Region III Dimitri Rozanitis, Region X Basilio Petkidis, Region II Georgio F. Comninos, Supreme Sons Adviser Ted Vittas, Region VIII Wynn Storton, Region IV Alexander Boutsoulis. Region V John Karipides not shown.



L to R Front Row: Grand Treasurer Gretchen Holtsinger, Grand Vice President Margaret Dritsas, Grand President Marianthi Treppiedi, Grand Secretary Antoinette Marousis Zachariades, and Grand Governor Zone I Marianne Boutsoulis. L to R Back Row: Grand Governor Zone III Christie Finch, Grand Governor Zone IV Linda Belba, Grand Governor Zone II Patty Didik, Grand Governor Zone V Xanthe Vafopoulou, and Grand Maids of Athena Advisor Effie Kirkiles.

AHEPA Family Supreme Convention!

by Dr. Vassilis Zarifis,
 Secretary AHEPA Silicon Valley #251
 Treasurer AHEPA District 21
 vgzari@gmail.com

It was 111 degrees blistering heat every day outside on the Strip up until late evening! However, the Supreme Convention in Las Vegas was another cool celebration of our 101 years of existence as AHEPA.

There were many attendees and delegates from the AHEPA Family present and dignitaries from many parts of the world.



(L to R) Vassilis Zarifis, PDG DOP Calliope Fousekis, PDG Vlassis Fousekis, Supreme President Jimmy Kokotas, District 21 Governor Chris Frangos, DOP District 21 Governor Alicia Frangos

I have personally participated in the last three Supreme Conventions as a delegate and every one of them was a unique and unforgettable experience. This year was the first to have the entire Convention book only available in digital format. You can download your own here and celebrate and promote everything we do: <https://ahepa.org/wp-content/uploads/2023/07/2023-AHEPA-Yearbook-Entirety-1.pdf>

There are many new ideas in there and we have the duty and responsibility to work to bring them to fruition!



(L to R) Arber Konstantinos Panda, Prof. Alexander Kitroeff, SG R8 Alex Mallas, Vassilis Zarifis

Let me share the big excitement for our District first. Our District electronic magazine “Traveler” received the first award on the online newsletter publication category from the Publications committee. According to PDG Dr. George Zioulas, this was long overdue after three submissions in the past were rejected. Congratulations are due once more to the “soul” of the publication, our own Bill Christie from Silicon Valley Chapter 251. I personally enter additional praise for him on the Convention record, calling him an inspiration for all of us and for his long, tireless efforts for our community! This was awarded on the same day as the Founder’s Day, 101 years after the origin of AHEPA on July 26 1922.



Panel on Eastern Mediterranean Affairs and the 3+1 Alliance. (L to R) Th. Gotsis, Ext. Ministry Cyprus, SP Jimmy Kokotas, Philip Christopher, PSEKA, Hon. George Tsunis US Ambassador to Greece, Dr. Hillel Newman, Consul General Embassy of Israel in Los Angeles, Th. Rizakis, DCM Embassy of Greece in DC

Continued on next page

On other exciting news for our District, our own DOP PDG Ms. Linda Belba was elected Grand Governor Zone IV for the Daughters of Penelope. We wish our Sister Linda much success in her tenure!



Grand Governor Robbie Jackson is charging the newly elected Grand Governor

It was refreshing to notice young individuals stepping up and willing to carry AHEPA's objectives forward. District Governor for District 10 in Michigan Brother Petros Besieris is 26 years old, with the entire District Lodge younger than 30 years! The Chapter of the year award went to the Omega Chapter in Michigan, whose President is 21 years old (!) for their impressive membership growth and fundraising efforts! I met both at the Growth and Expansion Committee meetings where I also participated. Celebrate the newly elected Lodges for the Sons of Pericles and the Maids of Athena as shown in Figure

The new book "History of AHEPA" debuted at the Convention after much anticipation! His author, Professor Alexander Kitroeff from Haverford College in PA gave a talk on this and later signed all the available copies sold at the Convention. All the sale proceeds

benefited AHEPA directly. I encourage everyone to seek out a copy and read about our history in the last 100 years.

It was another exciting year watching the teams of young students compete for the Hellenic History Tournament prizes. We are looking forward to our own future District Tournament, which will be the first from the West Coast.



Athletic Awards Luncheon. (L to R) Arber Konstantinos Panda, Orlando 161, Dr. K. Kozyrakis, Athens HJ1, Vaso Moulas and Foula Vasilogiorgis, DOP EOS 1, Andreas Zapounidis (standing), District 28 Europe, Prof. Kitroeff, Vassilis Zarifis, Silicon Valley 251, Linda Belba, DOP Daphne 26, Adam Gonzalez, Silicon Valley 251

This was yet another successful Supreme Convention! Looking forward to next year's Convention to be held in Larnaca, Cyprus, which also coincides with the 50-year grim anniversary of the Turkish invasion and the occupation of part of the island up until today! Our Supreme Lodge has now two members with Cypriot roots, our new SP Savas Tsivicos born in Cyprus and coming to the US 19 years old, and Dr. Zenon Christodoulou our newly elected Supreme Secretary.. Our own Western Region liaison Chris Kaitson was elected as Supreme Vice President.



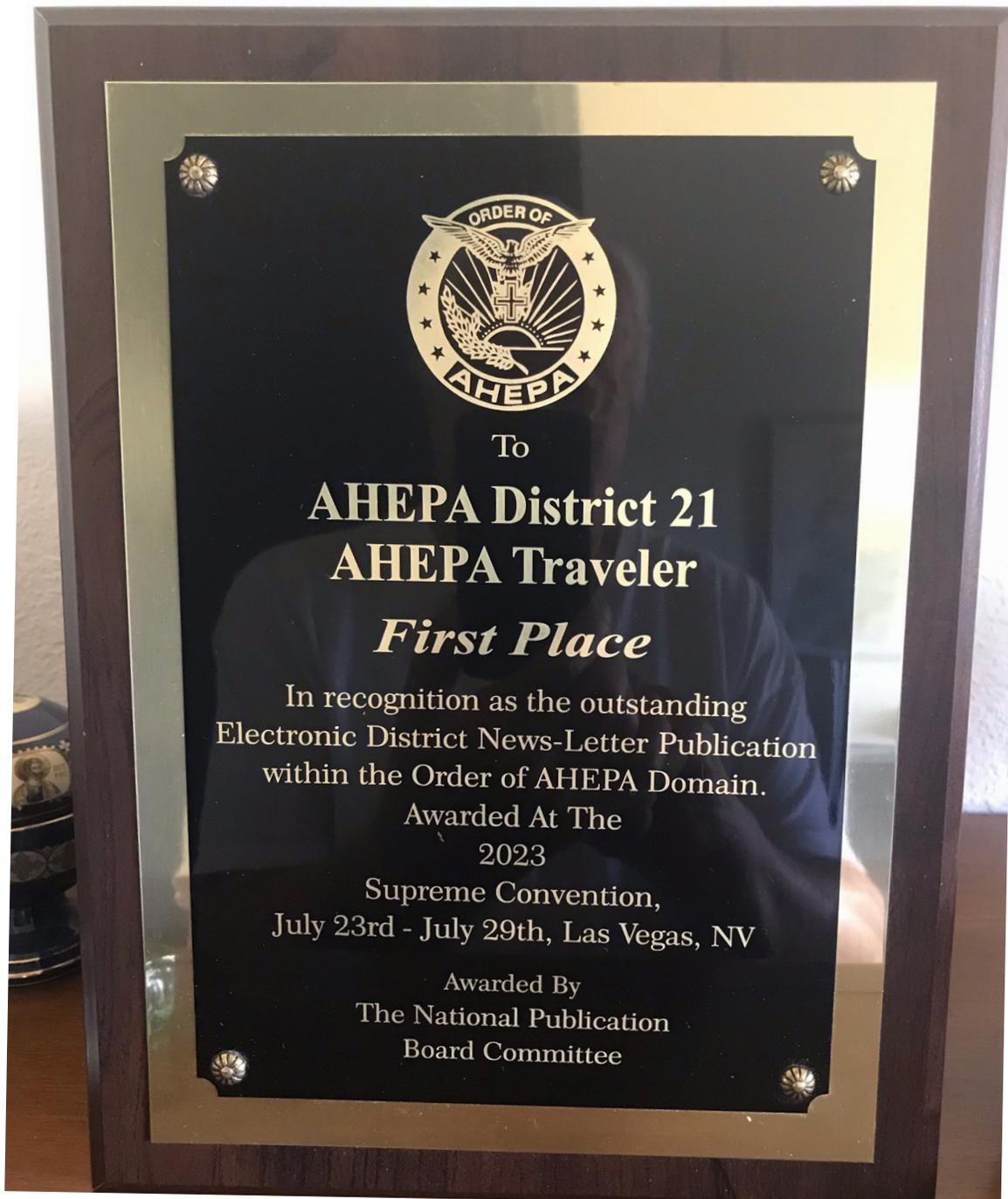
The newly elected Supreme and Grand Lodges for the Sons of Pericles and the Maids of Athena.

At the center SOP Supreme President Alec Economakis and to his left MOA Grand President Ally Tsenecos

Continued on next page



AHEPA Officers Swearing Ceremony. (L to R) Supreme President Savas Tsivicos, PSP Jimmy Kokotas administering the Oath to Supreme Vice President Chris Kaitson, Canadian President Emmanuel Conostas. Supreme Secretary Dr. Zenon Christodoulou, Supreme Treasurer Dimitrios Kirkiles, Supreme Counselor Themis Frangos, followed by the Supreme Governors for the 10 regions (not all shown). Center front row his Eminence Archbishop Elpidoforos of America and Metropolitan Gerasimos



Salute to Women History and Honorees

DOP Press Release August 18

The Salute to Women was founded by Past Grand President Honorable **Betty Athanasakos** and



Past Grand President **Joanna Panagopoulos Merakos**. The idea was conceived in 1965 to promote the Daughters of Penelope as a major National and International Woman's Philanthropic Organization.

Since the Daughters of Penelope had proven to be a dynamic force in their local communities and was making a stir throughout the U.S., Canada, and Greece, Past Grand President Athanasakos recommended the Daughters of Penelope recognize an outstanding woman outside of the organization. Four years later, Grand President Merakos adopted the idea to honor a woman who represented and possessed the goals and ideals of the Daughters of Penelope and the "SALUTE" became a reality.

The first Salute to Women event was held at the Sheraton Park Hotel in Washington, DC. The Salute to Women is awarded biennially and is presented at a reception held during the AHEPA Family Supreme Convention.

2023 Salute to Women

The Daughters of Penelope is proud to announce **Yanna Darilis**, New Greek TV President and Wellness Expert, as the 2023 Salute to Women Honoree.

Yanna Darilis - *Media Executive, Executive Producer, Content Creator, On Camera Talent, Writer, Director.*

Yanna Darilis's career in the broadcast industry spans over 25 years, having worked on major Greek and American television channels as an on-camera talent, producer, writer, and director. Yanna's specialty is in live broadcasts, having worked on daily live morning shows for over 15 consecutive years, and hosting live reporting and broadcasts on parade commentating. She

holds a B.S in Film & Television from Empire State University/New York College and was the Assistant Director of Film & Media Studies for New York College, Athens, Greece. Yanna also has earned a MS and is a PhD candidate finishing her dissertation.

Yanna served as the President & CEO of the 40-year Greek American Television Channel, New Greek Television, on Spectrum-Time Warner, RCN & Bell Fibe, Canada for over a decade. Her extensive career includes media business development, content acquisition, studio development, distribution, content creation, producing, directing, writing. Yanna has developed and produced multiple TV shows, live broadcasts, news, and documentary features. Yanna has written and directed over 100 English language travel, lifestyle, and cooking features on Greece, for Hellenic Broadcast (ERT World), on her show "Hellenic Weekly", the first English language show for Greece, America's PBS and OTE History Greece on her show "Mediterranean Blue", as well as destination Greece on New Greek TV. Yanna also has conducted the acquisition of licensing of Greek Television channels for the US & Canada. Yanna's recent licensing of ERT World brought ERT World back to the United States after a decade of absence on USA platforms.

Yanna worked for the International Olympics Committee (IOC), for the Athens 2004 Olympic Games as a Stadium Director, Voice Talent, and on-air talent-as the Master of Ceremonies for the Opening and Closing Ceremonies of the Athens, 2004 Olympic Games.

Yanna shared her travel experience as a contributor of the huffingtonpost.com, and health, beauty, and fitness articles on thriveglobal.com, rise.com, cyprusmail.com and newgreektv.com.

Yanna also organizes and moderates' panels for the United Nations, Staff Recreational Council, Salus Club, on Environmental, Health and Peace Topics. She is an advocate of the Sustainable





Left to Right: Past Grand President Anna-Helene Grossomanides, Past Grand President Jan Spanos, Past Grand President Celia Kachmarski, Past Grand President & 2023 Salute to Women Chair Christine Constantine, 2023 Salute to Women Honoree Yanna Darilis, Grand President Georgette Boulegeris, Past Grand President Joanne Booras, Past Grand President Demi Thomas, and Past Grand President Evvellyn Tsiadis.

Developmental Goals. She recently moderated a panel on international co-productions with Greece at the SIFCA film festival with Debra Wooton of Pinewood Studios and Liza Papatzimas of Sonar-Halycon Studios. Yanna's love and passion for the arts, culture and history extends to curating various art exhibits promoting Hellenic Culture.

Yanna is currently developing international Film and Television projects as an executive and creative producer with her New York based production company, Dorian Productions. She is an accredited member of the Press of the New York State Police Department, a member of the Foreign Press Association (FPA) and former FPA Board Member, she is also recognized by Who's Who International and Who's Who Greece for her excellence as a Woman in Media.

"The Daughters of Penelope have been serving humanity for over 90 years, and I am so humbled and so honored to accept this award. I do so with humility and the utmost appreciation for the recognition, and believe this is the greatest honor, a Greek-American woman can ever receive. I would like to take this opportunity to prompt the new generation to continue this legacy. Whether our kindness is leading us to helping people here in America, in Greece, or any other country, we must always remember to honor those who came before us, and to mentor the leaders of the next generation," said Darilis.

Salute to Women Distinguished Honorees

1970 Senator Margaret Chase Smith
1972 Dr. Sarah E. Smith

1974 Brigadier General Elizabeth Hoisington
1974 Brigadier General Ann Mae Hays
1976 Former First Lady Betty Ford
1978 The Honorable Lindy Boggs,
Louisiana Congresswoman
1980 Ambassador Shirley Temple Black
1982 The Honorable Olympia Snowe,
Maine Congresswoman
1984 Betty White, Actress & TV Personality
1984 Matina Horner, President, Radcliff College
1986 Helen Boosalis, NE Mayor & Sandra Day
O'Connor, Supreme Court Justice
1988 Helen Thomas, White House Correspondent
1990 Eunice Kennedy Shriver,
Special Olympics Founder
1992 The Honorable Barbara Spryridon Pope
1994 Elaine K. Schocas
1986 Dr. Zoe Papadopoulos Couloumbis
1998 Kathryn Calogrides Coumanis, PhD
1998 Julia K. Terzis, MD, FRCS, PhD
2000 Thalia Assuras, CBS News Anchor
2002 Dr. Christine Warnke, Political
Figure & Talk Show Host
2004 Maria Pappas
2006 The Honorable Dora Bakoyannis
2008 The Honorable Erato Kozakou-Marcoullis
2010 The Honorable Eleni Bakopanos, PC
2012 US Representatives Shelley Berkley & Dina Titus
2014 Cat Cora, World Renown Chef
2016 Shannon Miller, Olympic Gold Medalist
2018 Distributing Dignity
2022 Janet E. Petro, Deputy Center
Director, Kennedy Space Center
2023 Yanna Darilis, New Greek TV

Daughters of Penelope Zoe Cavalaris Recipient

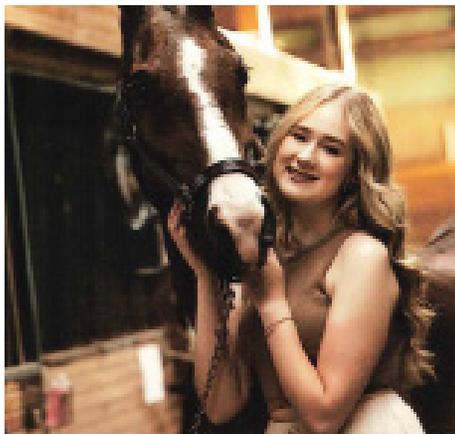
DOP Press Release August 18

The Daughters of Penelope Zoe Cavalaris Outstanding Female Athlete Award, established by Past Grand President Zoe Lucas Cavalaris (1918-1985), honors an amateur Hellenic young woman who has achieved highest athletic accomplishments in high school or college and maintained a high sense of scholarship, community and civic involvement.

2023 Athletic Awards Luncheon

One of our many highlights at the AHEPA Family Supreme Convention is the Athletic Awards Luncheon.

The Daughters of Penelope is proud to announce Katie Burke, of Springboro, OH, as the 2023 Zoe Cavalaris Outstanding Female Athletic Award recipient.



Katie graduated from Springboro High School in Springboro, OH and will attend Miami University in Fall of 2023. Katie graduated Springboro High with a 4.0 and was on

the President's list and Honor's list all four years. Throughout high school she also volunteered with several organizations including the Kettering Backpack Program, Vacation Bible School, SCAC, Yearbook Staff, Prom Committee, and Springboro Recycling Program. She also attended Sunday school throughout high school and also a Maids of Athena Venus Maliea Chapter No. 129 member serving as Chapter Secretary her junior year and Chapter Vice President her senior year.

Katie has been showing American Saddlebred horses competitively for over eleven years. She started out at the academy level which is for riders who do not own their own horse and years later moved up to the performance level with her own horse. She is a member of the American Saddlebred Horse Association (ASHA), American Saddlebred Horse Association of

Ohio (ASHAO), Ohio American Saddlebred Pleasure Horse Association (OASPHA), Indiana Saddlebred Horse Association (IASHA), and United Professional Horsemen's Association (UPHA).

Katie has placed at numerous shows during the last several seasons including 1st place at the 2018 Blue Ribbon Spring Show, 1st and 2nd at the 2018 Heartland Classic Show 1st place in the 2019 Stillwater Fun Show, and 1st place as 2018 State Champion, Tristate Champion, ASHAO Champion, and 1st in the region 6 and 4th in the Nation at ASHA. In 2019 she was awarded with the UPHA Platinum level Ribbons of Service, 1st place and State Champion at OASPHA, Tristate Reserve Champion and Jr. Exhibitor of the Year, and 3rd place at ASHAO. In 2020 she was 3rd place at ASHAO and 1st place and State Champion at OASPHA. In 2021 she was 2nd place at IASHA, 1st Place and Junior Exhibitor for the Year at Tristate, 1st place at OASPHA, 2nd place at ASHAO, and 1st in the region at ASHA. In 2022 she was 3rd place at IASHA and 1st place and scholarship winter at Tristate.

Katie is plans to pursue a degree in nursing at Miami University. Her competitive horseback riding achievements, academic record, leadership qualities, and volunteer activities in her Greek Orthodox Church personifies the Zoe Cavalaris Outstanding Female Athlete.

Katie Burke, Springboro, Ohio, the recipient of the Daughters of Penelope Zoe Cavalaris Outstanding Female Athletic Award, has been riding and showing American Saddlebred horses competitively for over eleven years as she moved up from the academy level to the performance level once she owned her horse, "Arrowhead Fine Wine". At age 15, Katie placed in numerous 2018 competitions earning 1st place & State Champion of OASPHA (Ohio American Saddlebred Pleasure Horse Assoc.), 1st in TRISTATE, 1st in ASHAO (American Saddlebred Horse Association of Ohio), 1st in the region 6 and 4th in the Nation at ASHA (American Saddlebred Horse Association). In both 2019 and 2020, she was awarded 1st place and State Champion at OASPHA, and 3rd at ASHAO. In 2021 and 2022, Katie continued to excel with more 1st place positions at the Heartland Classic, Dayton Horse Show, Spooktacular, and finished strong with TRISTATE 1st place, Junior

exhibitor of the year, OASPHA 1st place, ASHAP 2nd place, ASHA 1st in region, and TRISTATE 1st place, scholarship winner. Recently Katie and her horse competed to walk, trot, and canter both directions of the arena to place 1st in the qualifier and championship at Blue Ribbon Horse Show in Springfield, and 3rd in River Ridge Charity Show in Columbus. Besides being a skilled and dedicated competitive rider, she graduated with high honors all four years of high school and plans to go into nursing at Miami of Ohio this fall. Her leadership qualities and volunteer activities at her school, horse farm, and church, including Maids of Athena secretary and vice-president, personify the Zoe Cavalaris Outstanding Female Athlete.



MAIDS OF ATHENA & SONS OF PERICLES

LEADERSHIP CONFERENCE

WASHINGTON, DC.
SEPTEMBER 22-24, 2023

2023 Athletics Honorees Announced

Press release July 18, 2023

The American Hellenic Educational Progressive Association (“AHEPA”) will honor outstanding current and former athletes and sports’ industry leaders at its Athletic Luncheon at its 101st Annual Supreme Convention, in Las Vegas, Nevada, on July 26, 2023, announced Supreme President Jimmy Kokotas.

“AHEPA is proud to recognize an outstanding group of Hellenes who excelled on the athletic fields and within the sport’s industry and join the hallowed pantheon of former Hellenic athletic luminaries”, Kokotas said. “We congratulate all of the honorees and are thrilled that AHEPA remains at the forefront of recognizing excellence in athletic achievement”.

AHEPA will induct six sports figures into it’s Hellenic Athletic Hall of Fame. The Hall of Fame was established in 1974 by the late Supreme Athletic Director Dr. Monthe Kofos, and now includes more than one hundred seventy-five (175) inductees, including Harry Agganis, Alex Karras, Milt Pappas, Pete Sampras, Eric Karros, Gene Rossides, Steve Lappas, Bob Costas, Greg Louganis, Pyro Dimas and Kurt Rambis, among many other athletic stalwarts.

The 2023 Class of the AHEPA Hellenic Athletic Hall of Fame includes:

George Kokinis, Wethersfield, Connecticut, National Football League Executive of over three decades, currently the Director of Player Personnel for the Baltimore Ravens;

George Kostelis, Cromwell, Connecticut, Assistant Men’s Soccer Coach at Central Connecticut State University, after a distinguished playing career at the University of Hartford;

Alexi Lalas, Birmingham, Michigan, Winner of the 1991 Hermann Trophy presented to the Most Outstanding Collegiate Soccer Player in the Nation, followed by long service with the United States National Soccer Team at the World Cup and multiple Olympics, and now a Fox Sports Analyst;

Nick Mourouzis, inducted posthumously for his outstanding coaching career at Depauw , University, as Head Football Coach;

Kristofer O’Dowd, Tucson, Arizona, was a standout football player at the University of Southern California, after an outstanding high school career; and

Jason Zafiros, New York, New York, a college tennis star at Arizona University and the University of Miami and now a professional teaching pro.

Supreme President Kokotas lauded this outstanding class of athletes and coaches who had “reached the very heights of their respective sports.”

Pictured below: Hall of Fame inductees **Zafiros, O’Dowd, & Mourouzis**



World-Ranked Tennis Star Honored with Agganis Award

In addition, AHEPA recognizes and honors active athletes for achievement at high school, college and professional levels of competition.



AHEPA’s premier honor for an athlete of Hellenic heritage is the **Harry Agganis Award**. It will be presented to the Most Outstanding Worldwide Hellenic Athlete, **Maria Sakkari**, of Greece, a Professional Tennis Player who has reached as high as 3rd in the World’s ranking, is the

2023 selectee of the Harry Agganis Award joining prior awardees such as Pete Sampras, Chris Chelios, Greg Louganis, Nick Markakis and Giannis Antetokounmpo.

The **Agganis Family-Galatis Award** is presented each year to the Most Outstanding High School Hellenic Athlete, and this year's honoree is **Alexis Kerstein**, Deerfield, Illinois, who is the all-time leading scorer for the Deerfield High School basketball team and a multiple All-State Selection, who will play basketball for the University of Vermont Catamounts.

The **William G. Chirgotis Most Outstanding College Athlete Award** is presented annually to the Most Outstanding College Athlete and is given this year to both **Kyle Karros**, Manhattan Beach, California, a standout third baseman for the University of California, Los Angeles, Bruins' Baseball Team, the son of former Los Angeles Dodger Eric Karros, a member of the AHEPA Hellenic Athletic Hall of Fame, and **John Poulakidas**, Naperville, Illinois, a standout member of the Yale University basketball team.

Pictured below: Chirgotis Award Winner John Poulakidas



Supreme President Kokotas said, "The Order of AHEPA honors brilliance and excellence in all fields, and in this case, Athletics. The National Athletic Awards are the Triple Crown of athletic achievements, awarded to the Most Outstanding Hellenic Athlete at the High School, College and Professional levels, representing premier athletes encompassing a myriad of sports.

These Hellenic athletes represent not only the stars of today but athletic prominence in the years to come, and the recognition of these awardees is a testament to AHEPA's commitment to excellence".

"We are proud that with these athletic awards AHEPA honors and recognizes the Hellenic American communities' future with our Scholar-Athletes, its present with the National Awards, while also honoring past accomplishments with induction into the Hellenic Athletic Hall of Fame", Kokotas added.

Kokotas also noted "I commend AHEPA's Athletic Department, led by Supreme Athletic Director Chris Atsaves and Gregory J. Stamos, who chairs the National Athletic Awards and the Hellenic Athletic Hall of Fame Committee, for their dedication in honoring our exceptional Hellenic athletes"

2023 Scholar Athletes

The Order of AHEPA announced the recipients and selectees of the Athletic Department's Scholar-Athlete Awards, for 2023. The students will be honored at the 101st Annual Supreme Convention in Las Vegas at the Athletic Luncheon on July 26, 2023.

Supreme President Jimmy Kokotas applauded the selectees indicating "these are not only the very best and brightest of the AHEPA Family community, but they represent the next generation of Hellenic and AHEPA Family leaders. This long-running scholarship program is an integral part of the mission of the Order of AHEPA, and I applaud the Athletic Department, particularly Supreme Athletic Director, Chris A. Atsaves, and the Chairman of the Scholar-Athlete Committee, James Rigopoulos, for their commitment to assisting the young Scholar-Athletes as they embark on their next step in life".

This year's recipients are as follows:

Sophia Alton, Amherst, New Hampshire, is the recipient of the Past Supreme President Phillip and Tula Frangos Scholarship; Sophia was a Captain of the New Hampshire High School State Lacrosse Champions, she is a member of the National Honor Society, and will continue playing Lacrosse at Assumption (MA) University;

Peter Athanailos, Floral Park, New York, is the recipient of a Ranglas Family Scholar-Athlete Award; Peter is a track and field athlete at Manhattan (NY) College, and

a member of MAAC Conference All-Academic Team;

George Thomas Belbas, Sioux Falls, South Dakota, is also a recipient of a Ranglas Family Scholar-Athlete Award; George was an Academic All-Stater in track and a member of the State High School Championship football Team, and will matriculate at the Carlson School of Business, University of Minnesota;

Peter James Belbas, Sioux Falls, South Dakota, is a recipient of a Vassiliadis Family Scholar-Athlete Award; a Track Academic All Stater, and a member of the High School State Championship Football Team, Peter will attend college at the University of Nebraska-Lincoln;

Panayiotis ("Taki") Dadiotis, Englewood, Colorado, is the recipient of the Anthony Leondis Memorial Scholarship; he was an All-Centennial League performer and an Academic All-Stater, and is committed to play football at the University of San Diego;

Konstantinos Dimitrakopoulos, an Exchange student from Greece, is the recipient of the Past Supreme President, Franklin R. Manios Scholar-Athlete & Service Award; he was a member of the Florida District Champion's Basketball Team and also played volleyball and will be playing basketball at the University of Nicosia, Cyprus;

Evan Kanellos, Glenview, Illinois, is the recipient of the Manchester Greats Scholar-Athlete Award; an All-Midwest and All-State Soccer selectee, and All-Conference and Captain in basketball and soccer, as well as a High School All-State Academic Team Selectee, Evan will matriculate and play soccer at the University of Chicago;

Konstantina Mantziori, an Exchange student from Greece, is the recipient of the Past Supreme Athletic Director Monthe Kofos Athletic Booster Club Scholar-Athlete Award; she was an All-County Basketball selectee, and member of the Honor Roll and will play basketball at Purdue, Fort Wayne, University;

Alexia Despina Nicholas, Annapolis, Maryland, is the recipient of the John Peter Vlahos High School Scholar-Athlete Award; Alexia graduated Magna Cum Laude, was Captain of the basketball team and also played lacrosse and field hockey and is a member of the Honor Roll, and she will attend Salisbury University;

Paris Pappas, Wilmington, Delaware, is also a recipient of a Vassiliadis Family Scholar-Athlete Award; Paris

earned All-Conference Honors playing for a State Championship High School Soccer Team and was a member of the National Honor Society, and will play soccer at Occidental College, California.

James Rigopoulos, Chairman of the Selection Committee, stated, "year after year this Committee faces the challenge of making it's selection from a large group of qualified, Student-Athletes. The talent, both academically and athletically, coupled with the students' commitment to their school and church communities, bodes well for the future of Hellenism. While the mission of this Scholar-Athlete Committee was advanced this year by the creation of two new scholarships, by Gerry and Jeannie Ranglas, and Andrew Vassiliadis, the number of worthy candidates confirms the need for all to remain committed to growing the Scholar-Athlete Program. The Committee once again thanks not only the two new donors, but all the proud Ahepans and former Athletic Honorees who have continued to give back to this wonderful Program, through their support, donations and sponsorships of scholarships."



Greek Heritage Night at Oracle Park

On Wednesday, July 26th Brother George Fonti (San Mateo Chapter 342) with sons Michael, Alex, several other Hellenes and Phil-Hellenes celebrated Greek Heritage Night prior to the game between the San Francisco Giants and Oakland A's at Oracle Park in San Francisco.

Brother Taso Zografos, President of the United Hellenic American Societies of Northern California (UHAS), arranged and hosted the celebration and is dressed appropriately as an Evzone with Giants mascot carrying the Greek Flag. Michael, Alex and George (l to r) are pictured below along with bobble-head "Evzone Lou." Scoreboard shown at the bottom right with Greek key and special lettering.

Photo credits - George Fonti.





GOLDEN GATE DISTRICT 21 EDUCATIONAL FOUNDATION

Dear AHEPA Family of District #21,

Please consider a donation to our AHEPA District 21 Educational Foundation and receive a tax deduction as we are a 501(c)(3) tax exempt organization.

Also we would like to ask you to consider bequeathing to our Foundation as part of your estate planning. We would like to increase our Scholarship Awards as costs for students have skyrocketed.

Consult your tax consultant for the benefits of a donation and/or a bequeath to our Foundation.

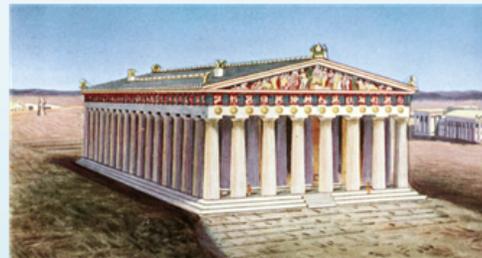
Additional projects to be considered with addition of donated funds . . .

- Sponsor the AHEPA Journey to Greece program for our District youth.
- A Hellenic History Tournament financed through our Foundation.

Donations to the Foundation can be mailed to:

AHEPA FOUNDATION
% Chris Frangos
P.O. Box 447
Millbrae , CA. 94030

Thank you for your consideration,
Chris Frangos
AHEPA Educational Foundation Chairman



HELLENIC HISTORY TOURNAMENT

*Jeopardy-style tournament
for High School students
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3-member teams compete in
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PRIZES

Winning team: \$1000*

Runner-up team: \$500*

* per team member

1st & 2nd teams go to the National
tournament for higher prizes

*Questions are from the 'Hellenika'
book by Peter Limber*

*Topics cover all periods
from antiquity to modern times
Book provided upon registration*

Students can participate for multiple
years

email: ahepadistrict21@gmail.com

Acropolis will limit visitors as Europe tackles tourist crush.



Tourist visit the Acropolis hill with the 2,500-year-old Parthenon temple on the left, and the ancient Erechtheion temple on the right in Athens last year. Culture Minister Lina Mendoni says that visits to the Acropolis, Greece's most popular archaeological site, will be capped at a maximum of 20,000 visitors daily. *Petros Giannakouris - The Associated Press*

Greece will start capping the number of visitors to the Acropolis, government officials said, an effort to curb overcrowding at its most popular archaeological site amid wider worries about the impact of tourists thronging European attractions.

The cap of 20,000 visitors a day will be tested beginning Sept. 4 and similar measures will be rolled out to other ancient sites across the country, according to Greece's culture minister, Lina Mendoni. She said the restrictions were spurred by worries over potential damage to the site and the experiences of both staff members and visitors.

"Obviously tourism is desirable for the country, for all of us," Mendoni said to Greek radio. "But we have to find a way of preventing overtourism from harming the monument."

The restrictions on the ancient citadel above Athens come during a travel renaissance in the wake of the pandemic's peak, with visitors converging on European destinations during the season's zenith in July and August, undeterred by high fares and hotel prices.

But that has brought back concerns about potential damage to culturally important monuments and anger among local residents over noise and overcrowding. In response, officials in many places have stepped up policies to tackle fears that attractions — and more broadly, cities — could become irrevocably changed by overtourism. *Niki Kitsantonis and Isabella Kwai - The New York Times*



GIVING BACK

As a mission-driven organization with roots in giving back to the community, our focus is on our residents, their families, and the communities in which we live and serve.

Since 1996, AHEPA Senior Living has supported non-profits to an amount that exceeds \$9 million.

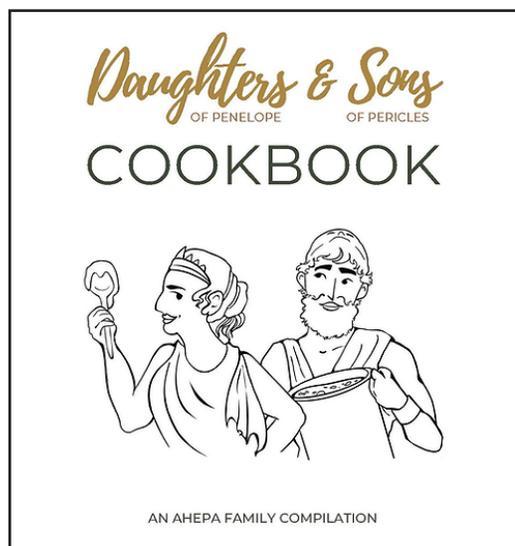


Supreme President Jimmy Kokotas receives grant check from AHEPA Housing President Carl Hollister, PSP

Every HUD Section 202 community managed by AHEPA Senior Living that has its own charitable foundation receives grant funding. With these grants, they are able to do more in the communities

they serve by donating to charitable causes and foundations that share our commitments and values.

- AHEPA Senior Living grants**
- AHEPA Educational Foundation - Journey to Greece Program*
- Cooley’s Anemia Foundation*
- Daughters of Penelope Foundation, Inc.*
- AHEPA Athletics Foundation*
- Local Chapter Foundations of AHEPA & Daughters of Penelope*
- AHEPA Archives Project – University of Minnesota*
- AHEPA New Smyrna Memorial – University of Miami*
- Penelope House – Mobile, Alabama*
- Deborah Hospital Foundation – Browns Mills, N.J.*
- Hellenic Cultural Commission*
- The Greek Children’s Fund Memorial - Sloan-Kettering Cancer Center*
- The Examined Life: Ancient Greek Studies in the Schools – Newton Schools, Newton, MA*
- Health Imperatives: Penelope’s Place – Brockton, Mass.*
- Apply for an AHEPA Senior Living Grant**
- The 2023 round of grant funding has closed. Please look for the 2024 application soon.





AHEPA: Help IOCC Rebuild in Kentucky & Louisiana

Want to help others get back on their feet after disasters in the United States? In the wake of a disaster, families often need help rebuilding and repairing their homes. Volunteer for a week or a day to help individuals and families move toward long-term recovery.

REQUIREMENTS & COST

- You don't need to be skilled – just energetic!
- You must be 18 years old or older, but 16+ may volunteer if accompanied by a parent or guardian
- Louisiana: \$50 a day covers all your costs on the ground (room/board, local transportation, and site supervision)
- Kentucky: \$30 a day covers all your costs on the ground (room/board, local transportation, and site supervision)

DATES

- Louisiana: Now – July 2023
- Kentucky: Now – October 2023

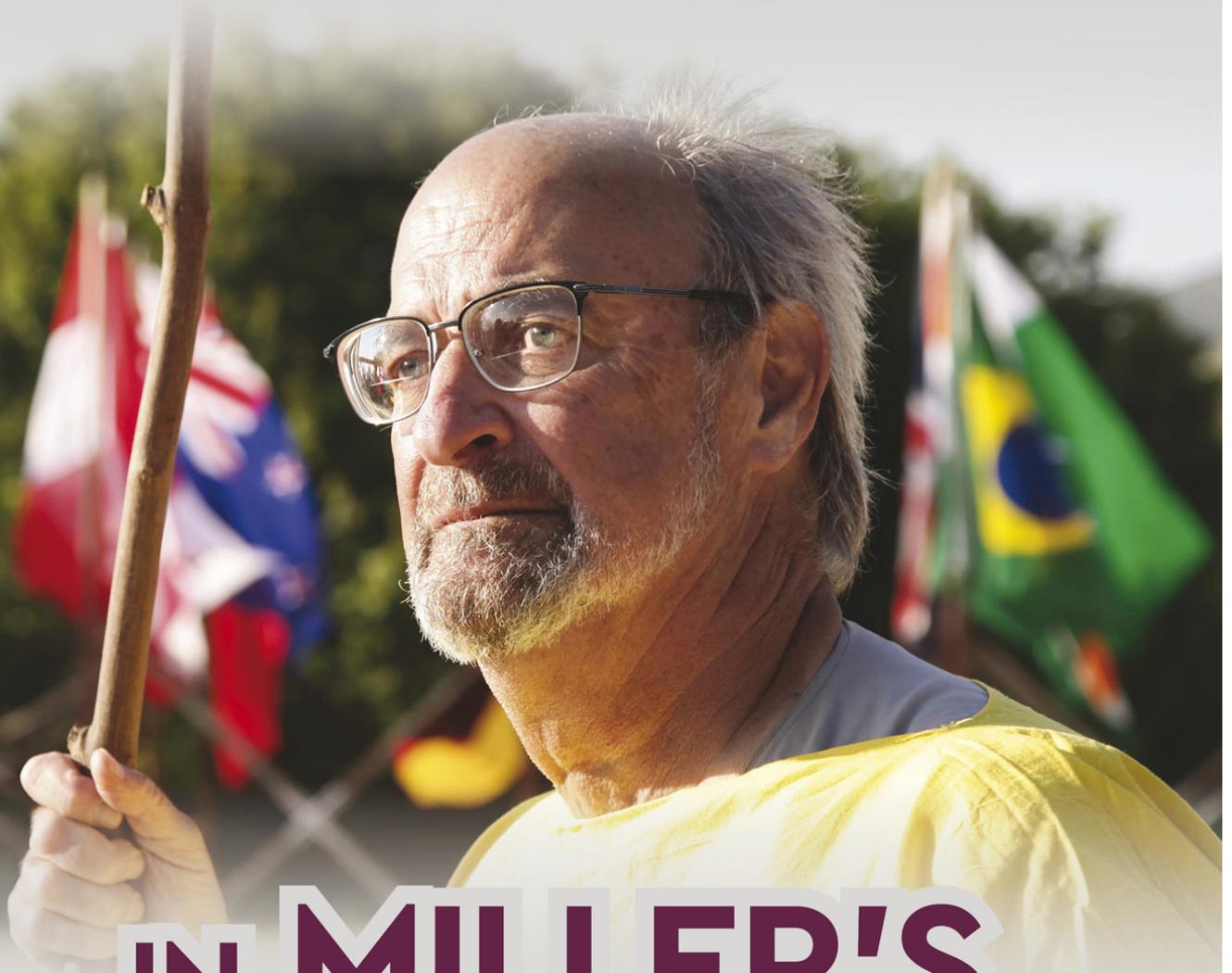
Go to iocc.org/homebuild to register.

For more information, contact Krista Hamann: 667.331.9812 or volunteercoordinator@iocc.org



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AHEPA VETERANS REGISTRATION

AHEPA Medal for Military Service is awarded to all veterans in Honor of their service to the United States.

“The Mission of the Order of AHEPA Veterans Committee is to archive and recognize all veterans of the Order and Hellenic community through sound communication and publication. Furthermore, to conduct fund raising and philanthropic outreach through a cohesive, limited, yet well defined activity that reflects well on the Order of AHEPA and brings credit to the organization at large.”

The AHEPA Medal for Military Service, approved by the 106th Congress, was presented to all AHEPA veterans present at the 34th Biennial Congressional Banquet, March 29, 2000. The Supreme Lodge then encouraged its districts and chapters to present this medal to its deserving veterans unable to attend this banquet. It is this committee’s intent to register AHEPA Veterans and have the AHEPA Medal presented at appropriate events at the District and Chapter levels. Funds collected through this effort cover medal production and other administrative costs to include shipping. Remaining proceeds will be donated to the Wounded Warrior Program annually.

Eligibility requirement for AHEPA Medal for Military Service includes Honorable Service and Discharge. Service includes Active Duty, National Guard, or Reserve status of the United States Armed Forces.

Register online at www.ahepaveterans.org. File a copy with your chapter Secretary after registration is complete. Medals are normally shipped in the fall and in time for Veteran’s Day celebrations in November.

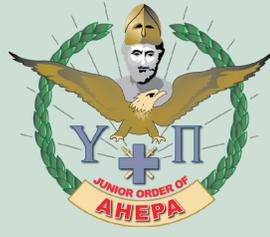


Ahepa Service Dogs for Warriors
ahepa-servicedogs.org



Ahepa Veterans Affairs
ahepaveterans.org

Learn more about
these and other
National Projects
by visiting
ahepa.org



Our Mission - To promote the ancient Greek ideals of Education, Philanthropy, Civic Responsibility, Family and Individual Excellence through community service and volunteerism.

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Mail AD (electronic version preferred) and CHECK (payable to Ahepa District 21) to:

Constantine Davlantes, *District 21 Secretary*

192 Kerry Drive - Santa Clara, CA 95050-6646

for more information call or email

916 307-3020 Email: constantine.davlantes@gmail.com